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The Upland News

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Register
to vote

Eighty-First Year, No. 43

Upland, California, Thursday, January 29, 1976

24 Pages 10 Cents

News Briefs

The Town Crier

To help Upland residents understand city government Upland community relations coordinator John Shoemaker will write "The Town Crier," a column designed "to bring City Hall to the people." To ask questions about any phase of city government, write to Community Relations, City of Upland, 460 N. Euclid Ave., Upland, CA 91786. Include name, address and telephone. Initials only will be used in the column.

Cable TV revocation

Upland City Council will consider whether to revoke International Cable Television Inc.'s license 7:30 p.m. Monday. The council had started revocation proceedings in November but agreed to postpone action to allow International Cable time to sell its equipment to Theta Cable Television Inc. International presently serves some north Upland residents who have complained of poor service.

Membership tea

The Chaffey Community Republican Women Federated will hold the annual membership tea and a "Heritage Home Tour" 1-4 p.m. Saturday. The tea will be held at the Chaffey Community Cultural Center, 525 W. 18th St. A boutique table at the tea will feature homemade items contributed by club members. Local residents also are invited to tour local "homes of the past" as part of the West End Bicentennial celebration. Proceeds from the home tour and boutique table will support the West End Republican headquarters. As Bicentennial coordinator Mrs. David Hopley is in charge of the day's events, assisted by Mrs. Dell McDaniel, tea coordinator; and Mrs. William Jones, boutique coordinator. For tickets or information call 983-4118 or 986-9049.

Lost World Tour

George TeVelde will present a "Lost World Tour," including the Karakorum ruins of ancient Mongolia where Genghis Khan established his 13th-century government, 2 p.m. Wednesday in the multipurpose room of Upland Public Library. The free slide show will feature parts of the world seldom visited by tourists. Highlights include Siberia, Uzbekistan, Outer Mongolia, Tashkent, Samarkand and Afghanistan. Viewers will see the Trans-Siberian Railroad, a 17th-century trading center, camel and horse-breeding farms in the Gobi Desert and the Buddhist temples of Ulan Bator. The library's Hobby Circle 10-10:30 Tuesday and Wednesday will see a slide show on work with handicapped children at the Ontario - Pomona Association for Retarded Citizens (OPARC).

Chaffey trustees to meet

Chaffey Union High School District Board of Trustees will meet 7 p.m. Monday at the district office, 211 W. Fifth St., Ontario.

High school sports

Upland High School athletic competition this week includes varsity and junior varsity (j.v.) soccer against Chino High School 3:15 p.m. Friday at Chino and against Pomona High School 3:15 p.m. Wednesday at Upland; varsity and j.v. basketball against Chino 6:30 p.m. Friday at Chino and against Pomona 6:30 p.m. Tuesday at Upland; frosh basketball against Chino 3:5 p.m. Friday at Upland and against Pomona 3:15 p.m. Tuesday at Pomona; varsity and j.v. wrestling against Chino Feb. 5 at Chino; and girls' basketball against Chaffey High School 3:15 p.m. Tuesday at Upland.

Girls' softball registration

Upland Hilltoppers girls' softball league will begin its sixth season with registration 9 a.m. - 2 p.m. Jan. 31 and Feb. 7 at Upland Elementary School. Both new and returning players for major, minor and senior leagues must register. Participants are placed according to grade level with minor league including fourth through sixth grades; major league, seventh through ninth grades and senior league, 10th - 12th grades. Girls must be accompanied by a parent or guardian at registration. Family registration rates are available. For information call 982-9779.

Girls' track tryouts

Quad Cities Cobras Girls Track Club is holding tryouts for the 1976 season 9 a.m. Saturday at the Montclair High School track. Age divisions, determined by age Jan. 1, 1976, range from 9 years and younger to 19 years and older. Girls who cannot attend tryouts Saturday should call 626-8054 to arrange another time. The club also needs volunteer coaches.

Wooden figures exhibit

Wooden figures depicting cowboy life, hand-carved by Jose Villalobos of Alta Loma, will be displayed through Feb. 20 at Upland Public Library. Also on display through Friday are sculptures by West End resident Joe De Santis and mementos of his acting career.

'Distance to the Sun'

Chaffey College's Daniel B. Milliken Planetarium will present "Distance to the Sun" 7:15 p.m. Feb. 3 and 17. Seating is on a first-come basis. Groups can arrange daytime showing by calling 987-1737, ext. 275 or 376 8 a.m.-3 p.m. weekdays.

Bicycle Club

The Upland Recreation Department Junior Cycletourist Bicycle Club for boys, aged 8-13, will meet 3:30 - 5 p.m. Friday at the Upland Recreation Annex, 433 N. Second Ave. Bicycle trips, camp outs, repair seminars and weekend tours will be regularly scheduled under the direction of Herb English, who has had more than 13 years experience conducting boys bicycle clubs. He has traveled more than 41,000 miles by bicycle on the west coast and is an experienced camper. There is no registration fee for the club. Boys will be required to assist in supplying food and provisions for the trips they participate in and must have some type of bicycle. Interested boys are asked to attend an initial meeting 3:30 p.m. Feb. 6 at the recreation annex. Activities planned for February include rides to Puddingstone and Cable Airport and a camp out at Featherly Park. For more information call Harry Sippel, 985-0994.

Busch Gardens trip

Upland Recreation Department is selling discount tickets for Fun Time Days at Busch Gardens Feb. 13-16 and Fun Days at Knott's Berry Farm March 20-21. Tickets are available on a first-come basis and will be sold until one week before the event. For cost information call the Recreation Department, 985-0994.

Voter registration deadline

Sunday is the voter registration deadline for the March 2 election for the positions of mayor, city council member, city clerk and city treasurer. Registration is taken during regular weekday working hours at Upland City Hall.

Italian cooking class

Italian cuisine including pastas, sauces and holiday foods will be the topic of a free class in Italian cooking offered by the Upland Recreation Department and Chaffey College 9 a.m.-noon Fridays at Magnolia Recreation Center, 651 W. 15th St.

Instructor Penny Marino will cover Italian cooking, including pastas and sauces, as well as specialized holiday foods, Sicilian cooking, pastries, vegetables, low calorie foods and garden herbs. A supplementary slide program from Italy will show Italy's people and culture.

Income tax forms

Assemblyman Bill McVittie (D) of the 65th District today announced the availability of 1975 state income tax forms at his Capitol and district office. Constituents needing copies of these forms may pick them up in his West End office, 1063 W. 6th St., Ontario or by writing Assemblyman McVittie, Room 5168, State Capitol, Sacramento, CA 95814. Telephone requests for forms may be made by calling (714) 983-2757.

Transportation plan to serve north Upland

Dial-a-Ride service begins

By Lynne Locke

Transportation with a telephone call began Monday in a section of Upland previously without public transportation, according to City Manager Lee Travers.

The weekday Dial-a-Ride service covers north Upland from Foothill Boulevard to the northern city limits. Dial-a-Ride nine-passenger station wagons will transport residents from their homes to any place within the six-square-mile service area.

Dial-a-Ride also will transport north Upland residents to San Antonio Community Hospital and the surrounding medical offices.

Travers said residents can transfer at Foothill Boulevard to West Valley Transit Service Authority (WVTA) Omnitrans buses for transportation to Ontario, Montclair, Cucamonga and Alta Loma as well as the portion of Upland south of Foothill Boulevard.

WVTA is contracting the Dial-a-Ride service from Paul's Yellow Cab owned by Gene Stallions. Travers said WVTA owns the two station wagons that will be used in Upland but the taxi company will provide drivers and maintenance for the vehicles.

The service, which is financed through gasoline tax funds, will be

evaluated periodically and increased or decreased as the use requires, Travers said. Total estimated cost of \$98,000 includes a similar service in Ontario.

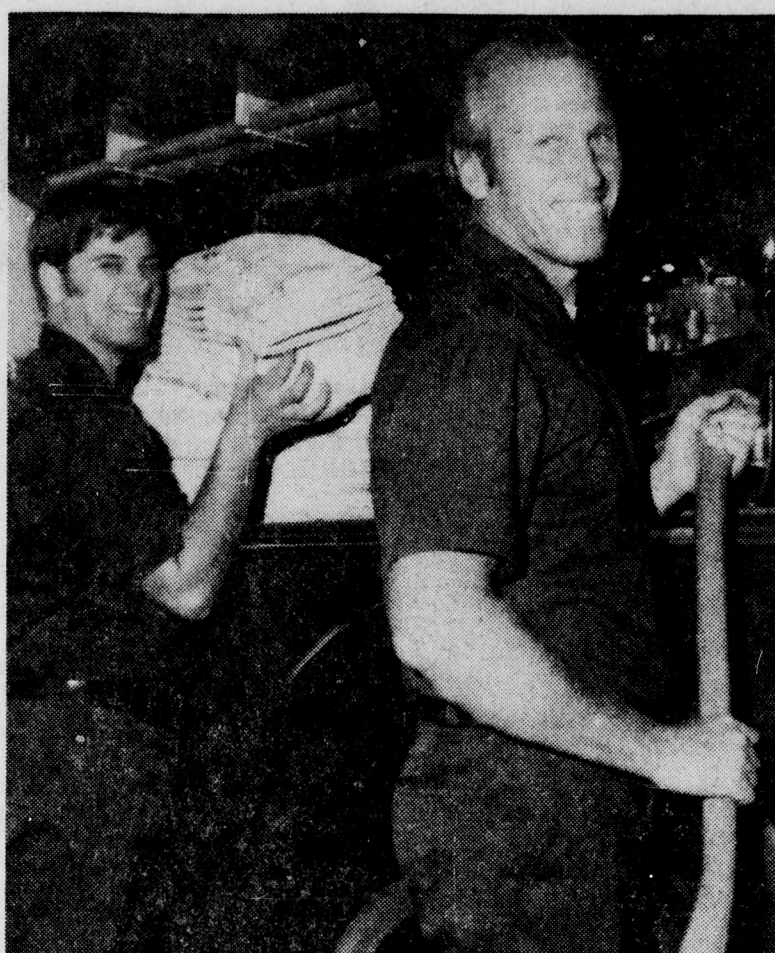
Residents will be picked up within half an hour of their call, he said and noted riders will not necessarily go directly to their destination since the vehicle may detour to pick up another rider.

Travers said residents can arrange a regular pick up such as every Tuesday morning at 10:15. People must be ready to leave as soon as the station wagon arrives, he noted.

Dial-a-Ride service also is available on the return trip. Travers said residents can call Dial-a-Ride when they reach Foothill Boulevard on the return trip.

The 50-cent Dial-a-Ride fee includes a transfer for the omnitrans bus. People coming from an omnitrans bus will need a transfer and 25 cents. Travers said the fee is 25 cents with a senior citizen or handicapped bus pass. Children sitting on an adult's lap are free.

The Dial-a-Ride service is available 9 a.m.-6 p.m. weekdays. To arrange pick up call 629-3018. Calls will be accepted 9:15 a.m.-5:30 p.m. only.



BRAND NEW — Upland Fire Department engineer Gary Kraus (left) and fire fighter Clyde Koontz install equipment in one of the department's new Crown pumper fire engines. Fire Department employees constructed and installed all brackets, shelves and tool boxes for the 500 pieces of equipment on the truck, saving the city \$2,000 in the cost of preparing the \$76,000 truck for service. The truck is expected to serve the city at least 20 years. (Photo by Lynne Locke)

Free foreign policy programs scheduled

Local residents will have a chance to discuss foreign policy and communicate their opinions to Congress through a series of programs sponsored by the American Association of University Women (AAUW) and the Foreign Policy Association.

Kathleen Brugger, local AAUW international relations representative, will lead the free discussions 7:30 p.m. Thursdays starting Feb. 5 at Upland Public Library.

Topics include the Arab-Israeli conflict; Mediterranean commitments; Latin America; Asia after the Vietnam war; the American dream among nations; the United States in the world economy; India; and U.S. foreign policy.

Participants' opinions and alternatives will be tabulated for each topic, and the information will be sent to members of Congress and the executive branch.

Nursery school, parent-child relationship class

Children, parents join for education

Local preschoolers and parents join for education three times a week at Foothill Knolls School in Upland. Preschoolers participate in a full nursery school program while their parents learn about child development in the parent-child relationship class sponsored by Chaffey Adult School.

Teacher Karen Bush of Cucamonga said the preschool program emphasizes helping children develop positive self-images within the school setting.

Recent lessons to increase self-image have included discussions of each child's appearance so children learn to appreciate both their own brown eyes or blond hair and another child's blue eyes or brown hair.

A recent ethnic luncheon encouraged discussions of background as families brought foods representing their backgrounds.

A second major goal for children is kindergarten readiness. Younger children especially are encouraged to talk about every phase of the day's program so they develop good language skills and learn to pronounce words properly.

Older children concentrate on prereading and premath games so they learn basic concepts necessary for reading and math. Another major part of kindergarten readiness is socialization or getting along with other children.

Mrs. Bush said other preschool activities develop large and small muscles as well as eye-muscle coordination.

Field trips several times a month provide learning opportunities for children to expand their understanding of the world around them, Mrs. Bush said.

The class has visited police and fire stations, library, post office, planetarium, hospital, park and many local businesses.

A regular class session includes crafts, music, story time, lunch break, indoor and outdoor play periods, and sharing time. Opportunities are provided for creative dramatics, music awareness and science experiments.

During the class parents work with children during each phase of the program and have a special discussion time with Mrs. Bush.

Parents learn about different stages of child development as well as safety, nutrition and discipline. During discussion time parents can talk about problems they're facing and learn how others have handled

similar problems.

Through the program they also learn listening skills and are encouraged to work at home on activities to help their children's development.

Mrs. Bush said parents learn how to work with small groups of children while the children learn to work with adults other than their own parents.

Fathers are encouraged to participate in the program as much as possible with one coming in regularly during his lunch hour.

Each month the parents meet in the evening for programs on nutrition, discipline and education.

Speakers have included county health nurse, psychiatric social worker and representatives from service agencies that deal with children.

The next evening program will feature Dr. Andrew Rooks, clinical psychologist from the Voorman Clinic, speaking on hyperactive children 7-10 p.m. Feb. 10 at Foothill Knolls School. All local residents are invited to attend.

The class meets 11:30 a.m.-2:30 p.m. Monday, Wednesday and Friday. For more information call the adult education office, 983-2010. A few class spaces are still available.



LEARNING — Uplanders Annette Logue (left) and Michael Martin learn to count with the help of Sally Logue in the Parent - Child Relationships class at Foothill Knolls School. Children start by counting the number of compartments in an egg

carton. Then they fill each compartment with a different number of dried beans from one to 12. Through the exercise children learn each number, how to count, and the difference between five beans and nine beans.

District says career well-attended seminar

Fifty-five people attended Ontario-Montclair School District's first Career Education Seminar of the 1975-76 school year held recently at the Ontario Holiday Inn. In addition to community members and businessmen, several O-M teachers, administrators and board members were present.

Dr. Norman Steinaker, project specialist for career education at O-M, said that the seminar had "the largest community turnout we've had since these seminars began. We were also pleased that so many district personnel, including Superintendent Jack Jones and board members Rose Keiber and Reta Spencer, attended. Our project depends much upon interaction among these groups."

College tour for students

A tour of the Chaffey College campus for students of Cottage West, Ontario, has been set for 9 to 11:45 a.m., Feb. 4.

Cottage West is a special educational facility of the Chaffey Union High School District. The teaching principal is Alice St.Clair.

The tour will start with a visit to the Daniel B. Milliken Planetarium and a viewing of the show, "Metamorphosis and Constellations."

Highlights of the tour will include the health center,

action center, learning center, center for the handicapped, bookstore, career counseling, employment service, financial aids, human services, women's center and students lounge.

The tour will end at the Rex W. Wignall Museum Gallery and the viewing of the Dillingham pottery exhibit, along with a color slide presentation.

Mrs. St.Clair anticipates a tour turn-out of some 25 students from the high school facility.

This month's seminar was the fifth such gathering in the two years since Steinaker began the career education project in the O-M district. Past meetings have stressed obtaining community suggestions for the project; but this was the first seminar, Steinaker said, "that asked these community people to personally involve themselves in the project."

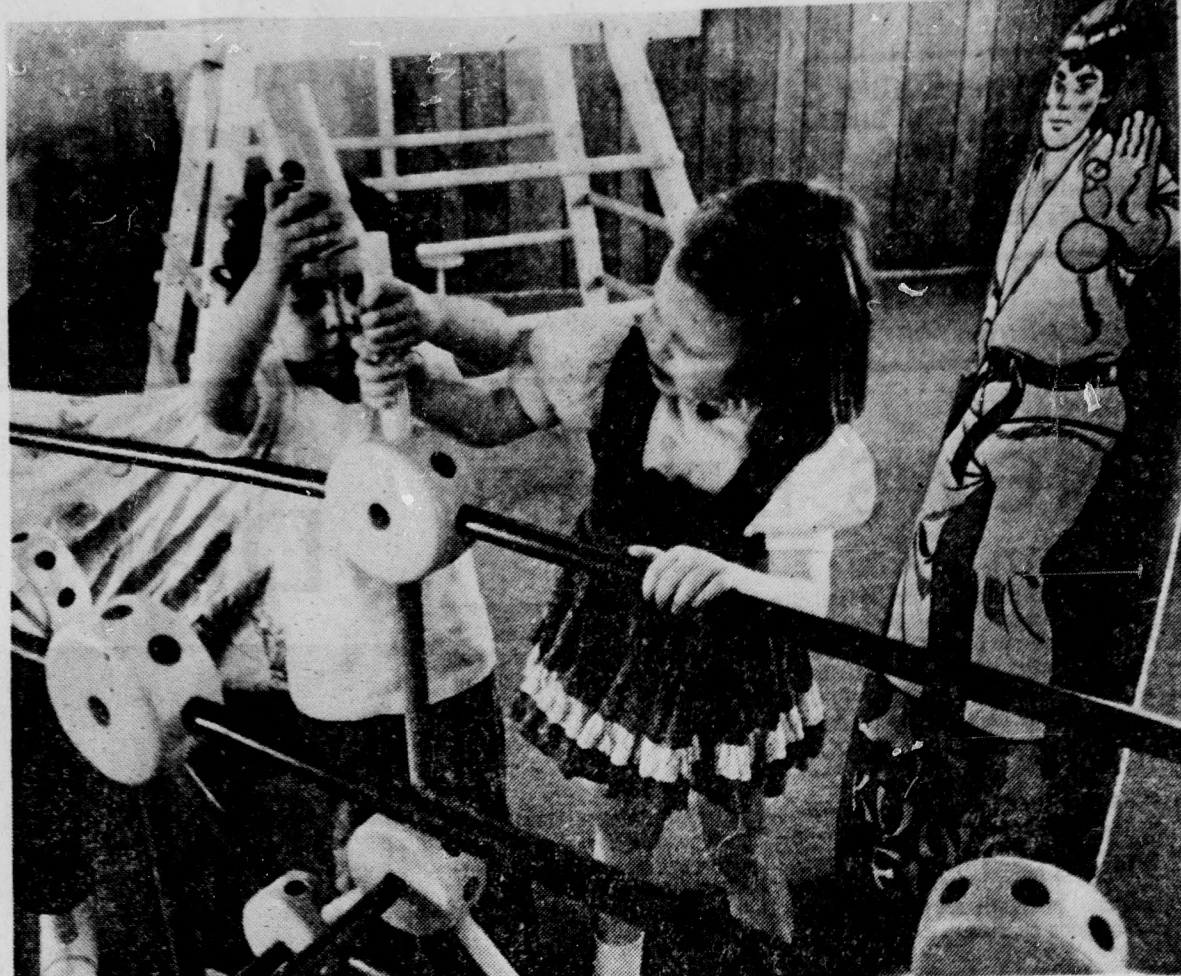
In order to promote this involvement, Steinaker asked all present to draw up a list of priorities for the project, and to "address themselves" to the priorities they listed.

This exercise resulted in a list of 60 priorities, he said, grouped around three major themes: (1) Public relations and community involvement; (2) curriculum development; and (3) development of a smooth, coherent program from kindergarten through grade 12.

The key speaker at the seminar was Sue Weinheimer, on leave from the State Department of Career Education Task Force. Other presentations included a discussion of "Simtown," the project's simulated communities within which students play and learn roles they will play in adult society; and of the "citizen's apprentice program," which permits students to actually work within the adult community.

The career education project is state-funded under Title III, which required that it be innovative, experimenting with many new avenues of education, and putting those that work into operation in the district.

Working under a three year development framework, Steinaker planned three basic steps for the development of an O-M career education program: Planning curriculum and inservicing teachers; implementing this curriculum in the target schools; and disseminating the program throughout the district and the state.



"Growth through discovery" is emphasized at the new Campus Nursery, which opened Jan. 12 at Eighth St. and Campus Avenue, Upland. Children, like the one shown, can play in the

color-coded centers part of the day as well as learn colors, numbers, motor skills and ABC's during "academic rug" times.

Tumbling

The Ontario Recreation Division is starting a gymnastics program for boys and girls. Registration for the classes is being conducted through Jan. 30. All classes will start the week of Feb. 3.

Marla Kew, recreation supervisor, reports that this program was organized because of numerous requests from the public.

Two qualified instructors will coordinate the program. The head coach for the program is Suzy Bolding and her assistant is Hollie Ralsten. Both are members of Cal Poly's gymnastics team.

The program has been structured to meet various ability levels. Children will be automatically placed in a beginning class based on age. Entry into the intermediate and advanced

classes are with instructors' approval only. A gymnastic team will also be offered with tryouts taking place at frequent intervals.

Coach Bolding and her assistant will be teaching skills for basic tumbling.

All of the classes will be held in the Ontario High School gym, 901 W. Francis. Classes meet twice per week, Tuesdays and Thursdays. The hours and fees are as follows: Beginner I for 5 to 9-year-olds, 4:30-5:15 p.m., \$8.50 per month; Beginner II for 10 years old and over, 5:15-6 p.m., \$8.50 per month; Intermediate (all ages) 6-7 p.m., \$9.50 per month; Advanced (all ages) 7-8 p.m., \$10 per month; Team (10 years and older) 7:30-9 p.m., \$10 per month.

The classes are limited in size. Registration is on a first come, first served basis. Additional information may be obtained by contacting the Recreation Division at 217 S. Lemon, 986-1151, ext. 242.

Class on water colors offered

A 12-week water color class will be offered by Chaffey College beginning February 19th. The class will be held at the old Upland Library, 123 E. "D" St., Room 1.

Registration for the non-graded class is free and will be held at the first session. The hours are 9 a.m. to noon and 1 p.m. to 4 p.m. You may attend morning or afternoon class or both.

There will be a demonstration and workshop each week.

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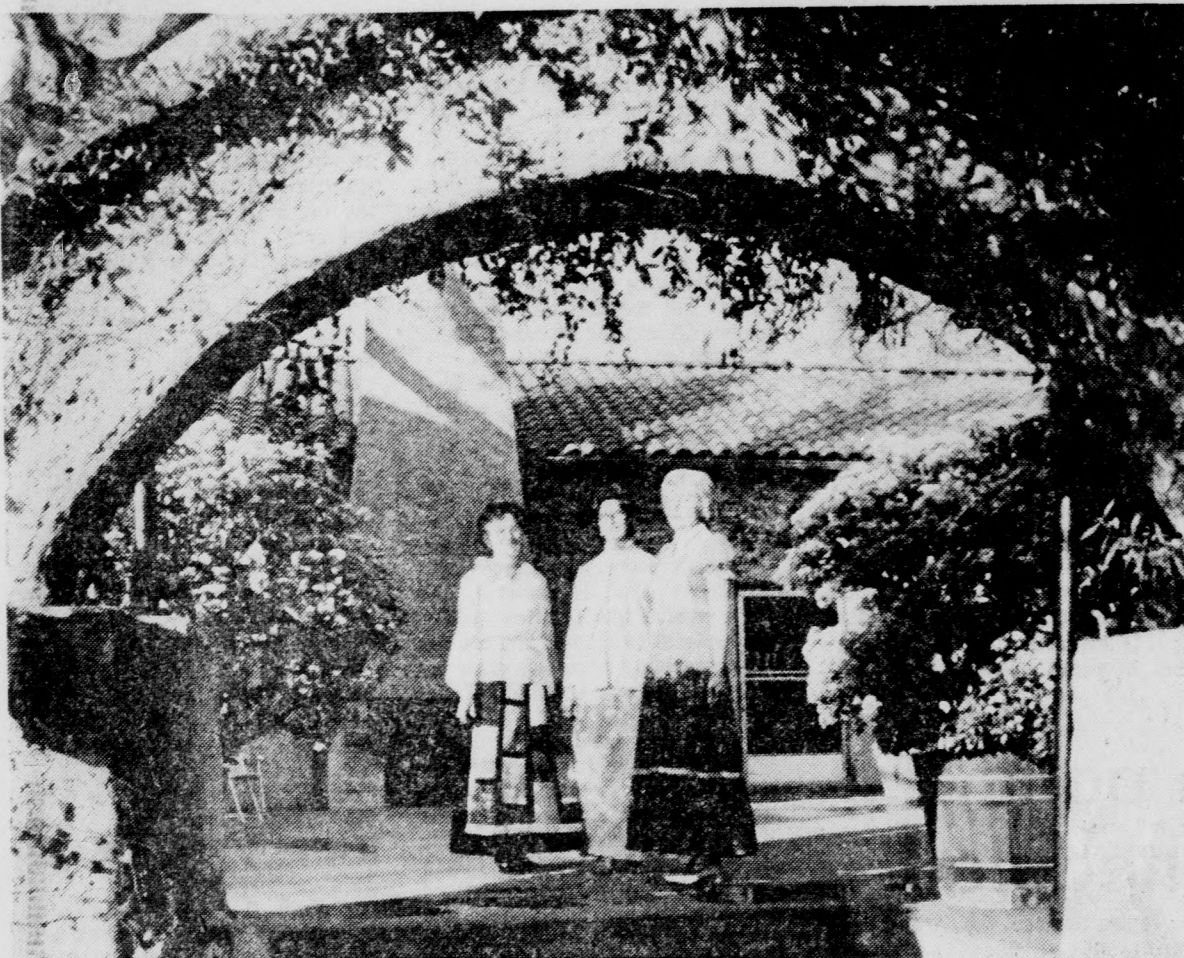
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Three West End homes will be open for the "Heritage Home Tour" the Chaffey Community Republican Women Federated will sponsor in conjunction with a Membership Tea on Jan. 31. Members of the group paid a visit to the Upland home of the late Mr. W.W. Stevens to make

arrangements for the tour. They are, from left: Mrs. Dell McDaniel, tea chairman; Mrs. Sherman Pruitt, a member; and Mrs. Ray Wallin, president. The tea will be held at the Chaffey Communities Cultural Center in Upland.

Colorado River trail ride set

The San Bernardino County Regional Parks Department and Equestrian Trails Incorporated, Corral 29 will be sponsoring their Seventh Annual Colorado River Trail Ride, Washington's Birthday weekend, Feb. 14-16. Big Bend Resort, overlooking the Colorado River, will again be the roadhead and basecamp for the ride.

The weekend activities will include four rides, one on Saturday, two on Sunday and one on Monday so that both the beginner and the more experienced horseman will be able to have an enjoyable time. Saturday's ride will start at 9 a.m. and will last approximately six hours. It will be followed by a beef barbecue near the River Rat Saloon. Sunday will offer a Poker ride and a Powder Puff ride for either experienced riders or those once-in-a-while horse enthusiasts who are brave but easily bruised. Monday's ride will be a shorter jaunt so that all participants may get an early start home.

All rides will leave from Big Bend Resort. Horses should be shod, and riders should bring their own lunches and drinking water. Camping facilities will be provided for adults at \$2 per night. For children from four to twelve, the fee is \$5.50 per night. There is no charge for those under four, and there is a two night minimum for all campers. Motel Reservations can be made by contacting the Resort at P.O. Box 24, Parker Dam, Calif. 92267, 663-3755.

Big Bend Resort may be reached by taking Interstate 10 to Blythe, turning left on Highway 95 to Vidal Junction, then right to Earp and 12 miles north along the river to the main entrance. All camping, barbecue and trail

ride fees will be collected at the Resort.

For further information and barbecue reservations, contact the Regional Parks Department, 825 E. Third St., San Bernardino, Calif. 92415 or phone 383-1912.

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OPARC reviews year

The presentation of two 10-year service gold medallions highlighted the recent annual meeting of the Ontario-Pomona Association of Retarded Citizens (OPARC) held in the Miramonte Room of the Uplander Motor Hotel, Upland.

This is the first time in the 26-years of community service that staff participation was acknowledged by the OPARC board.

Mrs. Charles Gerard of Upland was given a gold medallion for completing 10 years with OPARC as a teacher's aide, a teacher and now as an adult education teacher working in a cooperation program

with Chaffey College.

Mary Boyd, executive director, made the presentation and expressed appreciation to Mrs. Gerard for her years of service.

Mrs. Boyd also received a 10-year gold medallion for her work with OPARC, which started in 1962 as executive secretary. She became the executive director in 1964. George Underhill, board president, made the presentation, stating that Mrs. Boyd's dedication is unparalleled.

Underhill presided over the meeting and outlined OPARC's accomplishments for 1975 and projected goals for 1976.

In 1975, OPARC was awarded three grants. One is the largest rehabilitation grant given in California, and the purpose is to remodel Diversified Industries, a rehabilitation facility for the disabled in Ontario. Another grant is a continuation of a staffing grant for a general manager, foreman, work evaluator and clerk-typist at Diversified Industries. The third is a Developmental Disabilities Contract Procurement Grant shared with four associations for the retarded, OPARC, San Bernardino area, Riverside and Palm Desert.

OPARC is preparing for accreditation and already has received its on-site visit for the Program Analysis of Service Systems (PASS), according to Underhill, and is waiting for the on-site survey for the Commission on Accreditation of Rehabilitation Facilities (CARF).

OPARC has begun Project Involve which is an outreach to ethnic and low income minorities. John Rael of Chino is chairman of this project.

The organization for retarded citizens has provided programs in cooperation with Chaffey College. These are: parent-child relationships; family life; and vocational skills for the handicapped. Chaffey College offers other community programs at the

OPARC Center in Montclair. OPARC also provided training for the Mt. San Antonio College allied health students and Chaffey College nursing students.

Students from 11 colleges and local high schools do special projects at OPARC. The OPARC staff is engaged in continuing education and many attend local colleges.

In 1975, OPARC provided services to 190 different individuals. From the Day School, eight children went to public facilities, three were promoted within the school and two went on to Diversified Industries for vocational training. From Diversified, eight adults went to specialized vocational school, one to college full time and one to competitive employment. Five students went to the Special Olympics, and one earned a silver medal and another, a gold medal in the competitions.

The cooperation program with Chaffey College provides family life and independent living skills training for students who are disabled. This program is under the supervision of four teachers in team teaching. It is designed to facilitate independent living and integration into the community. The kindergarten program prepares youngsters for public school, and the infant stimulation program provides training for parents in cooperation with Chaffey College and stimulates the growth and development of the infant-at-risk.

Also in 1975, an open house in honor of the awarding of the workshop remodeling grant was provided by the OPARC Auxiliary in the direction of Mrs. Barney Wechsler, Mrs. Jerry Wechsler and Mrs. Floyd.

OPARC provided tours and speakers for the United Way of the West End, of which it is a member agency of the West End United Way and a cooperative training program for Baldy View Regional Occupation Program.



BEAUTIFICATION — Larry Reese of Montclair (left) project foreman for Shacklett Construction Co. of Pomona, and Larry Fuentes maneuver a plastic pipe into a trench along Mountain Avenue. Pipes eventually will carry utility cables for Southern California Edison Co., Theta Cable Television and General Telephone Co. Existing above-ground wires, cables and poles are

expected to be removed by mid-April. The project extends from the San Bernardino Freeway to Ninth Street with the Edison Co. portion of the project costing an estimated \$196,000. The utilities are required to spend a certain amount each year on beautification projects and undergrounding of utility lines. (Photo by Lynne Locke)

Burglary rate in Upland cut

The efforts of a special task force have been credited by police with a substantial reduction in the number of residential burglaries in Upland during December.

The four police officers who served on the task force were assigned by the department in an attempt to cut the sharp increase in property crimes in Upland during December, as indicated by Upland crime statistics.

Only 29 residential burglaries were reported to police last month, as compared with 48 residential burglaries in December, 1974, a reduction of 40 per cent.

The officers patrolled in both marked and unmarked patrol units and were assigned to neighborhoods which have been hard hit by burglars.

More than 3,000 contacts with citizens, suspects and suspicious vehicles were reported by the officers during December.

Meanwhile, members of the Upland police reserves worked a total of 281 hours in December making security checks on residences

Annual meeting planned by Meals on Wheels

Invitations have been issued for the third annual meeting of the Meals on Wheels of Ontario-Upland to be held at 12:30 p.m. Wednesday, Feb. 4, in Hart Fellowship Hall of the First United Presbyterian Church in Upland.

Meals on Wheels started on April 1, 1973, by serving one hot meal a day to 16 persons. Due to the steady increase in need through the years, the Meals on Wheels project now serves between 55 and 65 persons a day.

A force of 115 volunteers keeps the program moving. Clients in Ontario are served food cooked at the Ontario Community Hospital and packaged at the Westminster Presbyterian Church in Ontario. The food for Upland clients is supplied by San Antonio Community Hospital and packed at the First United Presbyterian Church of Upland.

According to a spokesman of the Meals on Wheels, the hospitals have cooperated to the fullest degree to keep the price of the meals as low as is consistent with a balanced diet.

Meals on Wheels has raised the price of service

only once in three years. Recipients pay all but a small amount of the cost of meals and the balance is made up by donations from organizations and individuals. Both churches furnish space and utilities

without charge. Many of the volunteers who are working now have been serving since April 1, 1973. Due to the volunteers' efforts and support, Meals on Wheels has not missed a delivery in the three years.

New workers are needed, especially men to serve in Ontario.

The annual meeting is open to all interested persons. Reservations may be made by calling 981-2286 during business hours.



Three Foothill Fire District Engineers were promoted to Fire Captains effective Jan. 3, announced Chief Eugene Billings (far right). From left is W.L. "Bo" Crossland, a Cucamonga resident, he has worked with the department for three and a half years at station two in Cucamonga. William D. Bryan, an Alta Loma

resident, has worked for the district for four and a half years. He is stationed at station one in Alta Loma. Seated in the truck is J.R. McKee, also a Cucamonga resident who has worked for the district for three and a half years. He is at station two with Crossland.

Volunteer

Several opportunities for volunteer service are available through the Upland Recreation Department. Inquiries may be made to Harry Sippel, supervisor of volunteer services, at 985-0994, or to the offices listed below.

The Service Corps of Retired Executives seeks retired business executives to lend their skills to a pilot program. Under the program, volunteers will help undergraduate and graduate students of business administration in a team effort with faculty members of Cal Poly, Pomona, to counsel owners of small businesses in the West End.

Inquiries may be directed to the corps' office at 622-8484.

The West End YMCA senior citizens' program needs volunteers to help cook and serve meals to needy senior citizens as part of a nutrition program.

Further information may be obtained by calling the nutrition center at 984-2154.

The Upland Recreation Department seeks volunteers to help recreation personnel paint the outside of the community building at Upland Memorial Park. Further information may be obtained by calling the department at 985-0994.

The Tiny Tot program, sponsored by the department, needs a used wall clock. Prospective donors may call the department.

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BANK MERGER PROPOSED

In a joint statement issued by Arthur J. Baum, chairman of the board of Golden State Bank, and Wallace D. Gott, chairman of the board of Foothill National Bank, it was announced that an agreement in principle has been reached to merge the two banks.

The preliminary agreement, which has been approved by the boards of directors of both banks, provides that Foothill National Bank, with offices in Glendora and Upland, will be merged into Golden State Bank, which is headquartered in Downey with offices in 11 southeast Los Angeles suburban communities extending from Covina to Huntington Beach.

The resulting bank chain of 13 offices would have in excess of \$130,000,000 in resources and would provide a full range of banking and financial services to the communities served.

The agreement and plan of merger is subject to the approval of shareholders of both banks and appropriate government agencies.

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14 complete program of Toastmasters Club

At a recent meeting of Toastmasters Club 1506, 14 members of the speechcraft program graduated, with nine becoming full members. The club also reported that it has doubled in size.

West End residents in the speechcraft program that graduated are: James Kirkman of Ontario, Ken Dumford of Upland, William Schoneman of Chino, Rose Roccatani of Montclair and Cal Benesma of Cucamonga.

Art Haffer conducted the installation ceremonies for the evening. Stephen Douglas of Ontario was elected as president. He is a charter member of the club. Gordon L. Adams also of Ontario was

installed as educational vice president. Chuck McLaukin of Ontario will serve this term as the administrative vice president. Rick Broush of Alta Loma was elected as sergeant at arms and Vance Mingus of Pomona will serve as secretary-treasurer for the club.

Pete Nathenson won the trophy for the best speaker and Gene Beckwith received both trophies for table topics and best speech evaluator.

The next meeting will take place Wednesday at Squires Restaurant, 865 N. Euclid Ave., Ontario at 7:30 p.m. Interested persons may contact Gordon Adams at 984-7434 for further information.

Bicentennial title won by Alta Loma student

A 16-year-old Alta Loma student has won the title of Bicentennial Queen, Drum Majorettes of America for California.

Tom Warren, daughter of Mr. and Mrs. R. Warren of Alta Loma, won the title on Jan. 11 in Santa Ana. This has qualified her to go to North Carolina in August for the national competition.

During competition in Santa Ana she competed in Advanced Twirling, Fancy Strut, Military Strut and Modeling. She won eight trophies and three medals along with her title.

Miss Warren has been twirling

for six years and has won over 100 awards—including 22 trophies, since October 1975. Her twirling instructor is Sue Long of Cucamonga.

A junior and honor student at Alta Loma High School, she is solo twirler for her school's Marching Braves Band. She plays bass

clarinet in the Concert Band and is a member of the school's gymnastic team. Miss Warren varsity lettered in her freshman and sophomore years.

She will appear with the Banning Bronco Band at Disneyland on Jan. 27.



Ready to kick off a new door-to-door transportation system Monday are Ontario mayor Paul Treadway, Upland mayor Abner Haldeman and Paul's Yellow Cab owner Gene Stalians. Called

Dial-a-Ride, the service will be available in Upland and Ontario and if successful, will be expanded to other West End cities.

Upland High guidelines

Upland High School has developed "general guidelines" for the selection of future drama presentations following an investigation prompted by citizen complaints concerning a play presented in late December.

David L. Campbell, principal, reported a series of meetings on campus resulted in agreement that future drama presentations and other classroom or school-sponsored activities should "reflect as best as

possible the moral standards of the community."

Those "community" standards will be considered in the selection of future drama presentations, Campbell said.

In cases where the drama teacher has questions concerning a play's appropriateness, the English department chairman and principal will be consulted, according to the guidelines.

Campbell said effectiveness of the

guidelines procedure depends on the good faith attitudes of teachers and departments conducting campus activities.

"I don't want to set myself up as a prior censor," Campbell said. Thus, the guidelines "are general and are not terribly specific," the principal reported.

The guidelines were sent to two parents who objected to the December drama production, "And Miss Reardon Drinks a Little."

Mobile x-ray unit coming to Ontario

Chest x-rays will be given by the Lung Association of San Bernardino, Inyo and Mono counties at their mobile x-ray unit in Ontario at Fourth Street and Mountain Avenue on February 9 from 10 a.m. to 1 p.m. and 2 to 4 p.m. and at Fourth Street and Grove Avenue on February 10 from 10 a.m. to 1 p.m. and 2 to 4 p.m.

Chest x-rays are an important part of preventative medicine as they detect many respiratory problems in addition to tuberculosis.

Unfortunately, because of inflation and other increased costs, the association charges \$2.00 for x-rays to help offset their expenses.

Campfire Girls make gifts for 45 young boys

The Carnelian Campfire Girls from grade five made this Christmas very special for 45 young boys at the Cucamonga Farm Labor Worker's Camp. Dec. 13 was transformed into Christmas for the boys.

Each girl made a gift for the boys and also made stockings and filled them with candy.

A tree was brought to the camp and decorated. Homemade cookies and punch followed the gift giving.

A magic show was put on by students from Alta Loma High School. Some of the gifts were made by the Sasta Tribe of Y Indian Guides.

West End weddings

Turner-Pollock

Eunie Turner and Roger Pollock, both of Montclair, were married on Jan. 5 in Bethany Baptist Church in Montclair.

United in the afternoon, double-ring ceremony were the daughter of Mr. and Mrs. Perry D. Turner Jr. of 9829 Rose Ave., Montclair, and the son of Mr. and Mrs. Joe Pollock of 4635 Ewart St., Montclair.

The bride graduated in 1975 from Montclair High School, and the bridegroom graduated in 1974 from the same school. He is serving with the Navy.

Embry-Buchanan

Cheryl Embry and L. Stephen Buchanan, both of Pomona, were married in December in Pilgrim Congregational Church in Pomona.

The bride is the daughter of Mr. and Mrs. Norman L. Embry of Pomona, and the bridegroom is the son of Dr. and Mrs. Leonard Buchanan of Upland.

Following the evening ceremony, a reception was held at the Ebell Club in Pomona. After their honeymoon to Palm Springs, the newlyweds established a home in San Francisco, where the bridegroom attends the University of the Pacific Dental School. The bride is a student at San Francisco State University.

Hamilton-Cable

Newly married Mr. and Mrs. Clifford Cable Jr. have established a home in San Diego following their marriage on Dec. 27 at the home of Mr. and Mrs. James Hamilton, 1254 N. Palm Ave., Upland, the bride's parents.

The bridegroom is the son of Mr. and Mrs. Clifford Cable of London, England.

The bride graduated in 1962 from Upland High School. She is a social worker in child placement for San Diego County.

The bridegroom is a 1966 graduate of Pasadena College. He received his elementary and high school education in England. He is director of installation for VP Alamitos. He served in the British Army for three years.

Cretens-Palmer

The Church of the Brethren in La Verne was the setting on Dec. 10 for the marriage of Janie Lynn Cretens of Upland and Tomas Earl Palmer of Upland.

The double-ring, candlelight ceremony was followed by a reception in the Recreation Hall of the Lemon Tree in Upland.

The bride is the daughter of Mrs. Nan Cretens of Upland and James E. Cretens of Bark River, Mich.

The bridegroom is the son of Dr. and Mrs. Oran Palmer of Claremont.

Waters-Graham

The First Baptist Church in Ontario was the setting on Jan. 3 for the marriage of Marcia Waters of Ontario and Marc Graham of Upland.

The bride is the daughter of Mr. and Mrs. Harold D. Waters of Ontario. She plans to graduate in May from Azusa Pacific College, Azusa.

The son of Mr. and Mrs. Ray E. Graham of San Bernardino, the bridegroom is a representative for World Gospel Crusades in Upland.

Nguyen-Karsevar

Newlyweds, Mr. and Mrs. Alan Karsevar, waved goodbye to their wedding guests from the upper deck of their cruiser as they set out on water for a honeymoon to Timber Cove on the Sonoma coast.

The couple were married on Dec. 27 in the Immanuel Lutheran Church, Alameda.

The bride is the former Lai Thi Nguyen, daughter of Mrs. Tinh Nguyen of Da Nang, Vietnam, and the late Mrs. Nguyen. The bridegroom is the son of Mr. and Mrs. Leonard

Karsevar of 1429 N. Albright Ave., Upland.

The bride graduated from Phan Chu Trinh School in Da Nang. She was employed by the American transportation firm of R. M. K., Incorporated, Saigon, South Vietnam.

The bridegroom is a graduate of Petaluma High School and California State University of Sonoma in Rohnert Park. He is manager of the Pacific Northwest Branch of Colony Paints in San Francisco.



Nurse Practitioner checks patients at outdoor clinic.

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Chaffey Adult School courses still open

The Chaffey Adult School has a variety of classes still open for registration.

Individuals interested in taking courses to improve their skills or for interest and enjoyment reasons are encouraged to register at the Adult School office, located in a mobile trailer just west of Tower Hall on the Chaffey High School campus.

For additional information concerning high school diploma courses or enrollment, individuals are invited to visit the Adult Education office or call 983-2010.

Classes will be held on the Chaffey High School campus unless otherwise indicated. Classes begin Monday.

Classes that have openings are:

Citizenship, Tuesday, 7-9 p.m.; Reading Improvement, Thursday, 7-10 p.m.; English for Foreign Speaking, Tuesday and Thursday, 7-10 p.m.; Consumer Math, Monday, 7-10 p.m.; Algebra, Tuesday, 7-10 p.m.; English, 7-10 p.m.; Creative Writing, Thursday, 7-10 p.m.; U.S. History, Tuesday or Thursday, 7-10 p.m.; American Government (civics), Wednesday, 7-10 p.m.; Contemporary History, Tuesday, 7-10 p.m.

Social Psychology, Wednesday, 7-10 p.m.; Science, Wednesday, 7-10 p.m.; Upland High School; ABC Shorthand, Tuesday and Thursday, 8-10 a.m.; Montclair High School; Office Job Skills, Monday,

Wednesday and Friday, 8-10 a.m.; Montclair High School; Office Practice, Tuesday, 7-10 p.m.; Beginning Shorthand, Monday 7-10 p.m.; Intermediate (review) Shorthand, Monday 7-10 p.m.; Accounting-Bookkeeping, Monday and Wednesday, 7-10 p.m.; Typing (nine-week course), Monday and Wednesday, 7-10 p.m.

Intermediate Typing, Thursday 7-10 p.m.; Spanish Beginning, Thursday, intermediate Monday and advanced Tuesday, 7-10 p.m.; Home Decorating, Wednesday 7-10 p.m.; General Sewing, Monday 7-10 p.m.; Chaffey High School, Monday 7-10 p.m.; Alta Loma High School, Thursday, 7-10 p.m.; Upland High School; Advanced Sewing, Tuesday,

7-10 p.m.; Ceramics/Low Fire, Thursday, 7-10 p.m.; Montclair Recreation Building;

Ceramics, Monday, 7-10 p.m. Alta Loma High School; Art: Painting, various classes available; crafts, Monday or Thursday, 7-10 p.m.; Upland High School; Ornamental Wrought Iron, Tuesday, 7-10 p.m.; Vernon Junior High School; Macrame and Stitchery, Wednesday, 7-10 p.m.; General Auto Tune-up, various locations;

Small Engine Repair, Monday, 7-10 p.m.; Ontario High School, Wednesday 7-10 p.m.; Alta Loma High School; Radio, T.V. and Appliance Repair, Tuesday, 7-10

p.m.; Ontario High School; Woodshop, Thursday, 7-10 p.m.; Upland High School; Pre-School Education for Parents and children; various locations; Family Interaction Communication (nine-week course) Tuesday, 7-10 p.m.; Valley View High School; Medical Attendant, Monday and Wednesday, 7-10 p.m.; Valley View High School;

Physical Fitness (men), (women) Monday and Wednesday 7-9 p.m.; Montclair High School; Education for Childbirth (Lamaze), Tuesday or Thursday 7-10 p.m.; Teacher Aide Training (elementary level) Monday, 6-9 p.m. at Vineyard Elementary School and Thursday, 6-9 p.m. at Kingsley Elementary School.

Student holiday

Ontario-Montclair School District students will observe a school holiday on Friday, Feb. 13, the day after Lincoln's birthday, as a result of action taken this morning at a special school board meeting.

The board of trustees also extended the school year for students until Thursday, June 10. Previous to today's action, the last day of school was to be June 9, a Wednesday.

Reunion theme chosen

"Spirit of '76" is the theme selected by the committee in planning the 20-year class reunion for the Chino High School class of 1956. Alumni are invited to spend an evening with old classmates on Saturday, May 22, at the Arbor Restaurant in Upland.

Help is still needed in locating the following alumni: Kenneth Blaylock, Bob Dan, Betty Ebersole, Hilario Gonzales, Katherine Padgett, Shirley Sole, Jo Wade Batcheller, Ruth Bullock Derryberry, Grace Centeno, Joyce Dennis, David Parks, Norma Jean Schore, Jerry Smith, Rosecoe Stark, Helen Acosta, Lena Beltran Escandon, Curtis Byrd, Darrell Carlile, Ophelia Cervantes, Richard DeKorte, Robert Garland, Jim Gibbons, Betty Harding, Myrtle Loos, Guy Newell, Patti Orsco Marillo, Dick Peacock, Antonia Placentia, Sylvia Prey, Jan Sciangalepore, Diane Ziegler and Merel Owen.

Any information regarding the above classmates should be forwarded by phone to Valerie (Meier) Pelletier, (714) 984-2152, Charlene (Floistad) Cor-saro, (714) 984-1438, or mailed to Donna (Waggoner) Vander Meulen, 12479 Yorba, Chino 91710.

Bill would open pay debates

Teacher salary deliberations should be moved from behind closed school board doors and be made subject to "public scrutiny," according to Assemblyman Bill McVittie, D-65th District.

McVittie has introduced legislation (AB 2670) that would repeal a section of the recently enacted collective bargaining bill for public school employees, which exempts school board wage negotiation sessions from open meeting laws.

The open meeting laws, by requiring governing bodies to meet at specific times and places in plain sight of the public, were designed to let citizens know what their representatives are doing. "But Senate Bill 160, which goes into effect July 1, allows school boards to hold secret meetings over a broad range of matters within the scope of representation. This scope could conceivably include such important areas as class size, teacher salaries and year-round school," McVittie said.

"By opening these sessions to public scrutiny, my bill would ensure that people in local communities can make their opinions heard at the time these topics are taken up for consideration," he said.



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ROUND STEAK **\$1.18** LB.

BEEF ROUND, FULL CUT, BONE IN

"BUTCHER SHOP QUALITY"

TURKEY DRUMS **37¢** LB.

GREAT ECONOMICAL MEAL

WILSON CERTIFIED, PORK SAUSAGE ROLLS 1-LB. PKG. **79¢** EA.

ARMOUR, PORK SPARE RIBS MED. SIZE **89¢** LB.

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BUTCHER SHOP QUALITY, BEEF ROUND BEEF RUMP ROAST BONE IN **\$1.39** LB.

BONELESS, BEEF ROUND TOP ROUND STEAKS **\$1.69** LB.

BUTCHER SHOP QUALITY BEEF CUBE STEAKS **\$1.89** LB.

SANREI BRAND FROZEN FILLET OF SOLE 1-LB. PKG. **69¢** EA.

IMPORTED TURBOT FILLETS **89¢** LB.

SAN-DAB STYLE, IMPORTED ROCK SOLE **87¢** LB.

IMPORTED KING CRAB MEAT **\$3.97** LB.

VIENNA, SMALL PASTRAMI 1 TO 1 1/2 LB. AVERAGE **\$1.69**

ZIPPE, 4 VARIETIES 10-OZ. PKG. JUMBO BURRITOS **45¢** EA.

KIDS FAVORITE, 10-OZ. PKG. ZIPPE CORN DOGS **79¢** EA.

BUTCHER SHOP QUALITY, SIRLOIN TIP STEAK OR ROAST BEEF ROUND **\$1.89** LB.

MAYFAIR GIANT PAPER SALE!

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TOILET TISSUE 4 ROLL PACK **65¢**

SAVE 5¢ ... LADY SCOTT

TOILET TISSUE 2 ROLL PACK **44¢**

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TOILET TISSUE 4 ROLL PACK **65¢**

SAVE 10¢ ... ORCHID WHITE

TOILET TISSUE 8 ROLL PACK **\$1.19**

SAVE 6¢ ... ASSORTED, DECORATED OR FIESTA

VIVA TOWELS SINGLE ROLL **47¢**

SAVE 10¢ KOTEX 12'S, REG., SUPER, MAXI

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SAVE 10¢ MAYFRESH 33-GAL., 20-COUNT

TRASH & LEAF BAGS **\$2.19**

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FACIAL TISSUE 200 IN BOX **38¢**

SAVE 5¢ MAYFRESH 60-COUNT

PAPER NAPKINS 5 FOR **\$1.00**

SAVE 11¢ ... 100-COUNT ZEE

LUAU NAPKINS 3 FOR **\$1.00**

SAVE 18¢ ... REG. OR ELECTRIC PERK 1-LB. CAN

BRIM COFFEE **\$1.73**

SAVE 4¢ ... HABISCO ... 16-OZ. BOX 100%

BRAN CEREAL **59¢**

SAVE 10¢ ... SUGAR SUBSTITUTE 100-COUNT

SWEET 'N LOW **89¢**

SAVE 6¢ ... WELCH'S FAMOUS 20-OZ. JAR

GRAPE JELLY **79¢**

SAVE 8¢ ... 28-OZ. NO-RETURN BOTTLES

TAB OR FRESCA **41¢**

SAVE 2¢

MAYFRESH COTTAGE CHEESE PINT CTN. **65¢**

SAVE 10¢ ... SWEETHEART LIME

LIQUID DETERGENT 22-OZ. BTL. **49¢**

SAVE 10¢

GINO'S PIZZA PEPPERONI OR CHEESE FROZEN 16-OZ. PKG. **99¢**

SAVE 10¢

MINUTE MAID ORANGE JUICE QT. CTN. **39¢**

SAVE 5¢ ... FLAVORFUL

TABLEMAID SPREAD 16-OZ. PKG. **28¢**

SAVE 5¢ ... ALL FLAVORS

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BOLOGNA 12-OZ. PKG. **83¢**

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BISCUITS 7 1/2-OZ. TUBES **\$1.00**

OSCAR MAYER

BEEF OR REGULAR FRANKS, 1-LB. PKG. **\$1.13**

BEEF OR REG. SLICED

BEEF OR REG. BOLOGNA, 8-OZ. PKG. **74¢**

OSCAR MAYER REGULAR OR THICK SLICED

BEEF OR REG. BOLOGNA, 12-OZ. PKG. **\$1.05**

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FIRM ... RED ... RIPE SALAD TOMATOES EXTRA FANCY **29¢** lb.

LARGE BUTTERY CALIFORNIA AVOCADOS EXTRA FANCY **39¢** ea.

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Serrano Junior High School

Honor students announced

Serrano Junior High School students who earned all A's during the first quarter include eighth graders Jodi Bates, Cindy Cornwell, Rick Dunn, Sheila Edwards, Lisa Fitzgerald and Beatriz Huete.

Others are Mary Jew, Liza Kirby, Karen Lauck, Nancy Nicol, Shelly Paine, Olivia Reboja and Bruce Russell and seventh graders Sandy New, Randy Weekley and Suzie Williams.

Honor Society Students include Melody Abrego, Charlene Albert, Laura Ashton, Martha Bargas, Julie Bateman, Jodi Bates, Kelly Beatrice, Diane Blair, Michelle Bowman, Leah Bravo, Michael W. Brown, Rosemary Calhoun, Ron Campbell, Teresa Case, Kim Cline, Cindy Cornwell and Marcie Craft.

Others are Kathy Deighan, Kevin DeMichele, Herbert Dioses, Rick Dunn, Sheila Edwards, Cindy Englehardt, Daniel Fajardo, Briana Ferrari, Lisa Fitzgerald, Carla Folina, Vincet Herrera, John Holt, Beatriz Huete, Mary Jew, Kerry Kellas, Patty King, Liza Kirby and Deann Kreisel.

Also Karen Lauck, Marvin Lee, Kim Luna, John McIntosh, Stephanie Mandel, Susan Meisner, Janelle Molloy, Veronica Montecino, Nancy Nicol, Donna Odell, Shelly Paine, Christina Paulson, Beverly Pennington, Olivia Reboja, Chris Renda, Marcia Rowhender, Bruce Russell, Pam Shewalter, Sue Sieber, Alvin Sinulingga, Deborah Vaughn, Kim Boght, Janet Watson and Mark Wiedeman.

Honor Roll Students include Deborah Conroy, Dana Coulter, Gail Deates, Marcy Evans, Debbie Germond, David Henderson, Kristy Jensen, Christy Jerrells, Johnna Madden, DeLyn Roumeliotis, Jeanie Sanchez, Nondo Smith, Robert Townsend, April Warian and Steve Williams.

Others are Cesarita Acayan, Cindy Adams, Kathy Alvarado, Shari Anderson, Monique Anton, Roy Bakman, Lorrie Barley, Teresa Barry, Tyann Belville, Valerie Bray, Robert Buchanan, Kaycee Calhoun, Troy Calhoun, Corrine Candelaria, Sheri Cline, Susan Conroy, Scott Dahl and Nancy Davis.

Also Jayne Denny, Tina Domiani, Monisa Donham, April Dowell, Joey Ealey, Kevin Endicott, Eric En-triken, Laurie Ewart, Kristi Foss, Paula Frosk, Denise Garcia, Jenny Gardner, Theresa Gaylor, Darlene Germond, Marilyn Gigg, Cindy Griffith, Michelle Hacker, George Hess and Larry Hutchisson.

Others are Sharon Ken-non, Maria Kerry, Anita Koczar, Melinda Longoria, Linda Luna, Mark McConnell, Don McMillan, Ruth McMillan, Rita MacLean, Ruth MacLean, Nicole Mandel, David Meisner, Rosalinda Montano, Shelly Myers, Sandy New, Eddie Nolte, Zoila Or-tiz, Stacey Perez and Carol Phillips.

Also Judy Pugliese, Marcella Rosas, Todd Severson, Tammy Sheaffer, Ron Smith, Tom Smith, Stacey Stamper, Tammy Swanson, John Tessitore, Randy Weekley, Suzie Williams, Kelly Westlake, Gretchen Williams, Shelly Wilson, Shelly Wright.

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"Spice Garden" design on handles!

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People in the news

Rocket derby

Winners of the rocket derby space race for Cub Scout Pack 314 of Montclair are Robert Taylor, first; Neil Cobb, second; and Mike Wood, third.

The pack also named winners of the December sales contest. Shawn Lindstrom placed first by selling 140 Santa's helpers. Other winners are Mike Wood, Neil Cobb and David Chandler. Anita Cobb was

awarded a pin for her effort as sales coordinator.

Achievement awards were presented to Bert Copeland, den chief insignia; Billy Forsythe, assistant denner cord and bobcat badge; Keith Hosen, Webelos award; and Eddy Van Lul, birthday coin.

Others are David Chandler, bear badge and gold arrow; Dennis Barclay, wolf badge; Robert Pratt, bobcat; and Mike Wood and Shawn Lindstrom, silver arrows.

Scout scroll

Richard Coughenour of

Upland has received a Girl Scout scroll of thanks for providing first aid training for leaders.

Spanish Trails Girl Scout Council President Pat Newton said Coughenour has directed first aid training for several years and recently directed three courses during his vacation.

Honors

Ontario - Pomona Association for Retarded Citizens (OPARC) honored two local residents at its annual meeting recently.

Mrs. Charles Gerard of

Upland received a gold medallion recognizing her 10 years of service to OPARC as teacher's aide, teacher and adult education teacher working in a cooperative program with Chaffey College.

Cucamonga Mrs. Jerry Wechsler was presented a certificate of appreciation for "outstanding contributions to the work of OPARC."

New OPARC officers include John McCallum of Upland, vice president; and Robert Schauer of Upland, board of directors.

Six local residents are continuing members of the

board of directors. They are Richard Crean and Don Hardy of Alta Loma; and Uplanders Walter Long, Richard Perry, Lee Travers, and Murial Desilets.

OPARC also has a Diversified Industries division which provides vocational training.

Volunteers

Ontario - Montclair Junior Woman's Club is one

of many groups responsible for the success of the San Bernardino County Volunteers - in - probation program, according to Warren Hawkins, community resources coordinator.

Hawkins said individuals also volunteer help throughout the year. For information call volunteers - in - Probation, 383-1194.

Course set in safety firearms

A course in Firearm Safety-Hunter Safety will be offered free to West End sportsmen and security guards, Jan. 31-Mar. 20.

The course, to be held at the Upland Recreation Center, 2nd and D, will run 16 hours and is sponsored by the California Department of Fish & Game (DFG), the National Rifle Assn. (NRA), the California Rifle & Pistol Assn., the Department of Consumer Affairs, the Upland Recreation Dept. and the Chaffey College Adult Education Dept.

Students under 18 must have parent and school approval, but the class is open to anyone from high school to adult and will meet every Saturday night from 7-9 p.m.

Students will receive certificates from the NRA and Chaffey College on completion of the course, in addition to a hunting certificate and those in security.

Typical material covered in the course will be complete hunter safety necessities of firearms nomenclature and instruction, survival techniques in the wilderness, first aid, conservation, archery and laws pertaining to hunting in California.

Also covered will be self defense measures, laws of powers of arrest by a private citizen, security guards—legal and moral aspects of firearm use; state, city county and federal firearms laws; and illegal firearms.

Students will fire only if applying for security qualification.

Prepare now to train the owner of new guns or archery equipment to handle it safely.

Firearms and bow and arrow safety, the DFG says, is not just for the hunter but for all shooters.

Alta Loma cast

Alta Loma High School Music Director, Don Bowers, has announced the cast for the school musical, "Anything Goes." Rehearsals have started for the production to be given the latter part of February.

Cast members will be: Reno Sweeney, played by Rose Corona; Steve Breithaupt as Billy Crocker; Hope Harcourt by Leslie Renaker; Moonface Martin by Mike Lopez; Bonnie by Michelle Facer; Sir Evelyn by Dave Canton; Elisha J. Whitney by Alan Hartman and Mrs. Harcourt by Tina Melendrez.

Also in the cast are: Greg Patterson as Bishop, Scott Herby as Captain, Lenny Gorczyca as Purser, Robby Bruce as Steward, Cduck Russell as Reporter, John Ewart as Cameraman, Cathy Cloe, Tammy DeLaughter, Susie Thomas, and Kim Whittaker will be the Four Angels. Melinda Blanchard and Lynn Rasmusen will play Ching and Ling.

Passengers and Sailors (chorus members) and stage directors, designers, and assistants will be announced later.

Toastmasters' trophy won

At a recent Toastmasters' meeting Rose Roccacani of Montclair won the trophy for best speaker of the evening with her talk on Arbor Day.

Myra Obert of Pomona was the winner of the impromptu portion of the program and won the "Table Topics Award."

The best speech evaluator award went to Gordon Adam of Ontario.

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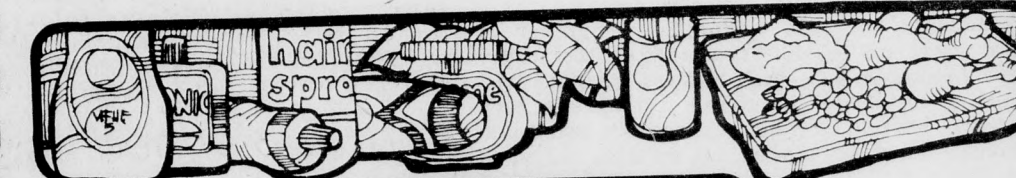
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Church News

Methodist course

The Southern California - Arizona Conference of the United Methodist Church will host a course on "Sex and the Whole Person" for senior high school aged youth at the Upland United Methodist Church Feb. 27-29.

The course deals with many aspects of sex including accepting God's gift of sex as part of the whole personality, understanding it better, and helping Christians decide how to use this gift. The course will be taught by Lois Seifert, certified for this work by the conference.

Parents must attend the parent sessions if their sons or daughters wish to take part in this course. There is a registration fee for youth and for parents to cover the cost of materials. Registration closes Sunday. For more information call the church office (714) 982-1345.

Singles Club

The Pomona Valley Jewish Singles Club will meet 8 p.m. Wednesday at a new location, the Mutual Savings and Loan Building at 160 W. Foothill Blvd., Upland, just west of Euclid Avenue, in the shopping center. The club's potluck dinner set for Feb. 7 will be discussed. The dinner will be held at the home of Rose Shapiro, 573 E. McKinley, Pomona. For more information call (714) 981-2243 or (714) 622-0804. The club is open to all interested persons.

Jehovah's Witnesses

George Heil of Montclair has been invited by the Watchtower Society to attend a special two-week period of Bible training.

This course was originated in 1958 with one school in New York state, but has been expanded over the years to keep up with the growth of Jehovah's Witnesses. Now there are about 50 schools, 11 English-speaking and one Spanish-speaking school in the United States alone, in addition to other schools abroad. The school in this area is conducted by E.R. Brandt, a representative of the Watchtower Bible and Tract Society of New York for the last 27 years.

The course is designed to help elders with the various responsibilities in their congregation. They receive training to enable them to give effective Bible counsel in various areas, as well as conducting effective meetings and Bible lectures all designed to help them fulfill the words of Jesus to Peter, "Feed my sheep."

Heil has resided in Montclair for the last 18 years, and has served as an elder in the Claremont Congregation for five years.

LaVerne Methodist

The High School Youth Fellowship of the United Methodist Church of La Verne, 3205 D St., will sponsor a retreat on the church grounds Feb. 6-7, announced Steve Harris, minister of youth.

Highlights of the weekend will include meeting Charles F. Golden, Bishop of the Southern California - Arizona Conference of the United Methodist Church. Also featured will be a snowball fight (with real, though imported, snow) a giant human centipede race, and a feature film. Cost, including food and transportation during the retreat, is \$7.

This event is not limited to members of the church. All interested high school age youth are encouraged to attend. For reservations or more information contact the church office, (714) 593-2013.

St. John's Episcopal

St. John's Episcopal Church of La Verne-San Dimas has elected its officers for 1976. The Rev. Richard Avery reports that Nancy Chrestensen, Robert Crosno, Martha Marsh, Rick Roome and Lloyd Smith are members of the Vestry. Bret Chrestensen is parish treasurer and George Belding has been appointed senior warden.

St. John's has just completed a number of improvement and beautification projects. The Sunday school furnishings have been repaired, repainted and carpeting installed. The church ceiling has been refinished. Parking lot lights were recently installed to illuminate the church grounds and the sign.

St. John's is at 4745 Wheeler Rd., two blocks north of Foothill Boulevard in La Verne. Sunday services are at 8 a.m. and 9:30 a.m. Phone is (714) 593-9426. The sermon title for Sunday will be "Uncommon Christians."

Christ Lutheran

At last week's annual meeting of the congregation of Christ Lutheran Church of Chino, marked increases were reported for 1975 as follows: a 42 per cent increase in church attendance; 23 per cent increase in membership; and a 41 per cent increase of income.

The Lord's Supper will be celebrated this Sunday, at both the 8:15 a.m. and 10:45 a.m. services. The sermon topic by the Pastor, Dr. A.L. Plueger, is "A Psalm for the Seventies." The church is located near Central on Francis Avenue, Chino.



SHARE BANQUET — Gail and Mike McKinney of Anaheim will perform 7 p.m. Monday and Tuesday at the Youth For Christ Pomona Valley Share Banquet at the Brethren in Christ Fellowship Hall, located at the corner of San Antonio Avenue and Arrow Highway, Upland. The annual event is open to all who are interested in the Youth For Christ/Campus Life ministry in Pomona Valley high schools. Admission is free. For reservations call Margaret Rice, (714) 599-6515.



GIFT — Nancy K. Swift, president of the Missionary Society of the First Church of the Nazarene, Upland, accepts a cello from Mr. and Mrs. Walter Rieder, right, also of Upland. The instrument will be

given to the Nazarene Seminary in San Jose, Costa Rica, for a seminary student whose own cello was lost during the 1972 Nicaragua earthquake.

'Burning Bush' project to be discussed Tuesday

Dr. Carolyn Stahl will address the San Dimas United Methodist Youth Fellowship 7 p.m. Tuesday at their regular semi-monthly meeting. Dr. Stahl will discuss Project "Burning Bush."

Mrs. Ed Burn, youth director, said, "Project Burning Bush is a new approach to religious education. This venture is being funded by the Lilly Endowment of Indianapolis, Indiana which recently awarded the School of Theology at Claremont a grant of \$360,000 to develop a church - seminary co-operative approach to theological education. The project will involve lay persons and clergy, seminary students and faculty, over a two-year period. Together the seminary and local churches will pursue a

significant analysis into the moral and theological questions posed to conscience by worldwide human need."

An article written by faculty members of the school stated that worldwide human needs are a cause that cannot wait.

"The depletion of the planet's resources, the shrinking of international and interpersonal relationships, and the interdependence of world cultures make vivid the project title: 'Burning Bush.' It illustrates the desperate need, the sense of time running out, of conflagration, and the sense of mystical reverence and awe out of which this concern grows and in which it shall continue to be nurtured," a group

spokesperson said.

The article continued, "The project will locate students within parish educational contexts — adult church school classes, youth program meetings, retreats, leadership training, etc. — where they will train local church people and pastors in these linked Christian concerns. And it is in their interaction at the parish level that a new pattern of compelling spirituality should take shape and empower the churches to respond to critical social issues."

Crusade to begin third week Friday

The "Come Alive" Crusade at the Pasadena Civic Auditorium will begin its third week Friday with crusade speaker Roy Naden and the Heritage Singers U.S.A. from the television program "Come Alive," broadcast 8:30 p.m. Sundays on KTLA-Channel 5.

Crusade subject titles this weekend are:

—Friday at 7 p.m., "Rainbows and Empty Promises."

—Saturday at 3:30 p.m., "Is All the Family In?"

The Come Alive Crusade examines factors that stabilize the home and

Pastoral Counseling Center

Edwin Aluzas ok'd as center director

At its fall meeting, the governing board of the Pastoral Counseling Center, which serves the Greater Pomona Valley area, approved the Rev. Edwin D. Aluzas as its administrative director. In addition to overseeing the use and maintenance of the counseling facility, the Rev. Aluzas will be responsible for helping develop satellite programs and for public relations.

Before coming to Claremont last July to work toward an advanced degree in counseling at the School of Theology at Claremont, Aluzas served the North Industry, Hudson, and Union Avenue (Alliance) churches in the East Ohio Conference of the United Methodist Church.

During his 14-year ministry, Mr. Aluzas was a

member of the Commission on Pastoral Care and Counseling, the Personnel Committee, the Career Development Task Force for ministers, and with his wife was co-leader for marriage enrichment experiences for clergy couples.

A native of Chicago, Illinois, Aluzas received his BA degree from Mount Union College, Alliance, Ohio, and his STB degree from Boston University School of Theology. He has done graduate work at the Ecumenical Institute at the Chateau de Bossey, near Geneva, Switzerland, and at Oberlin Graduate School, in Oberlin, Ohio.

Interested in community affairs, Aluzas has participated in a variety of ways. While in Hudson, Ohio, he served as one of the coordinators for

Community Articulation Regarding Teen-Agers (C.A.R.T.), and initiated the "Pastor For a Day" program at Hudson High School, an enterprise whereby clergy were available at the school for counseling at a variety of levels.

In Alliance, where he served a church adjacent to the Mount Union College campus, he was a member of the Alliance Human Resources Center, whose main purpose was to service the deprived areas of Alliance, and the Religious Life Committee at the college. He also functioned as an adviser to a men's club, and a trainer in human relations for a student group and a faculty group.

Aluzas and his wife, Gloria, live with their three children Annette, Kurt and Jonathan in Claremont. Mrs. Aluzas is currently employed as a teacher's aide at the Vista de Valle School in Claremont.

The Pastoral Counseling Center is jointly sponsored by the Pomona Valley Council of Churches and the School of Theology at Claremont. The administrative office is located at the First Christian Church in Pomona and the center is at the Claremont United Methodist Church.

Persons interested in knowing more about the center's services may call (714) 624-7130.

Promise kept by Uplanders

A complete cello outfit was given to the Nazarene Missionary Society of the First Church of the Nazarene, Upland, by Mr. and Mrs. Walter Rieder of Upland. The instrument will be given to the Nazarene Seminary in San Jose, Costa Rica, for seminary student Sixto Cajina.

While the Rieders were visiting the Nazarene Seminary in San Jose last April they met Cajina who is studying to be a Nazarene minister. When they learned that Cajina's cello had been destroyed in the Nicaragua earthquake of December, 1972, they promised to obtain another one.

After many months of searching, the cello was purchased in Sierra Madre. Cajina plans to use the cello to teach other students at the Nazarene Seminary, which will help him pay his seminary expenses.

The cello will be taken to Nazarene Church head-

quarters in Kansas City next week, then on to Costa Rica by the Rev. Howard Conrad.

In addition to Costa Rica, the Rieders visited Panama, El Salvador and Guatemala and passed out 1,000 Bibles, most of which were in Spanish. Last fall the Rieders also distributed 1,000 Bibles in Tahiti, Australia and New Zealand.

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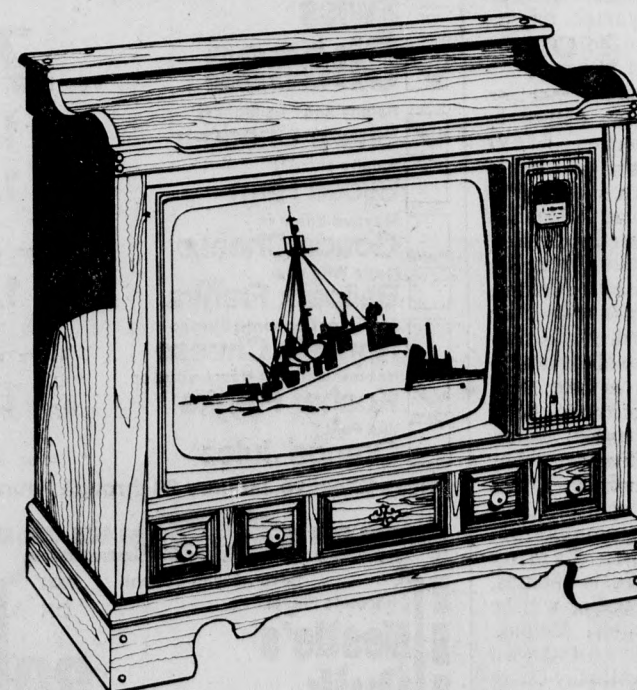
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New image evolving for human beings

Meditative prayer for deeper spiritual life

By Lynne Locke
"We're living in a time when a major new image of the human being is being developed," said the Rev. L. Robert Keck of First Community Church, Columbus, Ohio.

The discovery that people are capable of much more than has been realized is a "significant revelation of God for our time," Keck recently told a spiritual life retreat of 45 people including 11 from Upland area churches.

Keck's visit to Pomona Valley was sponsored by a School of Theology's internship project funded by a Lilly Foundation grant to increase personal spirituality and global responsibility.

Three Upland churches involved in the project are St. Mark's Episcopal Church, First Presbyterian Church and First United Methodist Church.

Western consciousness
"We in western society have spent practically all our waking life in one narrow state and framed all our concepts on that state of consciousness," he said and added, "We're discovering that's a very limited view of what we're capable of."

People also can experience and use the extended consciousness or deep mind previously tapped only under hypnosis or during dreams, said Keck who noted that expanded ranges of consciousness open possibilities for deeper spiritual life.

God is not a separate being "out there somewhere" to be prayed to but the ground and source of all being, so prayer is getting in touch with that core, center, or base of being, he noted.

Although people in western culture are accustomed to verbal prayer, he said, meditative prayer of the deep mind uses images rather than words.

"We don't give enough power to the imagination because we have considered it separate from reality," Keck said.

"If we imagine strongly enough, that is reality," he said pointing to biofeedback practices where people can raise the temperature of

their hands by imagining holding a hot hard boiled egg or putting their hands in a sink of hot water.

The powerful images of the deep mind can be used to give reality to spiritual life and prayer, according to Keck.

Meditative prayer
To experience meditative — or deep mind — prayer a person must become deeply relaxed both emotionally and physically and then focus his or her attention on symbols and images.

For an intercessory prayer seeking specific help for oneself or another person, Keck suggests meditating on the image of that person sitting in a place flooded with sunlight so the person is bathed in life-giving energy.

The intercessory prayer also can be used for oneself to seek wholeness of body, mind or spirit. The key to intercessory prayer is the strength of the images of sunlight, energy, healing or other similar images.

Another type of deep mind prayer is receptive meditative prayer in which a person seeks general guidance for life.

Although receptive meditative prayer is the most difficult deep mind prayer, Keck said it can lead to "substantial life-changing experiences" as one allows the deep mind to reflect on daily life.

Keck said Biblical stories or symbols can be used to set the scene for a receptive meditative prayer. Scripture has "a lot of power and potential revelation" not experienced in the usual intellectual Bible study, he noted.

One way to use a Bible story for prayer is for the person to imagine her or himself as one of the people in the story. Keck said people also can modernize the story or symbols and meditate on the meaning of the original Bible passage.

A final type of deep mind prayer is the unplanned meditative prayer in which a person becomes deeply relaxed and waits for the images to "bubble up" by themselves.

Keck said symbols that a person experiences in meditative prayer should be considered intellectually to see how they fit into the

person's daily life and concerns. Recurring images may indicate an unsolved or unfaced problem that needs to be resolved before the person can continue to grow spiritually or emotionally.

Meditation skills
Meditative prayers includes three skills most people must learn, Keck said. The first skill is relaxing physically and

emotionally but remaining aware.

He noted most people in western culture are accustomed to coming deeply relaxed only when asleep so some fall asleep when they first try to relax for meditative prayer.

One way to relax is to imagine each part of the body becoming relaxed or to focus on breathing and imagine each breath removing tension from a

specific part of the body.

Another skill necessary for meditative prayer is concentration. Keck said many people have difficulty concentrating because they use tense concentration rather than relaxed concentration or focused attention.

"We have been practicing scatter-brainedness most of our lives and allow our consciousness to follow external circumstances."

Keck said noting that they key to concentration is bringing the attention back to the focus of concentration whenever there is a distraction.

He suggested people increase their concentration by practicing in 30-second, one-minute or two-minute time slots several times a day. A good time to practice concentration is during a

television commercial, he added.

Imaging
Imaging is the third skill for meditative prayer. Although all people experience images during dreaming, Keck said many must learn to image during prayer.

He suggested people analyze the types of images that are the hardest for them and then practice those images.

If sight imaging is the most difficult, the person can look at an object and then try to imagine it with his or eye eyes closed. The more detail and reality in the image, the more powerful it is. Other types of images are sound, touch, smell and taste.

Keck said the most effective amount of meditative prayer seems to be 15 minutes once or twice a day.

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Folk guitarist to perform

Clabe Hangan, folk guitarist, will make an appearance at The Unitarian Society of Pomona Valley Church,

2 speakers to address library group

The sixth annual meeting of the Southern California Inland Lutheran Library Association is scheduled for 9:15 a.m. to 2 p.m. on Saturday, Feb. 7, at the First Lutheran Church, 203 E. G St., Ontario.

Mrs. Thilda Egerton, national executive of Lutheran Library Association, will speak on the church libraries and Mrs. June Geiger of the Victoria United Presbyterian Church in Riverside will speak on "Books for Your Library."

Reservations must be made by Friday, Jan. 30, by calling Mrs. Ralph Bush at 986-5178 or 986-6836. All denominations are welcome.

9185 Monte Vista Ave., Montclair, at 8 p.m. Jan. 31.

Hangan has performed at The Troubadour in Los Angeles, The Bitter End in New York, The King's Rook in Boston, Ice House in Pasadena, The Back Door in San Diego, The Second Fret in Philadelphia and Penny University in San Bernardino.

He has given professional guitar and folk music instruction, privately and professionally for nine years and is a special music consultant to many school districts. Hangan has appeared on radio and television and has made two recordings and written numerous compositions.

Joe Rael, Hangan's partner, will also be appearing at the concert, along with folk songstress Jan Proulx and jazz organist Roger Flanders.

Tickets are available through the Folk Music Center in Claremont and Pedrini's at Montclair Plaza. For further information, call 626-0520 or 983-6913.

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A Woman Ought to know

Men dominate boards

Dear Anita,
I understand that less than 10 per cent of persons appointed to state boards and commissions are women. How do I go about applying for one of these appointments?
M.F., Needles, CA

Dear M.F.,
Your observation about the scarcity of women on state boards and commissions is correct. Not only are the numbers of women few, but almost all women who are appointed can be found in traditional governmental bodies such as those regulating teachers, nurses, etc.
A new law sponsored by the State Commission on the Status of Women and effective in 1975 requires the offices of the governor, the secretary of state, and every individual county clerk to maintain a central registry containing current information on all state boards and commissions. Information includes recent vacancies, appointing power, etc. You should consult the registry nearest you in order to select the board of commission to which you would like to apply.

The majority of state level appointments are made by the governor (more than 2,000), with 1,500 made by other constitutional officers and the legislature. Applications for appointment by the governor should be addressed to: Dr. Carlotta Mellon, Appointments Assistant to the Governor, State Capitol, Sacramento, CA 95814.
You should also contact your local city hall and county administration building for a list of city and county boards and commissions. Good luck!

Anita Miller
Dear Anita,
I just discovered your column in the local paper, and I feel it's a fine chance to share information important to women.

I'm not too familiar with National Political Caucus for Women — how does their program differ from that of National Organization for Women (NOW)?

J.C., Auburn
Dear J.C.,

The National Women's Political Caucus (NWPC) is a non-partisan organization whose primary

function is to assist in the election of women to political office.

These members raise funds, hold training sessions on campaign tactics and techniques, and act as a support group to members who wish to run for office.

The National Organization for Women (NOW) is a group of men and women who address a wide variety of women's issues. The organization has active task forces on such subjects as housing, education, health services, women in transition and legislation. NOW advocates positions on legislation, but because of its tax exemption, its direct participation in politics is limited.

Both NWPC and NOW are national organizations with large memberships. Check your telephone book or organizational directory for your local group for additional information.

Anita Miller
Dear Anita,

I am the mother of three and I am often amazed at the lack of quality education in our schools. The history books are filled with stories of our

"forefathers," but not too much is mentioned about the women in our history.

Is there something we can do to convince our teachers that girls need role models too? Shouldn't they be allowed and encouraged to strive for great things along with our sons?

S.H., Ventura
Dear S.H.,

You are absolutely right! Nothing should be more precious to us than the preservation of our heritage as Americans. And the contributions of

women are an important part of that history.

You have many avenues of recourse. Teaching practices which have resulted in reviewing the roles and accomplishments of women as less than those of men have been the target of legislation during the past few years. A bill signed into law in September, 1973 requires social study courses to include, among other things, the role and contributions of women in the economic, political, and social

development of California.

Another new law prohibits teachers from giving instruction or using any instructional materials which reflect adversely upon persons because of their race, sex, color, creed, national origin or ancestry. You might remind your teachers, school officials and board members, and the State Department of Education that exclusion from a textbook or course study "reflects adversely upon persons."

You and Your Pet

Prevent canine distemper

By Robert L. Stear, D.V.M.
Manager of Veterinary Services
Norden Laboratories

There is no mistaking the misery and depression of a pet suffering from distemper. It is one of the most dreaded of all pet infections. Puppies are more susceptible to distemper than older dogs, but the disease can occur in all ages.

Symptoms of canine distemper are similar to those of an upper respiratory ailment. You may notice a running nose, flat and dry cough and loss of appetite at first. This will be followed by a high

S.S. office expansion

The local office of the Social Security Administration will be expanded to improve service to residents of the Pomona Valley, Congressman Jim Lloyd, D-35th Dist., announced Tuesday.

Lloyd said the Social Security office in Pomona will receive six new full-time employees and will move into larger quarters. The office is currently located at 445 E. Holt Ave. It will move into facilities next door now occupied by the Internal Revenue Service.

"Improved telephone service will also be implemented to allow persons to obtain much of their needed information over the phone," the congressman said.

"It has taken a year of hard and persistent work but I'm pleased to be able to say that my efforts to reduce red tape and improve service have been successful," Lloyd said.

He noted that the vast majority of the complaints he has received from constituents involve Social Security and the poor service received from the Pomona office.

temperature, vomiting, a white crusty material around the eyes and nose, thirst and diarrhea. If secondary infection sets in, there may be muscular twitching, convulsions or paralysis.

Canine distemper is a highly contagious disease caused by a virus that is carried through the air. It is more common in the colder months, although a pet may contract the disease in any weather. Canine distemper can be picked up by coming in contact with another dog with distemper or from the feet, hands or clothing of the person caring for such an animal. In fact, everything used by the distemper-sick dog may spread infection, including a sneeze or cough from an infected animal or windblown germs from the urine of a pet with distemper.

To prevent distemper, it is important to have your pup vaccinated as soon as it comes into your home and to follow with booster shots at intervals set up by your veterinarian.

Puppies receive what are known as maternal antibodies from their mother's milk. These antibodies temporarily protect the pup from specific diseases which the mother is immune to. If the mother has distemper immunity, for example, she will pass on distemper antibodies. If the antibody level is high enough, it will neutralize the effects of vaccination.

At six weeks of age, the pup's maternal antibodies for distemper begin to subside. Researchers have discovered that human measles virus will protect puppies between six and 12 weeks of age from canine distemper and will be unaffected by the pup's maternal antibodies of distemper. For this reason, the distemper-measles concept for distemper protection has been

perfected in a new vaccine which is capable of protecting pups against distemper better than ever before, whether or not maternal antibodies are present. Your veterinarian can give you details about it.

The death rate for distemper is high, and many pets that survive are disabled. Blindness in one or both eyes may result from discharges affecting the cornea. These same discharges sometimes leave the animal deaf or without the sense of smell. Permanent damage to the nervous system may cause chorea (twitching) for the rest of the pet's life.

If there is a case of distemper in your neighborhood, keep away from the house and everyone in it. Even a short visit from a member of the family with the diseased pet could carry the virus to your pet.

If your dog should suffer an attack of distemper, good nursing care will be vital to bring him through. He should be kept quiet and isolated in clean, warm, dry and well-ventilated quarters. Simple foods such as beef broth and coddled egg may be given in small amounts. The distemper patient will have no interest in food, so you may need to spoon-feed him several times a day. Follow your veterinarian's advice about medicines and treatment.

Following recovery, blankets and materials that are not too valuable to discard should be burned. Otherwise, spray disinfect everything the pet has come in contact with — including the backyard and fence posts.

Canine distemper is a dreaded disease that can usually be prevented. Booster shots at prescribed intervals will keep your pet's immunity at a high level so it can resist infection. See your veterinarian. Distemper is much easier to prevent than to treat.

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Windows can save energy

The energy crisis doesn't mean we have to start living in homes without windows. Good thing, because a windowless home would be dreary.

Actually, good operating windows are essential to energy conservation. A home without windows that

open and close would have to rely on air conditioning and year-round mechanical ventilation for the comfort of occupants. The new World Trade Center buildings in New York City, which do not have windows that can be opened in mild weather,

consume about as much electric energy as the entire city of Schenectady, N.Y.

Energy conservation is one of several points that should be kept in mind by homeowners who are "window shopping" for a home remodel-

ing or modernization project.

An example of the strides that have been made in window technology is the gliding window, long a favorite of home remodelers because of the large glass areas that permit unobstructed views.

Anderson Corporation of Bayport, Minn., a leading window manufacturer, recently introduced a prefabricated gliding window that has Xi (extra insulating) welded glass as standard. The glazing consists of two panes of glass, welded at the

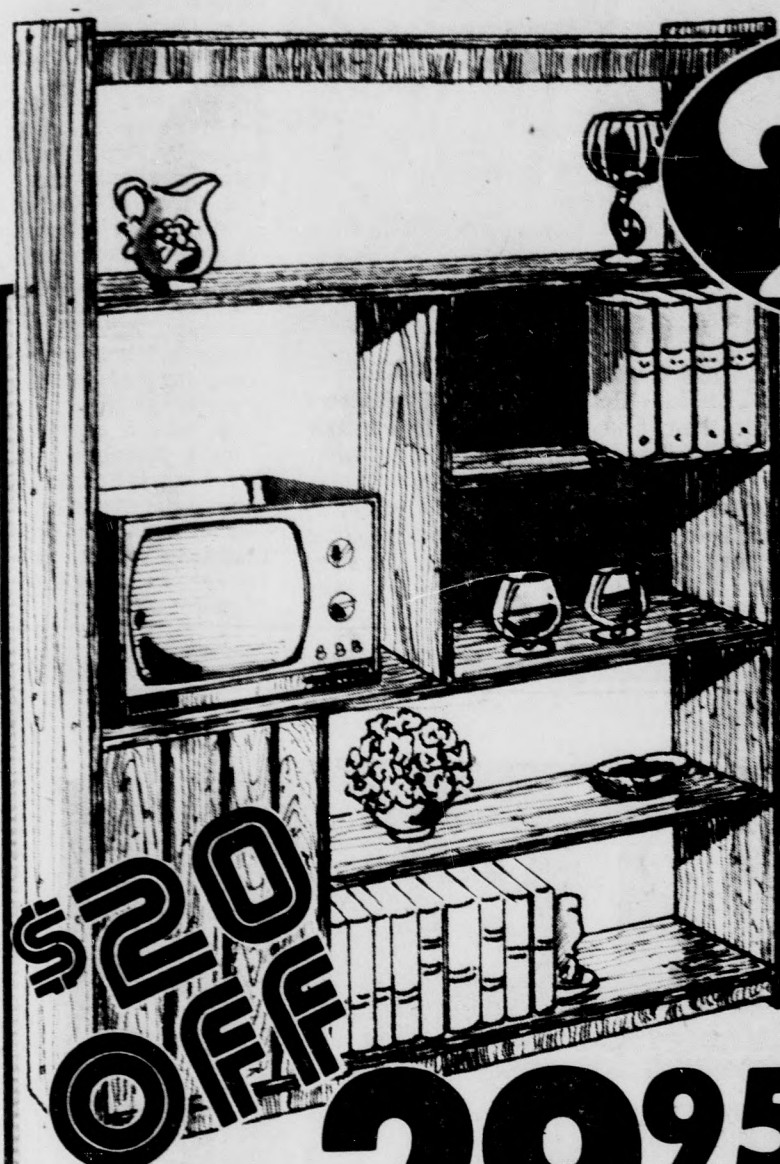
in the 3/16-inch space between the panes. The dry glass increases the insulating ability of the glass by 20 per cent over welded glazing without the special gas.

The Xi welded glass greatly simplified home maintenance chores. In addition, the Perma-Sheild gliding window does not have to be painted because the wood sash and frame are covered by a sheath of rigid vinyl. It is so simple to install that even a home handyman can do it.

Platform heels

can cause sprains

Clogs and platform heel shoes have caused sprains, fractures and contusions according to the American Podiatry Association. Such shoes increase the risk of accidental trips and falls, the Association warns. Studies report clogs to be more dangerous than platforms. Clog injuries occur from a loss of balance, or may be induced when a wearer attempts to twist her heel



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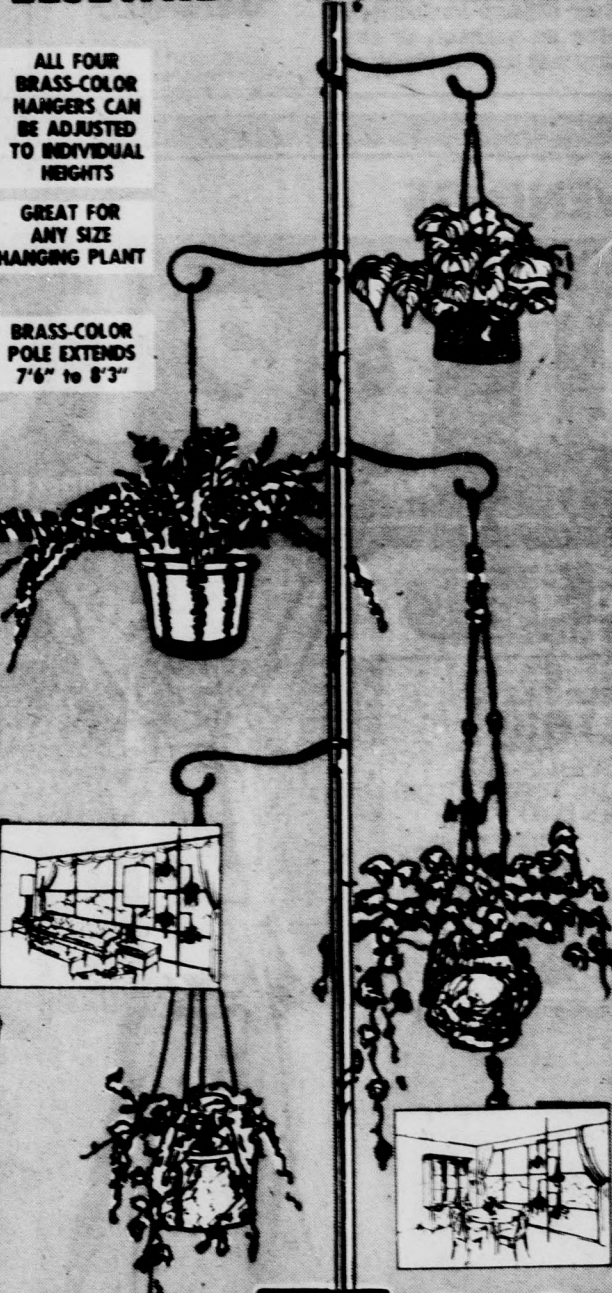
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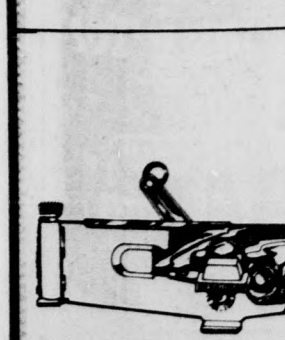
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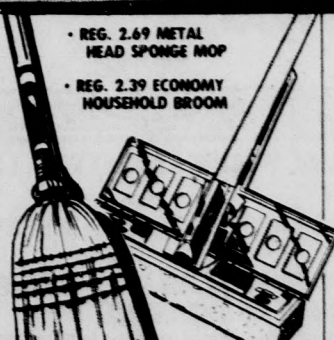
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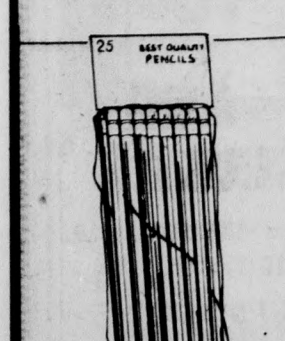
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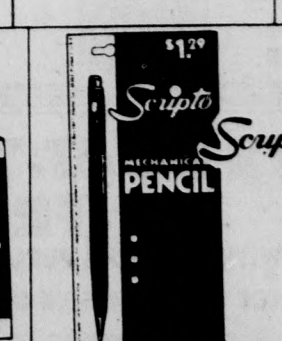
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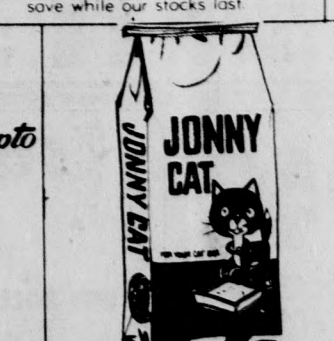
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Living With Your Heart

Children should know

By GLENN A. LANGER, M.D.
American Heart Association
Greater Los Angeles Affiliate

If your child is born with a heart defect, his or her chances of overcoming this handicap and leading a normal adult life are far greater than a decade ago.

According to statistics from the American Heart Association, Greater Los Angeles Affiliate, more than 25,000 babies are born in this nation every year with heart problems. In fact, about seven infants per 1,000 live births are born with a congenital malformation of the heart.

Sometimes a defect can be diagnosed at birth but it may be difficult to always make an exact diagnosis in an infant less than 1 year old. A defect may be discovered during childhood in a routine physical examination by the pediatrician, general practitioner, school doctor, or well baby clinic. Yet in other cases, the defect may not be discovered until the teen or adult years.

It would be too lengthy to go into detail about the more than 35 recognizable types of congenital or inborn heart defects. However, I would like to bring up a most important factor - and often overlooked - and that is the preparation of the child for heart tests and surgery.

What you tell your children about their condition will depend upon their age, how much they can understand, and their

emotional makeup. The physician can be of great help, too, by personally talking with the children and by advising you how to present the facts to them.

Your children's morale will reflect your own outlook so try to keep a positive rather than fearful attitude. Simply explain honestly and calmly what is wrong with his or her heart and what must be done to correct it. Don't confuse or frighten your children with clinical details your physician may have told you. Brief them in advance about some of the things you know will happen at the hospital so that when they experience them, they won't be shocked or feel they were tricked.

Once in the hospital, a highly skilled team of doctors and nurses will have a hand in caring for your children. They'll naturally try to bring them through the heart tests and surgery with as little fear

and pain as possible. However, no matter how much they may come to know and like their medical team, they will constantly turn to you for the emotional support only a parent can give. This support will be especially important in preparing them for the time when they must stay in the hospital without you.

If your children are very young and this is their first separation from the family, they may be afraid that you are deserting them and that they will be hurt in some way they can't understand or prevent. Prepare your children for the fact that after the operation they will feel pain and discomfort. Difficult as it may seem, you will find that, in the long run, honesty is best. If you refuse to tell them anything, they can imagine something far worse than the reality. Youngsters don't need complicated explanations but do need to

feel that you are not dodging their questions.

Avoid promises you cannot fulfill. For example, don't tell your children you'll be there when they wake up if you are not sure you can be. Don't tell them a needle injection "won't hurt a bit." As soon as they feel that unexpected prick of the needle, they may become panicky. They may also decide that you don't really know what you're talking about, or worse, won't trust you the next time you try to get their cooperation.

Favorite old toys or other familiar possessions are reassuring to the very young because they are everyday reminders of home. Tell them they will meet other children in the hospital who have had heart operations too.

Bear in mind that parents may not be permitted to see their children immediately after an operation, or else they may only be able to see

them briefly at first.

Many congenital heart defects are neither as rare nor as hopeless as they were once thought to be. There is no evidence that a congenital heart defect increases the chances of developing other heart trouble, such as rheumatic heart disease or coronary heart disease.

For more detailed information on this subject, write or call the American Heart Association, Greater Los Angeles Affiliate, 2405 W. 8th St., Los Angeles, CA, 90057; phone: (213) 385-4231, and ask for their free copy of "If Your Child Has A Congenital Heart Defect."

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VOLUNTEERS — Heading the host of volunteers who give their time and service to the 1976 Crippled Children's Seal Campaign is Alice Verano (left) of Cucamonga, community chairperson of the Pomona Valley Center; 7-year-old Terry McGill of La Verne, regional poster boy; and actress Ann Blyth, honorary chairperson of the fund raising drive beginning Feb. 2.

Annual scholarship presented

The Pomona Valley Chapter of Executives' Secretaries, Inc., has named Eugenia Villamarin the recipient of its annual scholarship award, according to Mrs. Harold Miller, president.

Miss Villamarin, a secretarial science student from Quito, Ecuador, is entering her second year at Chaffey College. She was presented a \$300 scholarship from the chapter by Phyllis Outhier, philanthropy chairman.

In August of 1973, upon arrival in this country as an exchange student through the International Cultural Exchange Program, Miss Villamarin enrolled as a senior at Ontario High School and graduated with a B average in 1974.

She was a secretarial student during her last three years in Ecuador, and wanted to continue her education in the United States to prepare for a career as a bilingual executive secretary.

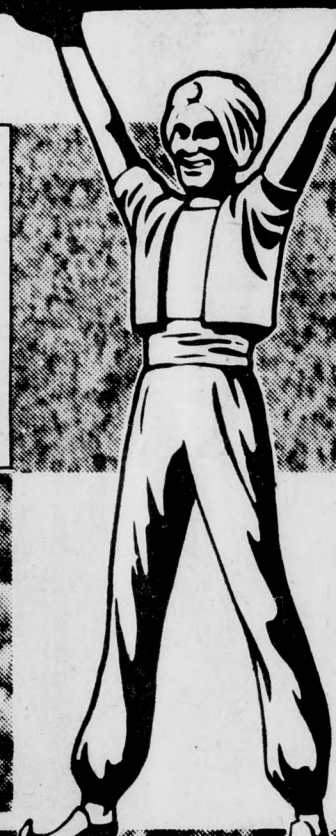
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ANSWERS

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The white concrete construction and curved roof line won international awards for the architects of The United Methodist Church of La Verne (left). A 90-year-old camphor tree provides the altar backdrop, and tall trees, visible through narrow side windows, create a cathedral effect. The La Verne Church of the Brethren (right) features a large rose window as well as 102 art windows, a three-story bell tower and carillon of electronic bells, and an altar screen depicting musical scenes from the Bible.

Story and
photos by
Lynne Locke



Valley churches in contrast

Public faces, private lives

Pomona Valley's many churches include sanctuaries built in the last century as well as structures less than a year old.

Each building has its public face — the outside appearance familiar to local residents — and its private life — sometimes known by its congregation and other times lost in history.

Five churches symbolize both the public face and private life of all the valley churches, both historic and modern.

A modern concrete and glass sanctuary houses the United Methodist Church of La Verne, the first congregation organized in the city (then called Lordsburg), according to the Rev. J. Thomas Taylor, pastor.

The chapel, designed in the early 1960s, won international awards for its concrete construction and "flying nun's hat" curved roof line. The church was constructed to incorporate a 90-year-old camphor tree as the backdrop to the altar.

A cathedral effect is created by the tall trees that can be seen through the side windows of the church at 3205 D. St., La Verne.

Congregation members gathered

337 wagonloads of local field stone to build the Cucamonga Community United Methodist Church, 7656 Archibald Ave., Cucamonga.

Families whose grandparents built the church are still members of the congregation, according to the Rev. W. Terry Van Hook, pastor.

The church was built in 1908 in the midwestern design with the altar in the northwest corner and pews arranged in a quarter circle.

The Kresge Memorial Chapel stands 67 feet tall in the middle of the School of Theology campus, Foothill Boulevard at College Avenue, Claremont.

Concrete for the tall, white chapel was poured in five levels which took almost a month. The 67-foot height of the chapel is emphasized by narrow windows in abstract designs of gold, purple and green stained glass.

The only permanent fixture in the chapel is a modern gold crucifix. A movable altar provides flexibility for experimental as well as traditional forms of worship.

The oldest Protestant Church in the valley is the Seventh-day Adventist Church at Third and Gordon streets, Pomona. The

church, constructed in 1888 by the Methodists, contains a Swiss pipe organ which has been powered by hand, water and electricity.

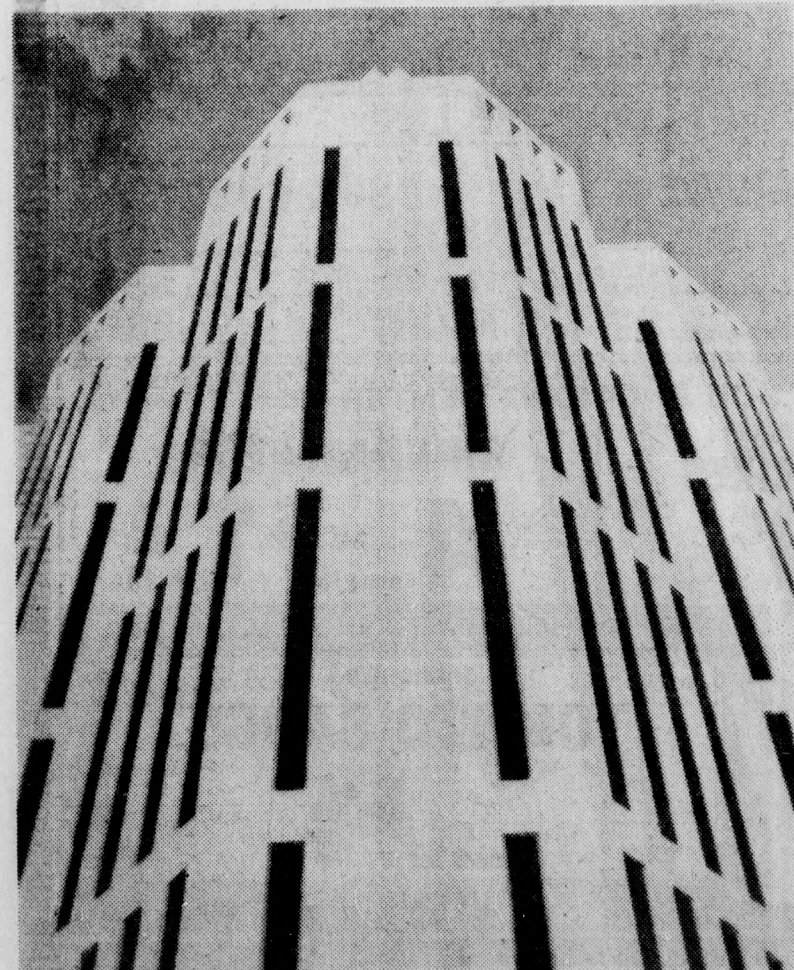
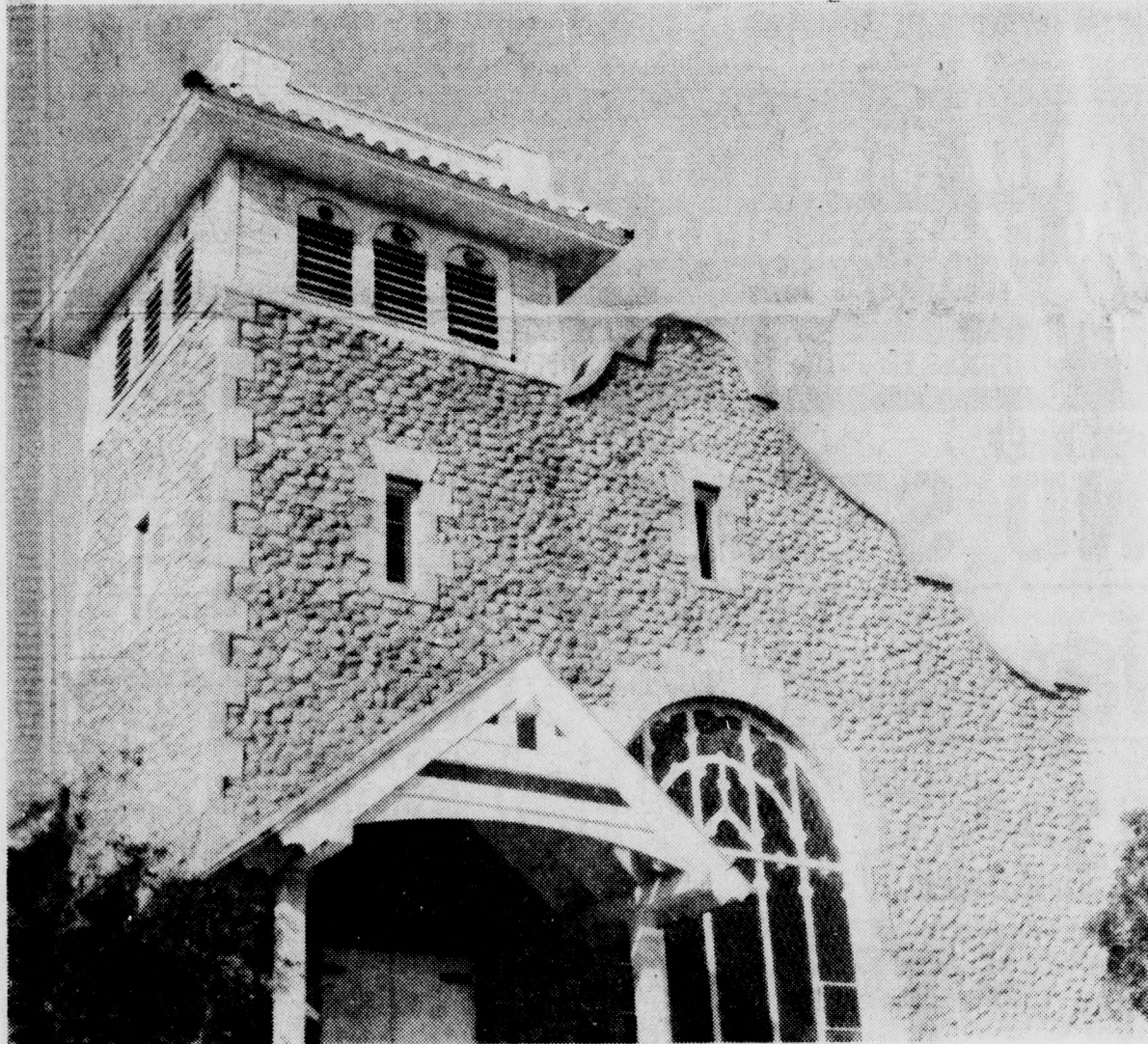
During the churches early years three people were needed to keep the organ working for recitals and services. It has been in use almost every week since it was installed in 1888.

The Seventh-day Adventists, presently under the leadership of elder Burton Boundey, purchased the white, wooden shingle church when two Methodist congregations merged in 1936.

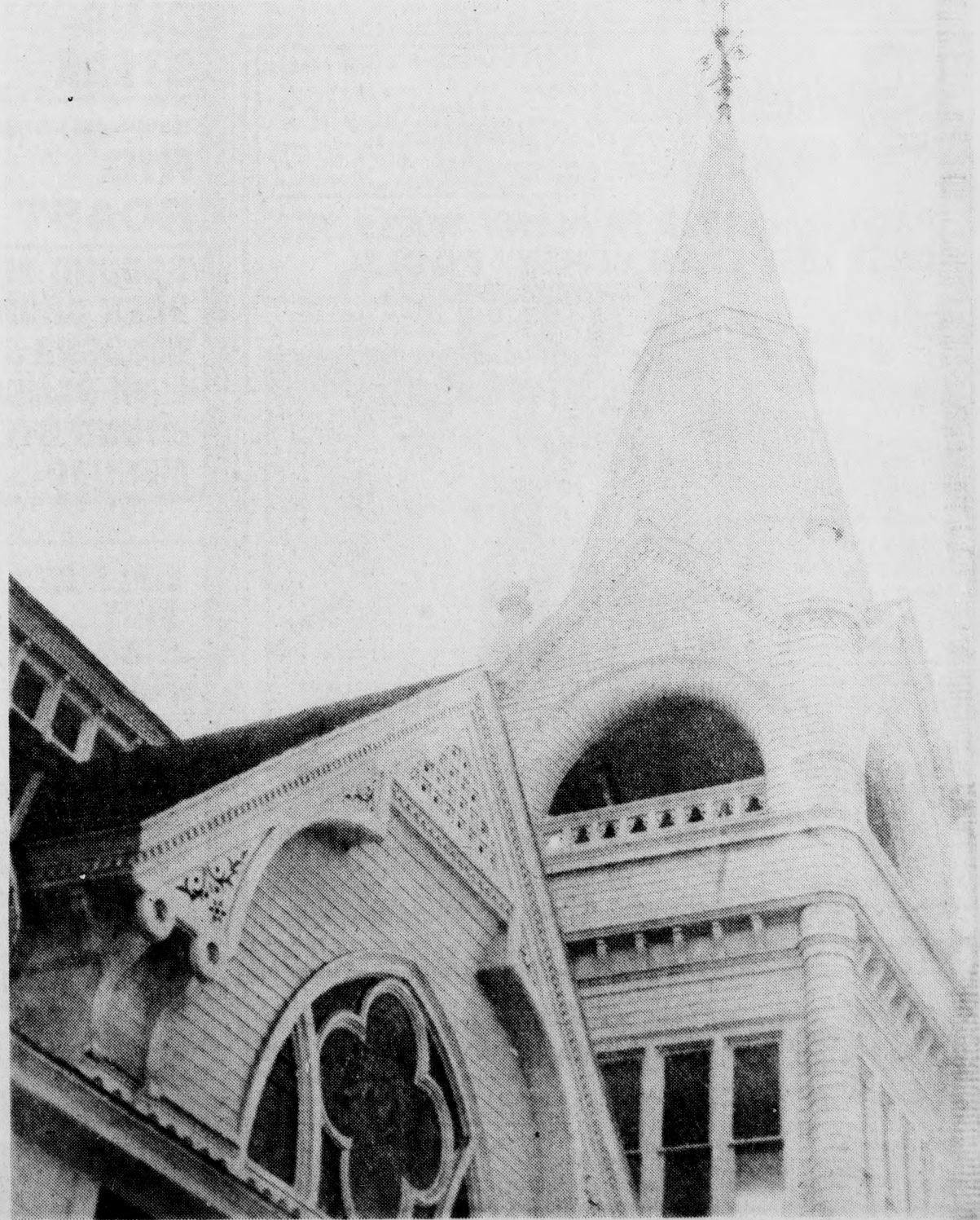
The La Verne Church of the Brethren, built in 1929 of reinforced concrete, is expected to last "100 years or more," according to newspaper clippings from the time.

Leland Wilson pastors the church which features a large stained glass "rose" window and a pierced metal screen depicting Biblical musical scenes such as the harpist David and angelic choirs.

The church, with its three-story tower and carillon of electronic bells, is the second church at 2425 E. St., La Verne. The first was a wooden church torn down in the early 1950s.



Members of the congregation gathered more than 330 wagonloads of local field stone for construction of the Cucamonga Community United Methodist Church (above). The church is built in the midwestern design with the altar in one corner and pews in a quarter circle around it. The Kresge Memorial Chapel (left) stands 67 feet tall in the center of the School of Theology at Claremont. The poured concrete chapel is highlighted by narrow windows in abstract designs of gold, purple and green glass. The white, wooden shingle Seventh-day Adventist Church (right) contains an 85-year-old organ powered in the past by people, water and then electricity. It is the oldest Protestant church in the valley and was lighted by gas during its days as a Methodist church.



Things to see and do

Chinese New Year activities, barbershop singing, fencing and speed skating championships are among the activities listed for today through Feb. 8 herein (subject to change without notice), as compiled by the Automobile Club of Southern California.

Of special interest are Desert Hot Springs' Annual Canada Day Celebration, Oceanside's Square Dance Jamboree and Woodland Hills' Youth Day Celebration.

BRAWLEY: U.S. Armed Forces Bicentennial Caravan; 10 a.m. to 4 p.m. at Brawley Plaza, on Main Street, Sunday (admission free).

BURBANK: American Revolution Document Exhibit; 10 a.m. to 4:30 p.m. at the Hall of Liberty Museum, Forest Lawn-Hollywood Hills, through Feb. 16 (admission free).

Southern California Speed Skating Championships; 6 p.m. at the Pickwick Skating Arena, 1001 Riverside Drive, Feb. 8 (paid admission).

CALIPATRIA (Imperial County): U.S. Armed Forces Bicentennial Caravan; noon to 6 p.m., at 123 W. Main St., Monday (admission free).

DESERT HOT SPRINGS: Annual Canada Day Celebration, including band concerts, a picnic lunch and a performance by the Canadian Legion Drill Team; 11 a.m., at Wardman

Park, Eighth St. and Cactus Drive., Sunday (free grounds admission).

EL CENTRO: U.S. Armed Forces Bicentennial Caravan; 10 a.m. to 8 p.m., in front of the Court House, Saturday (admission free).

FULLERTON: "Concord, America's Home Town," a slide-lecture; 7:30 p.m. at the Public Library, 353 W. Commonwealth, Friday (admission free).

HOLTVILLE: U.S. Armed Forces Bicentennial Caravan; 11 a.m. to 5 p.m., on Pine Avenue, between Fourth and Fifth Streets, Tuesday (admission free).

INGLEWOOD: 17th annual Indoor Games; 7:30 p.m. at The Forum, Feb. 6 (paid admission).

The Lakers play Portland, Friday at 8 p.m. and Philadelphia, Sunday 7 p.m. — at The Forum.

LONG BEACH: All-Star Variety Show, headed by Frank Sinatra; 8:30 p.m. at the Long Beach Arena, Friday (paid admission—proceeds benefit the Long Beach Police Widows Fund).

LOS ANGELES: 53rd annual Greater Los Angeles Auto Show; various times, at the Sports Arena, through Sunday (paid admission).

20th annual Southern California Boat Show, including a marine lecture series, movie theater and latest boats manufactured; various times, at the Convention Center, this

Friday through Feb. 8 (paid admission).

Chinese New Year Celebration, including a carnival, street fair, stage entertainment, bonsai exhibit and a parade (8 p.m., north on Hill Street, from Ord Street, Friday); various times and places, Friday through Sunday (call 213-628-1828 for details).

Festival Aman '76, a teaching institute featuring ethnic dance demonstrations, singing and a panel discussion of folklore and costumes; various times, at the Croatian Hall, 11625 Budlong, Friday through Sunday (reservations desired—call 213-395-2025 for details).

"The Island Called Ellis," a documentary film; 2 p.m., at the Jean Delacour Auditorium, Natural History Museum, Exposition Park, Saturday (admission free, children under 15 must be accompanied by an adult).

OCEANSIDE: Square Dance Jamboree, featuring groups from San Diego and Orange counties; 8 a.m. to 11 p.m. (Feb. 7) and 8 a.m. to 6 p.m. (Feb. 8), at the Convention - Community Center, 400 N. The Strand (admission free—donations accepted).

POMONA: 16th annual Winternationals Championship Drag Races; various times at the Los Angeles County Fairgrounds, today

through Sunday (paid admission and pit passes — call 714-623-3111 for details).

REDONDO BEACH: Annual Mississippi Madness Barbershop Harmony Show; 8 p.m., in the Aviation High School Auditorium, Manhattan Beach Blvd. at Aviation, Saturday (paid admission).

RIVERSIDE: Regional Sports Car Races, including practice and qualifying races; various times, at Riverside International Raceway, Saturday and Sunday (paid admission and pit passes).

SAN DIEGO: "San Diego 50 Years Ago"; 10 a.m. to 5 p.m. Tuesdays through Saturdays and 12:30-5 p.m. (Sundays), at the Fine Arts Gallery, Plaza de Panama, Balboa Park, through Feb. 29 (admission free).

Biennial San Diego to Manzanillo Yacht Race; noon, best viewing points near Cabrillo National Monument, at the southern end of Pt. Loma (free spectator admission).

The Mariners play Calgary, today, Cleveland, Saturday; Minnesota, Wednesday and Cleveland, Feb. 5, all at 7:30 p.m. — at the Sports Arena.

SAN MARINO: "18th Century Marriage—As the Wives Saw It," a reading by two women; 1:30 and 2:30 p.m., in the Seminar Room, Huntington Library, Feb. 7 (admission free).

VAN NUYS: 1976 Los Angeles Municipal Games' Fencing Championships; 9:30 a.m. to 8 p.m., at Los Angeles Valley College, 5800 Fulton Ave., Sunday (free spectator admission).

WESTWOOD: Royal Shakespeare Company; 8 p.m. Monday and Tuesday and 8:30 p.m. (Feb. 5), at Schoenberg Hall and Royce Hall, respectively, University of California at Los Angeles (paid admission).



NOSE TO NOSE — Llamas gather to pose for a photographer during Magic Mountain Animal Chatter show, featured five times daily. Instead of watching animals do tricks park visitors are

introduced to a wide variety of unusual animals and told of their backgrounds, eating habits and behavior.

Bicentennial classroom

Disneyland teaching kids

Disneyland has been turned into a classroom for the nation's bicentennial, teaching an appreciation of America and its heritage to 100,000 grade school children.

This Bicentennial School Program was initiated by the Park last September and is scheduled to run through mid-May. Close to 1,000 youngsters, daily, are visiting Disneyland Wednesdays through Fridays to take part in this unique learning experience.

Participating schools were selected from responses to letters sent to superintendents of 27 school districts surrounding the Park.

overwhelming that currently 150 schools, totaling more than 50,000 students, are on a waiting list to partake in this patriotic adventure.

Six of the "kingdom's" attractions make up the program's subject matter: "Great Moments with Mr. Lincoln," to emphasize the rights and responsibilities of being an American; "It's a Small World," to develop an understanding of the ethnic groups which make up the nation; and "America Sings," because it teaches children the important role of music in the traditions of our country.

The response was so

"America the Beautiful," to show differences in the country's geography and people's life-styles; the "Columbia" sailing ship or "Mark Twain" steamboat, to let children experience what times were like early in our nation's history; and "America on Parade," which gives each student an opportunity to see, in an entertaining fashion, the United States' many achievements over two centuries.

Well in advance of each school's visit, a comprehensive study guide is mailed to participating teachers so that they may prepare their classes for the Park, as well as have

lesson plan material available to use before and after their visits.

Developed by the Walt Disney Educational Media Company and a select group of Orange County educators, the study guide provides background and historical information on each of the six attractions, as well as instructional ideas on classroom activities which can be conducted.

Following the visit, Disneyland sends participating teachers diplomas for distribution to each student, showing that they have graduated from the Park's Bicentennial Program.



Renee Sparks as Becky Thatcher enjoys a scene with Frank Minano as Tom Sawyer in the Peanut Gallery production of "Tom Sawyer" currently playing each Saturday at 1 p.m. at the Gallery Theatre, corner C Street and

Lemon Avenue, Ontario. Tickets are available at the box office prior to the show. "Barefoot in the Park" is performed every Friday and Saturday evening at the theater.

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New regional transportation plan considered

SCAG schedules hearing

The Southern California Association of Governments (SCAG) will hold a public hearing on its 1976 Draft Regional Transportation Plan 1:30 p.m. and 7:30 p.m. today in the Los Angeles Department of Water and Power Auditorium.

The public hearing — a formal chance for Southland residents to offer their input for the current year's plan — follows a series of six public forums held in Los Angeles, Orange, Ventura, Riverside, San Bernardino and Imperial counties over the past three weeks.

Public pressure — either for or against a proposed measure — can be terribly influential, noted Los Angeles County Supervisor James Hayes, president of SCAG. "While the planners can deal with studies, computer printouts and a lot of professional input, it is still up to the people of the region to come back to us and say 'Hey! That just won't work' or 'That might be a good idea, but only if X is done first.'"

To date, the influence of citizen comments has been valuable, according to William O. Ackermann, SCAG director of transportation planning.

"At one point, SCAG was considering a series of major disincentives affecting auto ownership in the quest for cleaner air," he said. "Instead of taxing the newest cars the most, and the oldest the least, the

maximum tax would be on the older, 'dirtier' cars, with a rebate arrangement for low-income people.

"This stirred up a major donnybrook because of the fear of regressive taxation. While planners are convinced that older cars play a major role in terms of auto emission pollutants, public response convinced us that we are going to have to find another way to deal with this problem."

Although citizen reaction may be either pro or con, there have been areas where the call for suggestions and recommendations has resulted in some major new programs.

"Take the issue of transportation for the handicapped," said Ackermann. "This need — and it is a crying need in an area so geographically scattered as Southern California — was brought to our attention at one of the public forums last year.

"Since then, we have developed a policy on providing transit for the handicapped. A proposal in the draft plan calls for each transit operator to commit to providing such service. Otherwise, they may not be eligible for federal transportation funds."

Underscoring this increased concern, Ackermann noted that the Department of Water and Power facility was selected for the public hearings, as it provides easy access for the handicapped.

The new SCAG plan, an updated and refined version of the 1975 plan, calls for intensified efforts at all levels of government to "get more for less," according to Hayes.

"While we want to encourage more useful and efficient modes of transportation at all levels, this goal is only part of the overall picture," he said. "We are also concerned with aspects such as land use, air quality, energy conservation, accessibil-

ity/mobility and a host of other considerations in developing the best plan."

The Regional Transportation Plan being considered recommends strategies to reduce both vehicle miles traveled and to reduce automotive emissions. Following earlier plans, SCAG recommends increased management of commuting channels by highlighting computer-match carpool systems, using preferential freeway lanes for buses and

carpools and continuing ramp metering. SCAG is also considering a mandatory vehicle inspection and maintenance program.

While the state is experiencing a slowdown in highway construction, the draft plan calls for a rethinking of the purpose of the state highway program. The draft plan also seeks assurance that there will be enough money to maintain the highway system and supports limited construction pending a report evaluating highway proposals from Caltrans.

One recommendation calls for more flexible use of transportation funds, so that gas tax revenues are not restricted or limited to specific uses, but are available to fund a great variety of programs within the SCAG region. Another proposal calls for the addition of more than 2,000 buses over the next five years. In recognition of the increasing demand for local transit services, SCAG supports the upgrading of local bus service.

SCAG is the planning and coordinating agency which deals with regional issues such as growth and transportation in the six-county area. While the public hearing itself will be held tonight, hearing record will be open to written comments until Feb. 9. Such comments should be sent to SCAG Hearing, Suite 1000, 600 S. Commonwealth, Los Angeles, CA 90005.

Over \$637,800 pledged by GTE

General Telephone Company of California has pledged more than \$637,800 during the company's recent 1975-76 AID-United Givers campaign, a two per cent increase over the previous year, spokesmen for the utility said today.

The telephone company and the Communications Workers of America annually appeal to the utility's employees for contributions to AID, an association of donors that provides key support to most of Southern California's major health, youth and welfare organizations.

Employee pledges for the current year totaled \$582,867.20. Added to that figure was the General Telephone Company's annual corporate gift of \$55,000.

In the company's Eastern Area operation, headquartered in Pomona and serving many communities in the San Gabriel and Pomona Valley, San Bernardino, Redlands and Palm Springs areas, total employee contributions were \$161,120 with 78 per cent of the area's 4,547 employees contributing.

Company-wide results show that of the 17,533 employees of General of California, 76 per cent made either pledges or cash contributions to AID.

Now in its sixth year as a member chapter of AID-United Givers, General Telephone and its employees have contributed more than \$2.5 million to bona fide charitable organizations.



SCAG HEARING — Gale Williams, Los Angeles chapter representative of the California Association of Physically Handicapped, testifies at a 1975 public hearing sponsored by the Southern California Association of Governments (SCAG). According to 1974 statistics more than 1.7 million physically handicapped persons

live in the six-county SCAG region and the 1976 Draft Regional Transportation Plan calls for increased facilities for the handicapped. A public hearing for the new plan is scheduled for 7:30 p.m. tonight at the Los Angeles Department of Water and Power Auditorium.

Mayor enters race

Covina Mayor Louis Brutocao has formally announced his candidacy for the Republican nomination to the Congressional seat in the 35th Congressional District.

"The problems we face in America today must be solved at the city and community level," he said. "I respect the intelligence and problem solving ability of interested and involved citizens. We are all tired of federal bureaucrats who

don't know the difference between the plight of the small businessman in Covina and the unemployed worker in Pomona...who don't know the difference between West Covina and Upland

Pomona-West End VNA

Elections held, '76 plans listed

Ernest Payne of Ontario, re-elected president of the Visiting Nurse Association (VNA) of Pomona-West end, has announced the home health care agency is continuing its care for Medi-Care and Medical patients in the valley.

Payne, retired assistant superintendent of the Chaffey Union High School, said the VNA now has a staff of 53, including 25 part-time homemakers, and an annual budget of \$340,000.

Re-elected to serve as officers on the board of directors for 1976 with Payne are: Betty Townsend, vice president; and Vonne Robertson, secretary.

New members elected to the board for three-year terms are Joe Alcalá of Pomona, program manager at General Dynamics; Mike Milhiser, assistant city administrator, City of Montclair; Frank Kessler of Claremont; Reuben Franks, Ontario accountant; and Millie Arnett, director of nursing at Ontario Community Hospital.

The VNA is licensed by the state Department of Health and certificated to administer care to Medi-Cal, Medicare, patients under insurance program and private-pay patients, Payne said.

The agency is directed by Jane Hull, R.N., who said VNA has contracts for continued care in the home after patients are discharged from City of Hope Medical Center in Duarte, Kaiser Foundation Hospital in Fontana and USC-Los Angeles County Hospital.

"In addition, we are a referral service for patient care with Loma Linda University Hospital, UCLA Medical Center and all local community hospitals," Mrs. Hull added.

"At this time, when patients are being released from the hospitals earlier than normal, we are a vital part of continued care," the director said.

"The VNA nursing care programs all are under the supervision of the patients'

doctors," Mrs. Hull continued. "If the family will call the agency, we will contact the physician for his specific direction."

Nursing services offered by the VNA include registered nurse and licensed vocation nursing care, home health aides, physical therapists and a medical social worker.

In addition to the nursing services which have been the backbone of the agency since it was established more than 20 years ago, the VNA now provides homemakers.

Homemakers are men and women trained to assist in the home in almost any capacity. They work under the supervision of a director and will prepare meals, do light housecleaning, run errands, shop, take patients to doctors, babysit or do routine care of a person who is ill or shut-in.

All homemakers employed by the agency are covered by insurance and have received physical examinations and X-rays as a requirement for the job.

"At present, government funding is available for nursing services, but none can be obtained for custodial care," Mrs. Hull said.

"In this time of medical crisis, we like to think of the agency as a troubleshooter," Payne said. "If the VNA cannot assist the patient, the agency will know what help is available in the valley."

The Visiting Nurse Association of Pomona-West End, 5156 Holt Blvd., Montclair, serves the east part of Los Angeles County and in the west portion of San Bernardino County as far east as Etiwanda.

The office is open Monday through Friday from 8 a.m. to 4:30 p.m. and on weekends by appointments.

Persons interested in nursing care are asked to call 624-3574 for information. The phone number for homemakers service is 621-3961.

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Raisins supply high energy levels



End of the Trail Raisin Peanut Butter Bread is great for hungry skiers, but it's also good for anyone with a hearty appetite. The Olym-

pic skiers will probably be having some of this bread during the competitions as it is energy food.

Members of the United States Ski Team's cross-country squad know that rigorous training and careful body maintenance are the best equipment for competition, and that good nutrition is an integral part of both. Skiers watch their diet very carefully, striving to maintain their energy levels through well-balanced meals and snacks. More and more families

are enjoying cross-country skiing as a recreational activity. Ski touring enables families to exercise amid spectacular surroundings. Good nutrition should also be of utmost importance to the recreational skier. Just like competitive athletes, recreational skiers must maintain their body fluids and energy levels.

This End of The Trail

Raisin Peanut Butter Bread is one snack that your family will love. Raisins, carrots, peanut butter and molasses make for a moist bread that is filling and nutritious. It can be pre-sliced, individually wrapped, and, with hot cider or soup, it will be just what you need for a quick pick-up. The U.S. Ski Team skiers loved this bread, and your family will too.

1/2 teaspoon salt
1/2 teaspoon cinnamon
1 cup whole wheat flour
In mixing bowl cream together peanut butter, brown sugar, molasses and eggs. Put carrots and water in blender. Whirl on high speed until mushy. Measure 1 cup pureed carrots. Stir into creamed mixture, along with raisins. Sift flour, baking soda, salt and cinnamon. Stir into batter with whole wheat flour. Mix only until blended. Spread in greased 9 x 5 x 3-inch loaf pan. Bake in preheated 325 degree oven 1 hour or until toothpick comes out clean. Cool in pan 10 minutes; then remove and cool on rack. Cut when cold. Makes 1 loaf.
Note: 1 cup applesauce can be substituted for carrot/water mixture.

Colonial food was hearty

Bounteous eating in Colonial days
The luscious fragrance that rose from Colonial kitchens is a memory that modern folk only read about. You can almost smell the mingling aromas today as you scan the carefully researched book "The Thirteen Colonies Cookbook," written by four women about the choice edibles from each of the original thirteen colonies.

The book was written by Mary Donovan, Amy Hatrak, Frances Mills and Elizabeth Shul. (Praeger, \$10)
A statement of Washington's household expenses during three months of the year 1789 may be taken to show the dishes which appeared on the tables of that day. Among its items were butcher's meat, bacon, tongue, geese, ducks, turkeys, chickens, birds, scale fish, lobsters, crabs, oysters, cured fish, eggs, cheese, bread, biscuit, cake, vegetables, butter, ice cream, preserves, fruit, melons, nuts, citrons and honey.

The wine list included Madeira, Claret, Champagne, cherry, arrack, spirits, brandy, cordials, porter, beer and cider. Among these, the item for Madeira was the largest, that for beer being next in amount. The teas which he used were hyson and bohea, the expenditure for both of them being less than that for coffee.

Another example is the Fourth of July reception at the Executive Mansion in Philadelphia:

On July 4, 1776 John Adams said to his wife Abigail, "This day will be celebrated by succeeding generations as the great anniversary festival. It ought to be solemnized with pomp and parade, with shows, games, sports, guns, bells, bonfires, and illuminations from one end of the continent to the other, from this time forward forevermore."

The food served was:
Currant Pound Cake - Massachusetts
Hickory Cake - Pennsylvania
Citron Tarts - North Carolina
Carrot Tea Cake - New Jersey
Soft Molasses Cakes - Connecticut
Old Portsmouth Orange

'Cake' in German

Try Muffin Kuchen

Kuchen is literally defined as "cake" in German, but to many it means coffee cake and is served as part of breakfast, especially on weekends.

Kuchen dough, which is made with yeast, is neither too sweet nor rich and is served with numerous toppings of every description. One of the most popular of these is fruit with a sprinkling of sugar, nuts, coconut, or the like over all.

Like the basic recipe for kuchen dough, English muffins are made with yeast and because of their non-sweet characteristic provide an excellent background for their toppings.

Muffin Kuchen
Each makes 6 servings
Pineapple
2 tablespoons butter or margarine
1/4 cup light brown sugar
1/2 cup coconut
3 sour dough English muffins
1 1-pound can crushed pineapple

Soften butter or margarine; blend in brown sugar and add coconut. Refrigerate until ready to use. Preheat oven at 350° F. Have sour dough English muffins; place split side up on cookie sheet and bake for 5 minutes. Drain pineapple well; spoon on muffin halves and cover with topping mixture. Bake for an additional 5 minutes or until browned. Serve.

Apricot Muffin Kuchen
2 tablespoons butter or margarine
2 tablespoons honey
2 tablespoons confectioners sugar
1/4 cup chopped pecans
3 sour dough English muffins
1 1-pound can apricot halves

Soften butter or margarine; blend in honey and sugar. Add pecans. Preheat oven at 350° F. Have sour dough English muffins; place split side up on cookie sheet and bake for 5 minutes. Place about 3 apricots on each muffin half and spoon on topping mixture. Bake an additional

5 minutes or until lightly browned. Serve.

Banana Muffin Kuchen
2-3 bananas
2 tablespoons orange juice
2 tablespoons butter or margarine
1/2 teaspoon grated orange rind
2 teaspoons sugar
1 tablespoon chopped walnuts
3 sour dough English muffins

Slice bananas and marinate in orange juice overnight in refrigerator. Soften butter or margarine; blend in orange rind and sugar. Add walnuts. Refrigerate until ready to use. Preheat oven at 350° F. Have sour dough English muffins; place split side up on cookie sheet and bake for 5 minutes. Place sliced bananas on muffin halves and spoon topping mixture over fruit. Bake for an additional 5 minutes or until lightly browned. Serve.

Chili makes burgers

In any poll of food favorites, chili, we suspect, would be among the top favorites. We usually think of it as an economical family dish, but it lends itself to so many welcome variations that perfecting a really great one can establish your reputation as a cook.

In the following recipe, ground beef is first browned with onion, green pepper and seasonings. Then it's heated with tomato sauce, corn, kidney beans and stuffed olives. Served open-face, sandwich-style on toasted English muffins, it takes on a new look as well as a flavor change.

English Chiliburgers
1 pound ground beef
1 small onion, chopped

1/3 cup sliced green pepper
1/2 teaspoon chili powder
1/2 teaspoon salt
1/2 teaspoon garlic salt
1 can (16 ounces) tomato sauce
1 can (16 ounces) kidney beans, drained
1 can (8 ounces) whole kernel corn, drained
1/4 cup sliced green olives
6 English muffins, split and toasted

Brown beef in large skillet. Stir in onion and green pepper. Season with chili powder, salt, and garlic salt. Cook several minutes until vegetables are tender. Stir in tomato sauce, kidney beans, corn, and olives. Cook until heated, stirring occasionally.

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PUBLIC NOTICE

FICTITIOUS BUSINESS NAME STATEMENT

The following persons are doing business as:

THE BRASS HOUSE, 7910
Armetyst St., Cucamonga, CA 91730

Frank E. Crum Jr., 7910
Armetyst St., Cucamonga, CA 91730

This business is conducted by husband & wife.

/s/ FRANK E. CRUM JR.

This statement was filed with the County Clerk of San Bernardino County on January 12, 1976.

File No. FBN 1474

EXPIRES Dec. 31, 1981

Cucamonga Times 2086

Published: Jan. 22, 29, Feb. 5, 12, 1976

CITY OF MONTCLAIR NOTICE OF PUBLIC HEARING

PERMIT NUMBER 371

NOTICE IS HEREBY GIVEN that a public hearing will be held before the Montclair City Planning Commission on Monday, February 9, 1976, at 7:30 p.m. in the Council Chambers of City Hall, 5111 Benito Street, Montclair, California, concerning a request for a building addition at Sleep Craft located at 4911 Holt Boulevard. Legal Description as follows:

AMENDED MAP OF A PART OF MONTE VISTA TR COM AT INTERSECTION S L HOLT AVE AND W L LOTT 2 BLK 28 TH S 144 FT TH E 185 FT TH N 144 FT TO S L HOLT AVE TH W TO POB EX PTN IN MONTE VISTA ST.

Any person interested in the above proceeding may appear at the time and place indicated above and testify in favor of or in opposition to the proposed conditional use permit. All pertinent data may be inspected at the office of the Director of Community Development, any time prior to the public hearing. For further information, please contact Mr. Fredric Alley at 626-8571.

Dated this 26th day of January 1976.

MONTCLAIR CITY PLANNING COMMISSION
Montclair Tribune 3028
Published: Jan. 29, 1976

NOTICE OF TRUSTEE'S SALE

T.S. No. 75-1913

On Tuesday, February 10, 1976, at 11:00 A.M., LOWELL, SMITH - EVERS, INC. OF CALIFORNIA as duly appointed Trustee under and pursuant to Deed of Trust recorded December 14, 1961, as inst. No. 52, in Book 5609, page 519, of Official Records in the office of the County Recorder of San Bernardino County, State of California, will sell at public auction to HIGHEST BIDDER FOR CASH (payable at time of sale in lawful money of the United States) at the FRONT ENTRANCE OF THE TITLE INSURANCE AND TRUST COMPANY BUILDING AT 340 FORT STREET, SAN BERNARDINO, CALIFORNIA, all right, title and interest conveyed to and now held by it under said Deed of Trust in the property situated in said County and State described as:

Lot 111, Tract No. 4665, in the City of Montclair, County of San Bernardino, State of California, as per plat recorded in Book 57 of Maps, pages 77 to 82 inclusive, records of said county.

The street address and other common designation, if any, of the real property described above is purported to be: 4655 Flora Street, Montclair, California.

The undersigned Trustee disclaims any liability for any incorrectness of the street address and other common designation, if any, shown herein.

Said sale will be made, but without covenant or warranty, express or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by said Deed of Trust, to-wit: \$7,623.29, with interest thereon, as provided in said note(s), advances, if any, under the terms of said Deed of Trust, fees, charges and expenses of said Deed of Trust, and of the trustee created by said Deed of Trust.

The beneficiary under said Deed of Trust heretofore executed and delivered to the undersigned a written Declaration of Default and Demand for Sale, and a written Notice of Default and Election to Sell. The undersigned caused said Notice of Default and Election to Sell to be recorded in the county where the real property is located.

Dated: January 8, 1976

LOWELL, SMITH & EVERS, INC.
as said Trustee.

By: Mitchell
Authorized Signature
Montclair Tribune 3022
Published: January 15, 22, and 29, 1976

LEGAL NOTICE

The Upland School District today announced an amended eligibility scale for reduced price meals for children unable to pay the full price of meals in schools under the National School Lunch Program.

Due to unemployment, conditions for each family may make your family eligible to apply for free and reduced price meals. If at any time the family income falls within the eligibility criteria due to unemployment they are eligible to apply for free or reduced price meals.

Local school officials have adopted the following family size criteria for use in determining eligibility.

Children from families with a monthly gross income from all sources at or below the following levels shall be eligible for reduced price meals.

FAMILY SIZE	MONTHLY GROSS INCOME
(1)	\$270 to \$419
2	354 to 551
3	439 to 683
4	523 to 814
5	607 to 994
6	677 to 1055
7	747 to 1164
8	817 to 1272

Add \$88 for each additional family member.

(1) Family size of one means a pupil who is his sole support. A foster child may be considered a family of one.

Families not meeting this criteria but with unusual expenses due to unusually high medical expenses, shelter costs in excess of 30% of income, special education expenses due to mental or physical condition of a child, and disaster & casualty losses are urged to apply.

They may do so by filing in the application forms that are available at the principal's office in each school. The information will be confidential and will be used only in determining eligibility. Applications may be submitted anytime during the school year.

In certain cases foster children are also eligible for these benefits. If a family has such child or children living with them and wish to apply for reduced price meal for 20%, they should contact the school.

In the operation of child feeding program, no child will be discriminated against because of race, sex, color or national origin.

Under the provision of the policy the Director of Food Service will review applications and determine eligibility.

If a parent is dissatisfied with the ruling of the officials he may make a request either orally or in writing to the principal of the school where the child attends for a hearing to appeal the decision.

Hearing procedures are outlined in the policy. A complete copy of the policy is on file in each school and in the district office of the Upland School District, 904 West Ninth Street, where it may be reviewed by any interested party.

Dated: Jan. 26, 1976

/s/ EDITH TALLYN
Director of Food Services

Upland News 5243
Published: Jan. 29, 1976

PUBLIC NOTICE

FICTITIOUS BUSINESS NAME STATEMENT

The following person is doing business as:

DAN'S TV & RADIO LAB, 1397 E.
Foothill Blvd., Upland, 91786

Charles Daniel DeSalvo, 1217 W.
13th, Upland, Calif. 91786

This business is conducted by an individual.

/s/ C. DANIEL DESALVO

This statement was filed with the County Clerk of San Bernardino County on Jan. 15, 1976.

File No. FBN 14790

Expires Dec. 31, 1981

Upland News 5238

Published: Jan. 22, 29, Feb. 5, 12, 1976

NOTICE OF HEARING

NOTICE IS HEREBY GIVEN that the Board of Supervisors of the County of San Bernardino has scheduled the Date of MONDAY, FEBRUARY 9, 1976 AT 3:00 P.M. to consider a Board initiated proposal for an Interim M-T Zone for the area described as follows:

Bounded by 8th Street, Vineyard, Flood Control Channel on the west and Ontario County Limits on the south in the Cucamonga area.

SAID HEARING will be held in the Chambers of the Board of Supervisors, in the County Civic Building, Second Floor, 175 West Fifth Street, San Bernardino, California, when and where all interested persons may appear and be heard.

BOARD OF SUPERVISORS OF SAN BERNARDINO COUNTY
Leona Rapoport
Clerk of the Board
By Esther Hockenbraugh
Deputy Clerk

Clerk, Board of Supervisors
175 West Fifth Street
San Bernardino, CA 92415
Telephone: 383-1918
Cucamonga Times 2089
Published: Jan. 29, 1976

NOTICE OF TRUSTEE'S SALE

No. F-45,344

On the 20th day of February, 1976, at 11:00 A.M., at the west entrance of the County Courthouse located at 351 North Arrowhead, City of San Bernardino, County of San Bernardino, State of California, BANK OF AMERICA NATIONAL TRUST AND SAVINGS ASSOCIATION, as Trustee under Deed of Trust dated October 18th, 1971, executed by JOHN W. CHUNG and AMALIA CHUNG, husband and wife, and recorded on November 2nd, 1971, in Book 7786, Doc. 119, Page 928, of Official Records of County of San Bernardino, California, given to secure an indebtedness in favor of MARKET LAND CO. INC., a corporation and assigned to FREDERIC S. CANTRELL, Trustee under Trust Agreement dated January 15, 1973, by reason of the breach of certain obligations secured thereby, notice of which was recorded on October 24th, 1975, in Book 8791, Doc. 33, Page 60, of Official Records of said San Bernardino County, will sell at public auction to the highest bidder for cash, payable in lawful money of the United States of America, at time of sale, without covenant or warranty, express or implied, as to title, possession or encumbrances, the interest conveyed to and now held by the said Trustee under said Deed of Trust, in and to the following described property, situated in the County of San Bernardino, State of California, to-wit: Lot 17 and 18, Block 3, Mountain View Addition, as per plot recorded in Book 8 of Maps, Page 99, records of said County, EXCEPTING THEREFROM the Easterly 150 feet lying North of the South 11 feet of Lot 18. Said property is also shown in Record of Survey, recorded June 3, 1965 in Book 23, Record of Surveys, Page 3.

The street address and other common designation if any, of the real property described above is purported to be: 549 North Mountain Avenue, Upland, California 91786. The undersigned Trustee disclaims any liability for any incorrectness of the street address and other common designation, if any, shown herein.

For the purpose of paying obligations secured by said Deed of Trust, including fees, charges, and expense of the Trustee, advances, if any, under the terms of said Deed of Trust and interest thereon, and \$55,574.71 in unpaid principal of the note secured by said Deed of Trust, with interest at 9% from January 1st, 1974 to date of sale.

Dated: January 27, 1976

BANK OF AMERICA NATIONAL TRUST AND SAVINGS ASSOCIATION,
as Trustee

By Dorothy Schick
Asst. Vice President
By Eileen A. Williams
Trust Administrator
Upland News 5241
Published: Jan. 29, Feb. 5, 12, 1976

LEGAL NOTICE

The undersigned Trustee disclaims any liability for any incorrectness of the street address and other common designation, if any, shown herein.

Said sale will be made, but without covenant or warranty, express or implied, regarding title, possession, or encumbrances, to satisfy the obligations secured by and pursuant to the power of sale conferred in and by a certain deed of trust executed by CLINTON W. BEARDSLEY and RUTH O. BEARDSLEY, husband and wife, as Trustor, to GOLDEN WEST FINANCIAL CORP., a corporation, as Trustee, and WORLD SAVINGS AND LOAN ASSOCIATION, a corporation, as Beneficiary, dated May 24th, 1972, and recorded in the office of the County Recorder of San Bernardino County, California, on July 25, 1972, in Book 7844, at Page 299, as Instrument No. 217, for the purpose of paying obligations secured by said Deed, including the remaining principal sum of \$14,155.33, interest, advances, if any, under the terms of said Deed, and fees, charges and expenses of the Trustee.

Notice of Default in said obligation and of election of beneficiary to sell or cause to be sold said real property was recorded in the office of said County Recorder on October 17, 1975, under Instrument No. 506 of said Official Records.

This notice is given in compliance with the demand heretofore made on the trustee by said WORLD SAVINGS AND LOAN ASSOCIATION.

Dated: January 20, 1976

GOLDEN WEST FINANCIAL CORPORATION,
a Delaware corporation,
formerly known as
Trans-World Financial Co.,
a Delaware corporation,
and successor by merger to
Golden West
Financial Corporation,
a California corporation,
Trustee

By Mildred Greenberg
Assistant Secretary
Montclair Tribune 3027
Published: Jan. 29, Feb. 5, 12, 1976

ORDINANCE NO. 490

AN ORDINANCE OF THE CITY COUNCIL OF THE CITY OF LA VERNE, COUNTY OF LOS ANGELES, STATE OF CALIFORNIA, AMENDING THE OFFICIAL ZONING MAP OF THE CITY OF LA VERNE ON THAT PROPERTY GENERALLY DESCRIBED AS BEING LOCATED AT THE WEST SIDE OF BRADFORD STREET APPROXIMATELY 150 FEET SOUTH OF AMHERST STREET.

The City Council of the City of La Verne DOES ORDAIN as follows:

Section 1. That the Official Zoning Map of the City of La Verne be revised by amending Ordinance No. 464 in the following particulars:

Beginning at the southwest corner of Lot 6, of E. T. Palmer's Subdivision as per map recorded in Book 60, Page 99 of Miscellaneous Records in the office of the County Recorder of Los Angeles County; thence north 472 feet along the west line of said Lot 6; thence west 630 feet to the east line of said Lot 6; thence south along said east line to the northerly line of land described in deed to Los Angeles County Flood Control District recorded October 9, 1967, as Instrument No. 2792 of Official Records; thence westerly along said northerly line to the south line of said Lot 6 to the point of beginning.

be and the same is hereby zoned P-R-3-D.

Section 2. That the city council of the City of La Verne hereby finds and determines that this Zone Change is in conformance with the General Plan and would better serve the property located in the area above described, considering the nature, use and proposed use of the adjacent property; that the public necessity, convenience, general welfare and good zoning practice dictate and support this Zone Change.

Section 3. The Mayor shall sign and the City Clerk shall certify to the Ordinance and shall cause the same to be published pursuant to the provisions of law in that regard and shall post in three places and this Ordinance shall take effect thirty days after its final passage.

APPROVED AND ADOPTED this 19th day of January, 1976.

MIKE M. MORALES
Mayor of the City of La Verne

ATTEST:
Ruth S. Hogan
City Clerk
State of California
County of Los Angeles

RUTH S. HOGAN
City Clerk of the City of La Verne
Date: Jan. 21, 1976
(Seal)
La Verne Leader 4872
Published: Jan. 29, 1976

NOTICE OF TRUSTEE'S SALE

T 15909

Notice is hereby given that on Wednesday, February 25th, 1976, at the hour of 10:00 A.M. at the Main entrance to the County Courthouse, in the City of San Bernardino, County of San Bernardino, State of California, GOLDEN WEST FINANCIAL CORPORATION, a Delaware corporation, formerly known as Trans-World Financial Co., a Delaware corporation and successor by merger to Golden West Financial Corporation, a California corporation, as Trustee, will sell at public auction for cash in lawful money of the United States of America, all payable at the time of sale, the following described real property, situated in the City of Montclair, County of San Bernardino, State of California:

Lot 30 of Tract 3851, as per plat recorded in Book 55 of Maps, Pages 78 and 79, Records of said County.

The street address and other common designation, if any, of the real property described above is purported to be: 5633 Granada Street, Montclair, Calif. 91763.

The undersigned Trustee disclaims any liability for any incorrectness of the street address and other common designation, if any, shown herein.

Said sale will be made without covenant or warranty regarding title, possession, or encumbrances, to satisfy the obligations secured by and pursuant to the power of sale conferred in and by a certain deed of trust executed by CLINTON W. BEARDSLEY and RUTH O. BEARDSLEY, husband and wife, as Trustor, to GOLDEN WEST FINANCIAL CORP., a corporation, as Trustee, and WORLD SAVINGS AND LOAN ASSOCIATION, a corporation, as Beneficiary, dated May 24th, 1972, and recorded in the office of the County Recorder of San Bernardino County, California, on July 25, 1972, in Book 7844, at Page 299, as Instrument No. 217, for the purpose of paying obligations secured by said Deed, including the remaining principal sum of \$14,155.33, interest, advances, if any, under the terms of said Deed, and fees, charges and expenses of the Trustee.

Notice of Default in said obligation and of election of beneficiary to sell or cause to be sold said real property was recorded in the office of said County Recorder on October 17, 1975, under Instrument No. 506 of said Official Records.

This notice is given in compliance with the demand heretofore made on the trustee by said WORLD SAVINGS AND LOAN ASSOCIATION.

Dated: January 20, 1976

GOLDEN WEST FINANCIAL CORPORATION,
a Delaware corporation,
formerly known as
Trans-World Financial Co.,
a Delaware corporation,
and successor by merger to
Golden West
Financial Corporation,
a California corporation,
Trustee

By Mildred Greenberg
Assistant Secretary
Montclair Tribune 3027
Published: Jan. 29, Feb. 5, 12, 1976

ORDINANCE NO. 1079

AN ORDINANCE OF THE CITY COUNCIL OF THE CITY OF UPLAND AMENDING THE UPLAND MUNICIPAL CODE TO INCREASE REMUNERATION OF THE CITY TREASURER.

The City Council of the City of Upland does hereby ordain as follows:

SECTION 1. Section 2330.1 of the Upland Municipal Code is hereby amended to read as follows:

"The City Treasurer of the City of Upland shall receive a salary of \$225 for each month during the term of his office payable monthly and this salary shall be whole compensation for all services of any kind rendered by him as City Treasurer."

SECTION 2. The Mayor shall sign this Ordinance and the City Clerk shall attest to the same, and the City Clerk shall cause the same to be published within fifteen (15) days after its passage, at least once in the Upland News, a newspaper of general circulation, published and circulated in the City of Upland.

/s/ Abner B. Haldeman
Mayor of the City of Upland

ATTEST:
/s/ Doreen K. Carpenter
City Clerk of the City of Upland
County of San Bernardino

Approved as to form:
/s/ Donald E. Maroney
City Attorney
Date: January 5, 1976
Upland News 5240
Published: Jan. 29, 1976

NOTICE OF TRUSTEE'S SALE

On Friday, February 20, 1976, at 10:30 A.M., ROBERT BERNSTEIN as duly appointed Trustee under and pursuant to the Deed of Trust recorded November 2, 1972, as Inst. No. 3246 in Book 7786, Pages 514-517, Official Records in the Office of the County Recorder of Los Angeles County, State of California, WILL SELL AT PUBLIC AUCTION TO HIGHEST BIDDER (payable at the time of sale in lawful money of the United States) at the entrance to the Fourth Floor of 10850 Wilshire Boulevard, Los Angeles, California, all right, title and interest conveyed to and now held by it under said Deed of Trust in the property situated in said County and State described as:

That portion of the East half of the Southeast quarter of the Southwest quarter of Section 2, Township 1 South, Range 9 West, in the Rancho addition to San Jose, in the City of San Dimas, in the County of Los Angeles, State of California, as per map recorded in Book 22, Page 21, et seq., of Miscellaneous Records, in the Office of the County Recorder of said County, described as follows:

Beginning at the intersection of a line that is parallel with and distant Westerly 50.00 feet, measured at right angles, from the Easterly line of said East half, with a line that is parallel with and distant Northerly 50.00 feet, measured at right angles, from the Southerly line of said East half, thence Northerly along said first mentioned parallel line, 333.00 feet to the true point of beginning; thence Westerly parallel with the Southerly line of said East half a distance of 103.00 feet; thence Southerly parallel with the Easterly line of said East half 58.00 feet; thence Westerly parallel with the Southerly line of said East half 230.00 feet; thence Northerly parallel with the Easterly line of said East half 150.00 feet; thence Westerly parallel with the Southerly line of said East half 230.00 feet to the Westerly line of said East half; thence Northerly along the Westerly line of said East half, thence Northerly along the Westerly line of said East half, 10 feet more or less, to the North line of the Southeast quarter of the Southeast quarter of the Southwest quarter of Section 2, Township 1 South, Range 9 West, in the Rancho addition to San Jose, in the City of San Dimas, in the County of Los Angeles, State of California, as per map recorded in Book 17, Page 82 of Maps in the Office of the County Recorder of said County, described as follows:

The following area in the unincorporated territory of the County which is now zoned as R-1.5 is hereby pre-zoned by the City of Upland to R-1.5 (Single Family Residential) - 10,000 sq. ft. minimum lot area / Zoning District, and this shall be the zoning assigned to the area when the area is annexed to the City. The area is more particularly described as follows:

Lots 1 and 2 of Block 4 of Revised Map of The Hurin Tract, State of California, as per map recorded in Book 17, Page 82 of Maps in the Office of the County Recorder of said County.

More generally described as 19.7 acres located on the East side of Wilson Avenue, with its North boundary on the alignment of an extension of 19th Street.

The City Council of the City of Upland does ordain as follows:

SECTION 1. The existing zones in the unincorporated territory of the County which are hereby pre-zoned in pursuance to Section 66589 of the Government Code of the State of California. Such zoning shall become immediately effective at the same time that the annexation of the properties so pre-zoned becomes effective.

The following area in the unincorporated territory of the County which is now zoned as R-1.5 is hereby pre-zoned by the City of Upland to R-1.5 (Single Family Residential) - 10,000 sq. ft. minimum lot area / Zoning District, and this shall be the zoning assigned to the area when the area is annexed to the City. The area is more particularly described as follows:

Lots 1 and 2 of Block 4 of Revised Map of The Hurin Tract, State of California, as per map recorded in Book 17, Page 82 of Maps in the Office of the County Recorder of said County.

More generally described as 19.7 acres located on the East side of Wilson Avenue, with its North boundary on the alignment of an extension of 19th Street.

SECTION 2. This Ordinance shall be signed by the Mayor, attested by the City Clerk, and published in the Upland News in pursuance to the requirements of the California Government Code.

/s/ ABNER B. HALDEMAN
Mayor of the City of Upland

ATTEST:
/s/ DOREEN K. CARPENTER
City Clerk of the City of Upland
County of San Bernardino

Approved as to form:
/s/ DONALD E. MARONEY
City Attorney
Date: Dec. 18, 1975
Upland News 5239
Published: Jan. 29, 1976

ORDINANCE NO. 1078

AN ORDINANCE OF THE CITY COUNCIL OF THE CITY OF UPLAND AMENDING THE COMPREHENSIVE ZONING MAP OF THE CITY OF UPLAND AS CONTAINED IN CHAPTER 1 OF ARTICLE IX OF THE UPLAND MUNICIPAL CODE PRE-ZONING CERTAIN UNINCORPORATED COUNTY TERRITORY FROM COUNTY R-1.5 ZONE TO PREZONE R-1-C IN AN AREA GENERALLY DESCRIBED AS 19.7 ACRES LOCATED ON THE EAST SIDE OF WILSON AVENUE, WITH ITS NORTH BOUNDARY ON THE ALIGNMENT OF AN EXTENSION OF 19TH STREET.

The City Council of the City of Upland does ordain as follows:

SECTION 1. The existing zones in the unincorporated territory of the County which are hereby pre-zoned in pursuance to Section 66589 of the Government Code of the State of California. Such zoning shall become immediately effective at the same time that the annexation of the properties so pre-zoned becomes effective.

The following area in the unincorporated territory of the County which is now zoned as R-1.5 is hereby pre-zoned by the City of Upland to R-1.5 (Single Family Residential) - 10,000 sq. ft. minimum lot area / Zoning District, and this shall be the zoning assigned to the area when the area is annexed to the City. The area is more particularly described as follows:

Lots 1 and 2 of Block 4 of Revised Map of The Hurin Tract, State of California, as per map recorded in Book 17, Page 82 of Maps in the Office of the County Recorder of said County.

More generally described as 19.7 acres located on the East side of Wilson Avenue, with its North boundary on the alignment of an extension of 19th Street.

SECTION 2. This Ordinance shall be signed by the Mayor, attested by the City Clerk, and published in the Upland News in pursuance to the requirements of the California Government Code.

/s/ ABNER B. HALDEMAN
Mayor of the City of Upland

ATTEST:
/s/ DOREEN K. CARPENTER
City Clerk of the City of Upland
County of San Bernardino

Approved as to form:
/s/ DONALD E. MARONEY
City Attorney
Date: Dec. 18, 1975
Upland News 5239
Published: Jan. 29, 1976

NOTICE OF TRUSTEE'S SALE

No. F-45,343

On the 20th day of February, 1976, at 11:00 A.M., at the west entrance of the County Courthouse located at 351 North Arrowhead, City of San Bernardino, County of San Bernardino, State of California, BANK OF AMERICA NATIONAL TRUST AND SAVINGS ASSOCIATION, as Trustee under Deed of Trust dated September 10th, 1971, executed by JOHN W. CHUNG and AMALIA CHUNG, husband and wife, and recorded on November 2nd, 1971, in Book 7786, Page 927, Doc. 118, of Official Records of County of San Bernardino, California, given to secure an indebtedness in favor of MARKET LAND CO. INC., a corporation and assigned to FREDERIC S. CANTRELL, Trustee under Trust Agreement dated January 15, 1973, by reason of the breach of certain obligations secured thereby, notice of which was recorded on October 24th, 1975, in Book 8791, Page 62, Doc. 35, of Official Records of said San Bernardino County, will sell at public auction to the highest bidder for cash, payable in lawful money of the United States, at time of sale, without covenant or warranty, express or implied, as to title, possession or encumbrances, the interest conveyed to and now held by the said Trustee under said Deed of Trust, in and to the following described property, situated in the County of San Bernardino, State of California, and bounded and described as follows:

All that real property in San Bernardino County, California, described as: The South half of the East half of Lot number 25, San Antonio Tract, Section 22, Township 1 South, Range 8 West, San Bernardino Meridian, as per plat recorded in Book 3, Page 16 of Maps, in the office of the County Recorder of said County, EXCEPTING therefrom the east 490 feet, also excepting the South 260 feet of the West 100 feet of the East 330 feet thereof; ALSO EXCEPTING therefrom portion conveyed to the State of California for highway purposes by deed recorded in Book 984, of Official Records, Page 313.

Therefore, Public Notice is hereby given that on Thursday, the 19th day of February A.D. 1976, at 10:30 a.m. of that day, in front of the North Door of the Court House, City and County of San Bernardino, I will sell all the right, title, interest and estate of the above named Judgment Debtors, in and to the above described property, or as much thereof as may be necessary to satisfy said judgment and execution, with all costs, to the highest and best bidder for cash, lawful money of the United States.

Dated this 16th day of January A.D. 1976

FRANK BLAND
Sheriff of the County of San Bernardino
By Gene Perez
Deputy Sheriff
D. Elmer Whitlock
505 Arrowhead Ave.
San Bernardino, CA 92401
Attorney for the Plaintiff
Cucamonga Times 2090
Published: Jan. 29, Feb. 5, 12, 1976

NOTICE OF TRUSTEE'S SALE

No. 153,821

NOTICE OF SALE OF REAL ESTATE UNDER EXECUTION

44306

S & M EQUIPMENT RENTALS & SALES, INC., Plaintiff

DASHCO, INC., Defendant

By virtue of an execution issued out of the Superior Court, County of San Bernardino, State of California, wherein S & M EQUIPMENT RENTALS & SALES, INC. Judgment creditor, obtained a judgment against DASHCO, INC., Lowell Engler and Mary L. Engler, and each of them Judgment Debtors, on the 27th day of November, 1974, for the sum of SIXTEEN THOUSAND FIVE HUNDRED EIGHTY-THREE and 92/100 Dollars, lawful money of the United States, besides costs and interest, I have levied upon all the right, title, claim and interest of said Judgment Debtors, DASHCO, INC., Lowell Engler and Mary L. Engler, and each of them, in and to the following described real property, situated, lying and being in the County of San Bernardino, State of California, and bounded and described as follows:

All that real property in San Bernardino County, California, described as: The South half of the East half of Lot number 25, San Antonio Tract, Section 22, Township 1 South, Range 8 West, San Bernardino Meridian, as per plat recorded in Book 3, Page 16 of Maps, in the office of the County Recorder of said County, EXCEPTING therefrom the east 490 feet, also excepting the South 260 feet of the West 100 feet of the East 330 feet thereof; ALSO EXCEPTING therefrom portion conveyed to the State of California for highway purposes by deed recorded in Book 984, of Official Records, Page 313.

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Dated this 16th day of January A.D. 1976

FRANK BLAND
Sheriff of the County of San Bernardino
By Gene Perez
Deputy Sheriff
JAMES R. CHRISTIANSEN
1218 State St., No. 802
Santa Barbara, CA 93101
Attorney for the Plaintiff
Montclair Tribune 3023
Published: Jan. 29, Feb. 5, 12, 1976

NOTICE OF TRUSTEE'S SALE

No. 153,821

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DASHCO, INC., Defendant

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All that real property in San Bernardino County, California, described as: The South half of the East half of Lot number 25, San Antonio Tract, Section 22, Township 1 South, Range 8 West, San Bernardino Meridian, as per plat recorded in Book 3, Page 16 of Maps, in the office of the County Recorder of said County, EXCEPTING therefrom the east 490 feet, also excepting the South 260 feet of the West 100 feet of the East 330 feet thereof; ALSO EXCEPTING therefrom portion conveyed to the State of California for highway purposes by deed recorded in Book 984, of Official Records, Page 313.

Therefore, Public Notice is hereby given that on Thursday, the 19th day of February A.D. 1976, at 10:30 a.m. of that day, in front of the North Door of the Court House, City and County of San Bernardino, I will sell all the right, title, interest and estate of the above named Judgment Debtors, in and to the above described property, or as much thereof as may be necessary to satisfy said judgment and execution, with all costs, to the highest and best bidder for cash, lawful money of the United States.

Dated this 16th day of January A.D. 1976

FRANK BLAND
Sheriff of the County of San Bernardino
By Gene Perez
Deputy Sheriff
JAMES R. CHRISTIANSEN
1218 State St., No. 802
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Attorney for the Plaintiff
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DASHCO, INC., Defendant

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All that real property in San Bernardino County, California, described as: The South half of the East half of Lot number 25, San Antonio Tract, Section 22, Township 1 South, Range 8 West, San Bernardino Meridian, as per plat recorded in Book 3, Page 16 of Maps, in the office of the County Recorder of said County, EXCEPTING therefrom the east 490 feet, also excepting the South 260 feet of the West 100 feet of the East 330 feet thereof; ALSO EXCEPTING therefrom portion conveyed to the State of California for highway purposes by deed recorded in Book 984, of Official Records, Page 313.

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Dated this 16th day of January A.D. 1976

FRANK BLAND
Sheriff of the County of San Bernardino
By Gene Perez
Deputy Sheriff
JAMES R. CHRISTIANSEN
1218 State St., No. 802
Santa Barbara, CA 93101
Attorney for the Plaintiff
Montclair Tribune 3023
Published: Jan. 29, Feb. 5, 12, 1976

NOTICE OF TRUSTEE'S SALE

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NOTICE OF SALE OF REAL ESTATE UNDER EXECUTION

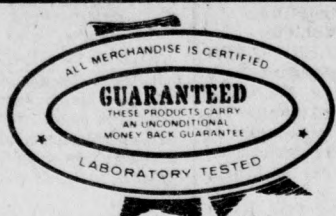
44306

S & M EQUIPMENT RENTALS & SALES, INC., Plaintiff

DASHCO, INC., Defendant

By virtue of an execution issued out of the Superior Court, County of San Bernardino, State of California, wherein S & M EQUIPMENT RENTALS & SALES, INC. Judgment creditor, obtained a judgment against DASHCO, INC., Lowell Engler and Mary L. Engler, and each of them Judgment Debtors, on the 27th day of November, 1974, for the sum of SIXTEEN THOUSAND FIVE HUNDRED EIGHTY-THREE and 92/100 Dollars, lawful money of the United States, besides costs and interest, I have levied upon all the right, title, claim and interest of said Judgment Debtors, DASHCO, INC., Lowell Engler and Mary L. Engler, and each of them, in and to the following described real property, situated, lying and being in the County of San Bernardino, State of California, and bounded and described as follows:

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ROOF COATINGS
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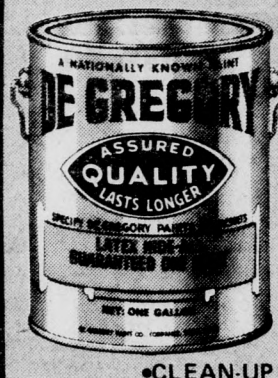


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•1-HOUR DRYING
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Exterior Interior
LATEX FLAT PAINT



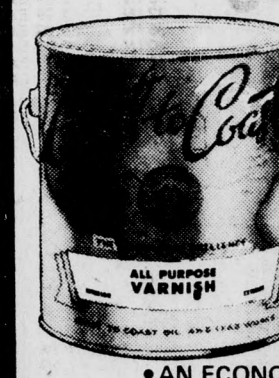
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OUR PRICE 499 GAL.

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•SCRUBBABLE
•ROLL OR BRUSH

PURE WHITE & COLORS
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COAST TO COAST® **GLOSS VARNISH**



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6x9 FT. CLEAR PLASTIC
•3 MIL
•WITH SELF-ADHESIVE GROMMETS
COMP. RETAIL 1.45
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CAR & BOAT COVERS
•12 X 21 FT.
•4 MIL
COMP. RETAIL 6.00
OUR PRICE 449 EA.

9x12 FT. BLACK PLASTIC
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COMP. RETAIL 3.00
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Pears add zip to buffet

From California comes one of the most welcome aids to autumn entertaining — fresh Bartlett pears.

This festive fruit practically demands an invitation to our gayest parties from mid-July through October. And who can resist the appeal of such a versatile party "guest!" In appetizers and salads, as meat accompaniments and in an array of desserts, fresh pears ring the culinary bell.

Eaten out-of-hand, juicy fresh Bartletts are a hungry calorie-counter's friend: Lots of eating satisfaction and refreshment, but only 95 calories in a medium-size pear.

So by yourself or with family or friends, have a party with pears: they're wonderful company!

When you're shopping, select yellow-skinned Bartlett pears to eat within a day or two.

Green-skinned pears are fully mature and will be just as flavorful as the ones you buy yellow-ripe if you store them in a paper bag a few days at room temperature. When the skins have turned golden-yellow and the fruit "gives" to gentle pressure from the palms of your hands, store in the refrigerator.

Green-skinned pears may be refrigerated a week or more. Ripen them at room temperature two or three days before using.

Remove seed cores with a pear slicer, ball cutter or half-teaspoon measure. Don't even bother to pare

the thin, tender skin of California Bartletts for most uses.

Halves of luscious California Bartlett pears and an assortment of cold meats, cheese and paprika-coated green pepper strips are served with "Zippy Golden Egg Dressing" for "Bounteous Buffet Salad."

At this "Luscious Luncheon Buffet," you

might accompany the do-it-yourself main dish with cream of tomato soup, hot rolls, relishes (ripe olives, celery, radishes) and lemon meringue pie.

For additional recipes and serving suggestions for this and other summer fruits, send a stamped, self-addressed, business-size envelope to "The Fruits of Summer," P.O. Box 4640, Sacramento, Ca. 95825. You'll receive a 48-page cookbooklet with luscious color illustrations of more than 100 ways to serve California fruits.

Bounteous Buffet Salad
3 fresh California Bartlett pears

Lemon juice
Green pepper strips
Paprika
1 head romaine
Roast beef, turkey (or chicken) and baked ham, cut into strips
Cheese strips
Zippy Golden Egg Dressing

Zippy Golden Egg Dressing
½ cup salad oil
¼ cup vinegar
¾ teaspoon salt
½ teaspoon dry mustard
½ teaspoon paprika
½ teaspoon sugar
1 tablespoon grated Parmesan cheese
1 hard-cooked egg, finely chopped

Halve and core pears. Brush cut sides with lemon juice. Dip pepper strips into paprika. Arrange pear halves on romaine-lined platter with separate bundles of pepper strips, meats and cheese. Pass Zippy Golden Egg Dressing.

Zippy Golden Egg Dressing: Place salad oil and vinegar in small jar. Add all remaining ingredients except egg. Cover and shake well to blend thoroughly. Just before serving, stir in egg, shake well again. Makes 6 servings.



Fresh Bartlett pears star in this Bounteous Buffet Salad as they are combined with slices of roast beef, turkey or chicken and baked ham.

cheese strips, green pepper strips, romaine and topped with Zippy Golden Egg Dressing.

Chinese influence

Food fashion's trend

Fashions in food appear to be following fashions in clothing.

The Chinese influence transcends all other ethnic looks in fall and winter styles, while oriental restaurants are nudging Italian ones in a popularity poll.

A survey of ethnic dining tastes by the National Restaurant Association showed

Oriental restaurants only one per cent behind Italian ones in popularity, or 30 per cent compared with 31 per cent for the Italians.

Mexican, German and French restaurants ran a poor third, fourth and fifth, with 16, six and four per cent, respectively.

The NRA estimates that 80 per cent of America's restaurant guests now patronize ethnic eating places.

It found that age and income are important influences, especially in the choice of German food. The most consistent patrons of German restaurants are people over 45, and persons in one or two-member households in northern urban areas, the survey found.

The greatest variable in French restaurant patronage is income, which

obviously is related to the generally higher prices on menus of this persuasion. The survey found that persons with incomes of \$25,000 a year were three times as likely to order French food as those with lower incomes.

Inflation and recession apparently help boost patronage at Italian and Oriental establishments, because many of their dishes use smaller quantities of expensive ingredients such as beef, seafood and chicken, and stretch them with vegetables.

"If you order a steak, you are paying for a large piece of meat," says Sid Leo, operator of a Cantonese restaurant in Portland, Ore. "But in Oriental cooking many different dishes are made out of that one piece of meat."

Leo also attributes its appeal to its opportunities for sharing and combining a variety of tastes in one meal.

Frank Grisanti, treasurer of a Memphis, Tenn., restaurant, says:

"Pizza, spaghetti and other pasta dishes combine familiar ingredients into something unusual. They are mysterious and exotic

without being completely new and strange."

Grisanti and other Italian restaurateurs across the United States said their establishments tend to be more popular with people under 25 and those with higher than average incomes. They are the most popular ethnic restaurants in five of the nine geographic areas surveyed.

But Oriental eateries outrank them in the New England and Pacific Regions, just as Mexican ones do in the West South Central and Mountain regions. Youth and family size boost the popularity of Mexican restaurants, the NRA said. It said their popularity gradually decreases as their patrons' age increases. Other influences: low price, good protein value and a large Mexican population in both regions.

Only 20 per cent of the 3,200 families surveyed said they do not eat at ethnic restaurants. Such families tended to be older and less affluent than other patrons, and much more numerous in the West North Central and East South Central areas.

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Sporty cookout

Winter sports good food

Skiers, skaters, snowmobilers and race car watchers will really warm to the idea of a hot and hearty lunch which can be easily and quickly prepared and eaten right in the heart of their winter wonderland!

Open Air Bean Pot combines ground beef and canned beans into a robust winter main dish. The zesty seasoning is never fail and easy to tote since everything you need is in an envelope of chili seasoning mix.

Frankfurter Chowder is another recipe for a trailside lunch. A compact, easy to carry envelope of instant mashed potato granules adds extra body to this filling soup. It too can be made over a campfire or grill. If building fires on the trail isn't your bag, both the Bean Pot and the Chowder can be made at home and taken along in a vacuum container.

As they say in the real winter wonderland, Skol!

Open Air Bean Pot
1 pound ground beef
1 can (1-lb.) tomatoes
1 envelope (1¾-oz.) chili-o mix
1 can (1-lb.) baked beans
1 can (1-lb.) kidney beans
1 can (1-lb.) lima beans
¾ cup firmly packed brown sugar
Brown ground beef in large pan, stirring to crumble. Stir in tomatoes, contents of chili-o mix envelope, beans, and brown sugar. Heat to boiling, stirring frequently. 6 to 8 servings.

Frankfurter Chowder
6 cups water
1 can (13½-oz.) evaporated milk
1 pound frankfurters, sliced
4 cups chopped cabbage
2 tablespoons instant minced onion
2 teaspoon salt
1 envelope (5 servings) mashed potato granules
Combine water, milk, frankfurters, cabbage, onion, and salt in large saucepan; bring to a boil. Remove from heat. Stir in contents of potato envelope. Heat gently 5 minutes. 8 servings.

For all seasons

Versatile yams

One-dish meals come in many guises. One that takes advantage of the versatility of yams includes beef, pork sausage links, chick peas and onions.

Louisiana Yam And Beef Dinner
3 pounds lean, boneless beef chuck, cut in 2-inch cubes

3 tablespoons flour
2 tablespoons salad oil
½ pound pork sausage links, cut into 1-inch pieces
Water
6 medium yams, peeled and quartered
1 can (20 ounces) chick peas, drained
4 carrots, peeled and quartered
2 medium onions, peeled and sliced

1 cup sliced celery
Salt and freshly ground pepper

Place beef and flour in a bag and shake until meat is coated. Heat oil in Dutch oven or large skillet. Add beef and brown well on all sides. Remove beef and set aside. Add sausage and brown over low heat for about 12 to 15 minutes. Return beef to Dutch oven. Add water to cover. Simmer, covered for 45 minutes. Add yams and chick peas. Cook 15 minutes longer, then add remaining vegetables. Cook uncovered 12 to 15 minutes longer or until vegetables are tender. Season to taste with salt and pepper. Turn into serving dish. Makes 6 to 8 servings.

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'75 AUDI FOX 4 Door Sedan, Sun Roof, AIR, 4 Speed, Radio, Heater. Low, Low Miles. 829-NCD \$4999	'72 PLYMOUTH SATELLITE 2 Dr. HT, FAC. AIR, Radio, Heater, Automatic, Power Steering. 030- HEY \$1999

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PUBLIC NOTICE

FICTITIOUS BUSINESS NAME STATEMENT

The following person is doing business as:
OBE'S GARDENING SERVICE,
 217 Maimone Ave., San Dimas, Ca. 91773.
 David Lance Obermeyer, 217 Maimone Ave., San Dimas, Ca. 91773.
 This business is conducted by an individual.

DAVID LANCE OBERMEYER
 This statement was filed with the County Clerk of Los Angeles County on January 20, 1976.
 File No. 76 2270
 San Dimas Press 4348
 Publish: Jan. 29, Feb. 5, 12, 19, 1976

FICTITIOUS BUSINESS NAME STATEMENT

The following persons are doing business as:
DEXTER'S AUTOMOTIVE, 344 W. Arrow Hwy, San Dimas, 91733.
 Donald D. Dexter, 1147 W. Tudor, San Dimas, California, 91733.
 Walda E. Dexter, 1147 W. Tudor, San Dimas, California, 91733.
 This business is conducted by a general partnership.
 Walda E. Dexter
 This statement was filed with the County Clerk of Los Angeles County on January 20, 1976.
 File No. 76 2201
 EXPIRES Dec. 31, 1981
 San Dimas Press 4349
 Publish: Jan. 29, Feb. 5, 12, 19, 1976

NOTICE OF TRUSTEE'S SALE

No. F 8847
 On Feb. 20, 1976, at 10:30 o'clock A.M., at World Savings Bldg., 11601 Wilshire Blvd., Garden Level City of Los Angeles County of Los Angeles, California, Great Western Title Co., a corporation, as Trustee under the deed of trust made by ROBERT H. VALENTINE and COMILLA V. VALENTINE, husband and wife and recorded May 20, 1964 in Book T 371, Page 327 of Official Records of Los Angeles County, California, given to secure an indebtedness in favor of IMPERIAL SAVINGS AND LOAN ASSOCIATION, formerly Claremont Savings and Loan Association now the owner and holder thereof, by reason of the breach of certain obligations secured thereby, notice of which was recorded Sept. 29, 1975 in Book M5126 Page 862 of said Official Records, will sell at public auction to the highest bidder for cash, payable in lawful money of the United States at the time of sale, without warranty as to title, possession or encumbrances, the interest conveyed to and now held by said Trustee under said Deed of Trust, in and to the following described property situated in the said County of Los Angeles, State of California, to wit: 218 Glengrove Avenue, San Dimas, California 91773 Lot 23, Tract 24474, as per map recorded in Book 638 Pages 39 to 41 inclusive of Maps, in the office of the County Recorder of said County for the purpose of paying obligations secured by said Deed, including the remaining principal sum of \$8,712.14, interest, advances, if any, under the terms of said Deed, and fees, charges and expenses of the trustee.

GREAT WESTERN TITLE CO., Trustee
 By Mildred Greenberg
 Assistant Secretary
 San Dimas Press 4347
 Publish: Jan. 29, Feb. 5, 12, 1976
 S-06635

NOTICE OF TRUSTEE'S SALE

T.S. No. TS-50396
 On Tuesday, February 24, 1976 at 10:00 A.M., KINGSBAY ESCROW COMPANY as duly appointed Trustee under and pursuant to Deed of Trust recorded October 9, 1974, as inst. No. 739 in book T9078, page 67 of Official Records in the office of the County Recorder of Los Angeles County, California, WILL SELL AT PUBLIC AUCTION TO HIGHEST BIDDER FOR CASH (payable at time of sale in lawful money of the United States) in the reception area of the seventh floor of the building located at 3255 Wilshire Boulevard, Los Angeles, California, all right, title and interest conveyed to and now held by it under said Deed of Trust in the property situated in said County and State described as:

PARCEL 1: That portion of Lot 1 of Tract No. 30086, in the City of San Dimas, County of Los Angeles State of California, as shown on a map on file in Book 828, Pages 46 and 47 of Maps, in the office of the County Recorder of said County, shown and defined as Unit 40 on the Condominium Plan recorded October 11, 1973 as Instrument No. 3299, in the office of the County Recorder of said County.

PARCEL 2: An undivided 1/18th interest in and to that portion of Lot 1 of said Tract No. 30086, shown and defined as "Common Area" on said Condominium Plan.

The street address and other common designation, if any, of the real property described above is purported to be: 1425 W. Cypress Street, San Dimas, California 91773.

The undersigned disclaims any liability for any incorrectness of the street address and other common designation, if any, shown herein.

Said sale will be made, without covenant or warranty, express or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by said Deed of Trust, to-wit: \$29,377.88, with interest thereon, as provided in said note(s), advances, if any, under the terms of said Deed of Trust, fees, charges and expenses of the Trustee and of the trusts created by said Deed of Trust.

The beneficiary under said Deed of Trust heretofore executed and delivered to the undersigned a written Declaration of Default and Demand for Sale, and a written Notice of Default and Election to Sell. The undersigned caused said Notice of Default and Election to Sell to be recorded in the county where the real property is located.

Date: January 23, 1976
 KINGSBAY ESCROW COMPANY

as Trustee by
 CHICAGO TITLE INSURANCE COMPANY
 Agent
 By Linda Halsey
 Authorized Signature

San Dimas Press 4350
 Publish: January 29, February 5, 12, 1976
 06784

PUBLIC NOTICE

FICTITIOUS BUSINESS NAME STATEMENT

The following persons are doing business as:
A.B.C. BURGLAR ALARMS, 2864 Kelly Lane, Pomona, California 91767. Mailing address: P.O. Box 502, La Verne, California 91750.
 Lorraine Zeigler, 2864 Kelly Lane, Pomona, California 91767.
 Sam Zeigler, 2864 Kelly Lane, Pomona, California 91767.
 This business is conducted by a general partnership.

LORRAINE ZEIGLER
 This statement was filed with the County Clerk of Los Angeles County on January 13, 1976.
 File No. 76 1382
 La Verne Leader 4869
 Publish: Jan. 22, 29, Feb. 5, 12, 1976

YOU MAY NEVER NEED ANOTHER SMALLPOX VACCINATION. THANKS TO THE UN.



One less needle for mankind.
 One more UN program helping people everywhere.
 Smallpox has been virtually wiped out throughout the world.
 Thanks to the UN's World Health Organization.
 Like to know what else you didn't know the UN is doing for you?
 Send for a free booklet on the UN.
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 Box 475, New York, N.Y. 10017

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There's always been a "You" in the UN.

ACTION WARRANTY... Guarantees Our Service!

Ask for your free copy of our "Action Warranty." It guarantees in writing the services we perform for our customers. That's a bold step. We think our customers deserve it. So we put it in writing... and sign our name to it. We think you'll enjoy dealing with people proud enough to offer such a warranty.

Over 1800 Independently Owned Offices - We're National - But Neighborly



HOME WITH A POOL

Beautiful 3 bedroom, 1 1/2 bath home that truly shows pride of ownership. Located in prime area and just 1/2 block to excellent elementary school. \$39,950. List No. S-137. CALL 985-0918.

BEAUTIFUL SETTING FOR HORSES

Approximately 1 1/2 acres fenced and crossed with barns, corrals and 8 box stalls. All of this plus a nice 2 bedroom home. Don't pass this buy. Give us a call to see. Only \$43,900. List No. S-136. CALL 985-0918.

DREAM HOME

Excellent location, 3 bedrooms, family room, 2 fireplaces, sharp and clean. Block wall enclosed, beautifully landscaped back yard for complete privacy. Give us a call today to see. \$52,900. List No. S-111. CALL 985-0918.

EXECUTIVE HOME

Beautiful 2100 sq. ft. 4 bedroom home in prestige location. It features family room, dining room, central air, fireplace and superb landscaping. Call us today for an appointment to see this home. \$64,900. List No. S-128. CALL 985-0918.

TRIPLEX

Live almost rent free, plus tax deduction! Each unit has 2 bedrooms, fenced yard, & garage. NO vacancy factor. Low down FHA, closing costs only. \$1. Priced to Sell. Only \$29,555 (M-16) CALL 621-4993

PARTY YARD

With POOL! This home is absolutely immaculate. It has 3 Br., 1 1/2 Ba., Built-ins, Carpets, almost new. Custom Drapes, How Floors, Conv. Patio, Family Room, Block fenced yard & Corner lot. Ideal Location. Closing Costs only to G.I. (M-25) \$36,950. CALL 621-4993

CLOSE TO EVERYTHING

Shopping, bus, fwy, etc. This is a custom-built home with 3 bdrms. 1 1/2 ba, clean & sharp. 2 car garage & many extras. Block wall fenced yard. Low down FHA, closing costs only G.I. All for only \$24,950 (M-52) CALL 621-4993

BIG-E-E

Can you imagine 4 Brs., 1 1/2 Ba. with dining room, Guest house, fireplace, Carpeted, Basement, Patio & large lot all in one package. Owner will consider financing. You must see this. (M-17) \$55,000. CALL 621-4993 CALL 621-4993

IF PRIVACY MATTERS

We have what you're looking for. 3 bdrms., 2 ba., fireplace, large liv. room, and pool. Home needs fixing up. \$29,900. FHA & VA. CALL 983-0455

STARTER HOME

If you're on a budget and family is small, you'll want to see how much house can be had for just \$21,500. 2 bdrms., 1 bath, hwd floors, service porch, air cooler, large fenced yd. are some of the things offered in this custom built home. FHA & VA. CALL 983-0455

HAWTHORNE SCHOOL R-3

265x150 in Ontario's finest area. Convenient to shopping, schools and freeway. Ideal set-up for luxury units. Price reduced to \$49,900. CALL 983-0455

CHARMING OLDER

2 bedroom, older home. Corner lot with lush landscaping. Must see this well cared for home. A steal at only \$15,000. CALL 983-0455

ONTARIO TOM SHIRLEY REALTY

802 N. Euclid
 983-0455

VACANT

Quick occupancy in popular area of Upland with fantastic convenience for Upland schools & shopping. Comes with spacious living room, 3 bedrooms, den, covered patio & fenced yard. \$32,950. CALL 985-2771

GOURMET KITCHEN

Cook's dream w/decorator colors, ceramic tile floor, double self-cleaning oven & petite breakfast room. Also spacious bdrms, formal dining rm & pool w/pool sweep & Chinese smoke oven. Upland schools \$58,000. CALL 985-2771

CUL-DE-SAC

Location offers convenience to shopping in NW Ontario. Well kept family home w/3 bdrms, shake roof, block wall & sprinklers in front & rear. Hawthorne School District. \$37,950. CALL 985-2771

NEARLY NEW

3 bedroom home with white rock fireplace, den, dining area that is only 2 years old. All the work is done for you as sprinklers and landscaping are in on both front & back yards. Priced at \$41,500. CALL 985-2771

UPLAND CALIF. PREFERRED PROPERTIES

75 W. Foothill
 985-2771

CREAM PUFF

Above Foothill in Upland. Large lot with immaculate landscaping, sprinklers, front & rear. Home has 3 bedrooms, 1 1/2 baths, built-ins including dishwasher. Family room, fireplace & central air conditioning. Just placed on market. So hurry. \$47,000. CALL 987-6343

WHAT A SWEETHEART!

Looking for a charming, colorfully decorated 3 bedroom home in fine Upland area with family room, brick fireplace & much more? Well, this is it! \$42,750. CALL 987-1704

HEATED POOL

Fantastic heated pool in very private yard — Live in style in this ideal 4 bedroom 1 1/2 bath with family room on quiet street & close to schools and shopping. Only \$52,500. CALL 987-1704

PRICED FOR QUICK SALE

Enjoy the good life in this extra sharp 3 bedroom 1 1/2 bath with large family room & patio. Priced for quick sale with FHA & VA terms — Only \$26,950. CALL 987-1704

LOTA HOME FOR THE MONEY

3 Bedrooms, den, large family kitchen. Nicely landscaped & fenced yard with covered redwood deck — Just listed & real clean & neat. Price \$34,000. CALL 987-1704

CUCAMONGA HEMLOCK REALTY

The "A" frame on Foothill
 8746 Foothill
 987-6343

ALTA LOMA REALTORS

(HANSON REALTY)
 8849 BASELINE
 987-1704

ONTARIO DATSUN 1025 N. MOUNTAIN PHONE 983-9511

41 MILES PER GALLON
29 ON THE HWY
29 MILES PER GALLON
29 IN THE CITY
 E.P.A. mileage tests of new
1976 HONEY BEE

\$2995
\$87 DN
\$87 MO
 ON APPROVED CREDIT ORDER YOURS
 APR 14.35, \$87.00 for 48 mos, deferred \$4263. T&L Incl

2-DOOR Model 722

\$2895
\$84 DOWN
\$84 MONTH
 ON APPROVED CREDIT SCHOOL CAR
 Serial No. 4JL710042924 APR 14.52, 48 mos, def pr \$4116. T&L Incl

NEW 1976 DATSUN PICKUP

\$3395
\$98 DOWN
\$98 MONTH
 On Approved Credit, APR 14.35, 48 mos, def pr \$4802. T&L Incl.

70 BUICK RIVIERA V8, P/S, radio, heater, auto., air cond., tilt whl. 387 AKN \$1195	73 GMC 1/2 TON PICKUP Camper, radio, heater. 23,311 miles. Green finish 56826P \$2895	74 FORD MUSTANG AM/FM Stereo cassette, heater, auto. Only 28,221 miles. Blue finish. 130-KZN \$2695
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\$1488
\$55⁰⁰ DN
\$55⁸⁸ MO
71 DATSUN 510 2 DOOR
 Air cond., 4 spd, AM radio, heater. Orange finish. 986 DLI
\$1488
69 DATSUN STATION WAGON
 AM radio, heater, 4 spd trans., roof rack. Brown finish. ZXB 369
\$1488
72 CHEVROLET VEGA WAGON
 Radio, heater, 4 cyl. Blue finish. 455-GHT
\$1488

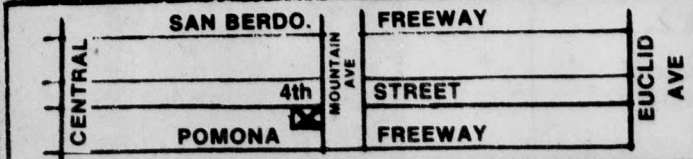
\$55⁰⁰ DN
\$55⁸⁸ MO
ON APPROVED CREDIT
 APR 17.92, 36 mos, def paymt \$2066.68, incl T&L

\$1976
\$19⁷⁶ DN
\$76⁰⁰ MO
72 DATSUN 510
 Gold, 4 speed, air cond., Mags, 335 GXP
\$1976
72 DATSUN 1200 COUPE
 AM Radio, heater, 4 cyl. eng. White finish. 743-FWL
\$1976
72 DATSUN PICKUP
 4 spd, air cond., R&H. Blue finish. 79678T
\$1976

\$19⁷⁶ DN
\$76⁰⁰ MO
ON APPROVED CREDIT
 36 Mos., APR 18.01, def paymt \$2755.76, T&L Incl. Sale Ends Feb. 2, 1976

ALL CARS SUBJECT TO PRIOR SALE

ONTARIO DATSUN



Give Heart Fund.

PUBLIC NOTICE

NOTICE OF TRUSTEE'S SALE
NOTICE IS HEREBY GIVEN that on February 19, 1976, at 11:00 A.M., and at the South Hope Street entrance to the LOS ANGELES PUBLIC LIBRARY, upper level, facing the 500 block of South Hope Street, in the City of Los Angeles, County of Los Angeles, State of California, the undersigned, as present Trustee under the Deed of Trust hereinafter described, will sell at public auction, to the highest bidder, for cash, in lawful money of the United States, all payable at the time of sale, the interest conveyed to and now held by the undersigned as Trustee under said Deed of Trust in and to all that certain property situated in the County of Los Angeles, State of California, commonly known as 1500 West Cypress Street, San Dimas, California, but without liability for the accuracy of such address or common designation, and described as follows:

ALL THAT REAL PROPERTY, IN THE STATE OF CALIFORNIA, COUNTY OF LOS ANGELES, CITY OF SAN DIMAS, DESCRIBED AS FOLLOWS:

PARCEL 1:

That portion of the Southeast quarter of Section 8, Township 1 South, Range 9 West, in the Subdivision of Rancho Addition to San Jose, as per map recorded in Book 22, Pages 21 to 23, inclusive, of Miscellaneous Records, in the office of the County Recorder of said County, described as follows:

BEGINNING at the intersection of the center line of Valley Center Avenue, as shown on said map, with the center line of Cypress Avenue, (formerly unnamed), as shown on said map, Thence South 0° 16' 08" East, along said center line of Valley Center Avenue, a distance of 432.27 feet to point "A" of this description, Thence South 56° 56' 12" West to the Westerly line of said Valley Center Avenue and the true point of beginning of this description, Thence continuing North 89° 43' 32" East, 475.00 feet to a point that is South 56° 56' 12" West 323.75 feet from said point "A", and the beginning of a tangent curve concave Southeasterly, having a radius of 474.56 feet, Thence Southwesterly along said curve through a central angle of 22° 12' 28", an arc distance of 189.40 feet to the beginning of a reverse curve concave Northwesterly and having a radius of 400.00 feet, Thence Southwesterly along said last mentioned curve through a central angle of 27° 34' 56", an arc distance of 192.56 feet, Thence North 27° 41' 20" West, 270.00 feet, Thence North 45° 32' East, 40.64 feet, Thence North 89° 43' 32" East, 475.00 feet to said Westerly line of Valley Center Avenue, Thence along said Valley Center Avenue, South 0° 16' 08" East, to the true point of beginning.

SAID LAND, except the Easterly 10 feet thereof, is now, a portion of Parcel 2, as shown on Parcel Map No. S.D. 72-5, County Map No. 2944, filed in Book 44, Page 26, of Parcel Maps.

PARCEL 2:

A NON-EXCLUSIVE EASEMENT for ingress, egress, utilities and incidental purposes, over that portion of Lot 2, Parcel Map No. 2944, recorded in Book 44, Page 26, in the office of the County Recorder of said County, described as follows:

30 FEET on each side of the following described center line:

BEGINNING at the intersection of Cypress Street and Valley Center Avenue, City of San Dimas, as shown on the aforesaid Parcel Map No. 2944, thence North 89° 43' 32" West 410.19 feet, thence South 0° 04' 55" West 40.00 feet to the TRUE POINT OF BEGINNING, thence South 0° 04' 55" West 113.32 feet to a tangent curve, concave Easterly, and having a radius of 200.00 feet, thence Southwesterly along said curve through an arc angle of 18° 00' 00", a distance of 62.93 feet, to a tangent line, thence South 17° 55' 05" East 195.23 feet more or less to the intersection of the Northerly line of the land described in Parcel 1 above.

The sale will be made without covenant, representation or warranty, express or implied, regarding condition, title, possession, encumbrances or otherwise, to satisfy the obligations secured by, and pursuant to, the power of sale conferred in that certain Deed of Trust dated May 16, 1973, executed by Inspiration City, a California corporation, as Trustor, in which United States National Bank is named as original Beneficiary and United States Holding Company as original Trustee, recorded August 31, 1973, in Book T8428, Page 940, as Instrument No. 3859, Official Records of Los Angeles County, California.

The beneficial interest under this Deed of Trust and the obligations secured thereby are presently held by Crocker National Bank, a national banking association, as successor in interest to United States National Bank, pursuant to the terms of an agreement incorporated under a court order dated October 18, 1973 and recorded on December 24, 1973, in Book T856, Page 107, Official Records of Los Angeles County, California.

Notice of Default and Election to Sell the described real property under said Deed of Trust was recorded July 29, 1975, in Book M 5076, Page 62, as Instrument No. 1917, Official Records of Los Angeles County, California, by reason of default in the payment and the performance of obligations secured thereby, and more than three (3) months have elapsed since the date of such recordation. The undersigned was appointed and substituted as Trustee under this Deed of Trust by substitution dated July 18, 1975 and recorded on July 29, 1975, in Book T8634, Page 549, as Instrument No. 1918, Official Records of the County of Los Angeles, California.

Dated January 9, 1976

CROCKER CUSTODY CORPORATION

Trustee

WILLIAM J. HARRISON, JR.

Vice President

San Dimas Press 4341

Publish Jan. 22, 29, Feb. 5, 1976

PUBLIC NOTICE

FICTITIOUS BUSINESS NAME STATEMENT
The following persons are doing business as:
RUSTY NAIL, 9304 Benson, Montclair, Ca. 91763.
Gladys M. Olguin, 9304 Benson, Montclair, Ca. 91763.
Daniel Olguin, 9304 Benson, Montclair, Ca. 91763.

This business is conducted by husband and wife.

s. DANIEL OLGUIN

This statement was filed with the County Clerk of San Bernardino County on Dec 17, 1975.

File No. FBN 14576

Expires Dec. 31, 1980

Montclair Tribune 3018

Publish: Jan. 8, 15, 22, 29, 1976

S05881

FICTITIOUS BUSINESS NAME STATEMENT

The following persons are doing business as:

SUNRISE PHARMACY, 8685 Baseline, Cucamonga, California 91730.

FABA Corporation, (California corporation).

This business is conducted by a corporation.

FABA CORPORATION

Carl G. Dahlin Jr.

Sec-Treas.

This statement was filed with the County Clerk of San Bernardino County on Dec. 29, 1975.

File No. FBN 14626

Expires Dec. 31, 1980

Cucamonga Times 2078

Publish: Jan. 8, 15, 22, 29, 1976

S05903



RALPH H. MILLER
Licensed Real Estate Broker
Since 1949
886 W. Foothill, Suite No. E
Upland, Ca. 91786
(714) 862-8985

APPLE PIE CONDITION

Sharp 3-bedroom Jensen Home with Central Air and a large family room addition. Many extras in this fine family home.

\$34,500 982-8985

GREEN GRASS AND BLUE SKIES

My family took such good care of me. I'm beautifully decorated and landscaped, but they are now leaving me. I'm available. Spacious family room, living room, double brick fireplace. 3 large bedrooms, gorgeous pool, good school district in North Upland — you name it — I've got it. Come to the Green Grass and Blue Skies house. . . now.

\$51,500 982-8985

PRICE REDUCED

Charming 3 bedroom nearly new home on a quiet cul-de-sac in Alta Loma. Large kitchen w/built-ins and laundry room adjacent. Doughboy pool enclosed in a completely fenced yard makes for a perfect family home. Excellent Buy. . .

\$32,000 982-8985

COMMUTERS' DREAM

Beautifully decorated California Home with professional landscaping. 3 bedroom, 1 1/2 bath, and kitchen with built-ins make for a perfect "living" home. Openness in floor arrangement makes for easy entertainment. Near Pomona Freeway (No. 60)

\$36,000 982-8985

FOR YOUR INSPECTION

NEWLYWEDS OR RETIREES

We have this tastefully decorated 2 bedroom, neat as a pin house. Only one block from bus line and walking distance to shopping & church. Deep lot for gardening & flowers. CALL US TODAY ON THIS ONE. ALL TERMS.

\$28,950

ABOVE FOOTHILL IN UPLAND

An exceptionally clean 3 year old 4 bedroom home. Family room with fireplace. Alley entrance for boat or R.V. parking. Near shopping. Ready to move in.

\$32,500

OPEN HOUSES SUNDAY 1 till 5

9190 GARDEN, ALTA LOMA

Beautifully decorated 4 bedroom home in desirable Alta Loma. 1 1/2 baths, fireplace, brick bar-b-que on lovely patio. Cul-de-sac street and room for a growing family.

\$33,250

875 W. 8th ST., UPLAND

Get into the swim of things with this large gas heated pool before they become hard to obtain. This comfortable 3 bedroom, 1 1/2 bath home in Upland is close to schools & shopping. Offered ALL TERMS for only.

\$38,500



WHEELER STEFFEN GARRISON REALTORS

191 N. Euclid, Upland

REMEMBER 982-1595 ANYTIME



POOL, PATIO & ALTA LOMA
Spend the hot, summer days in your cool pool with pool heater, low maintenance back yard & covered patio that is ideal for your outdoor entertaining. The large family room and kitchen lead directly to the patio for your convenience. Immaculate 3 bedroom home with gorgeous fireplace, new carpeting & flooring. Priced at \$41,500.
Calif. Preferred Properties 985-2771



CUL-DE-SAC
Location offers convenience to shopping and choice NW Ontario living. Well-kept family home featuring 3 bedrooms, shake roof, block wall and sprinklers in front and rear will bring much joy to you. Hawthorne School District. \$37,950.
Calif. Preferred Properties 985-2771



SPARKLING CONDITION
This gourmet kitchen is a cook's dream with decorative colors, ceramic tile floor, double self-cleaning ovens and petite breakfast room. This exquisitely kept home features spacious bedrooms, formal dining room and sunken living room with dual fireplace. And would you believe outdoor living with patio, pool and pool sweep, gas patio heater and immense Chin-lashed smoke oven! A superior property in Upland's best school district. Just listed at only \$59,000.
Calif. Preferred Properties 985-2771



Farmer's Delight
Is evident in this gardening paradise with fruit trees, berries, gardens and citrus (one apple tree with 5 varieties grafted onto one). Ideal for the retired person who likes to produce his own food and work with the soil. Located near the Foothills with view of the valley below. \$50,400.
Calif. Preferred Properties 985-2771

FAIR CITY FORD • FAIR CITY FORD • FAIR CITY FORD • FAIR CITY FORD • FAIR CITY FORD • FAIR CITY FORD • FAIR CITY FORD

FAIR CITY FORD
2 GIANT LOCATIONS Cars 611 E. HOLT - 623-2101
Trucks 222 E. HOLT - 623-2109

'72 FORD E 300 WINDOW VAN
Automatic, V8, Power Steering. New heavy duty rubber. Passenger seat. New paint. 22884-N.
\$2599

'73 VOLVO 145-E 4 DOOR STATION WAGON
4 cyl. Full power, tint glass, heater, radio, 4 speed. Bucket seats.
\$3295

'72 FORD Pinto 2 Door Runabout
V-6, Radio, Heater, 4 Speed. Tinted glass, Bucket Seats, Mags. Raised letter tires. Lic No. 432HTB.
\$199 DOWN \$67.27 MONTH
CASH PRICE IS \$2055.94
Or \$199 dn and \$67.27 Mo for 36 Months. Deferred Payment price is \$2620.72, on approved credit. APR 18.14

'71 MUSTANG Coupe
Radio, Heater, 2 Door, Automatic, V8, Power Steering, FACTORY AIR, Tinted Glass, WSW Tires. Lic 571GHJ.
\$199 DOWN \$67.27 MONTH
CASH PRICE IS \$2055.94
Or \$199 dn and \$67.27 Mo for 36 months on approved credit. Deferred payment price is \$2620.72. APR 18.14

'72 VW Super Bug
2 Door, Sedan, 4 Cylinder Engine, Full Power, Tint Glass, Heater, Radio, AM/FM, 4 Speed Transmission, Bucket Seats. 654FWL.
\$199 DOWN \$67.27 MONTH
CASH PRICE IS \$2055.94
Or \$199 dn and \$67.27 Mo for 36 months on approved credit. Deferred payment price is \$2620.72. APR 18.14

COUPON
THIS COUPON IS GOOD FOR FREE OIL FILTER
With full maintenance Service at FAIR CITY FORD
We at Fair City Ford will give you a FREE OIL Filter when you PRESENT THIS COUPON and have Full Maintenance Service performed including chassis lubrication, changing oil, checking all fluid levels and more. . . Fords Only.
Offer expires Jan. 30, 1976

We Deal In Cobras FLEET PRICES!

'72 FORD F-100
V8, Stick, Long Wheel Base. **\$1995**
Lic 1A300222

'74 DATSUN B-210
9500 Miles, 2 Door, Sedan, 4 Cylinder Engine, Full Power, Tint Glass, Heater, Automatic Transmission, White Walls, Bucket Seats, Less than 5,500 miles. 400LJ.
\$2789

'72 FORD Mustang FASTBACK
2 Door, V6, Full power, Tint Glass, Heater, Radio, Automatic, FACTORY AIR, Power Steering, WSW Tires, Bucket Seats, interior Decor. 835EBW.
\$2593

'73 INTERNATIONAL Pickup
4 Ton Truck, V8, 4 Speed, Radio, Heater, Power Brakes. No. 71561
\$2395

'75 Ford Granada
2 Door Sedan, 6 cyl. Tint Glass, Heater, Radio, Bucket seats. LOW Miles. SHARP! 638MNT
\$3599

'73 FORD PINTO STATIONWAGON 2 DOOR
4 cyl. Top Rack, Tint Glass, Heater, Radio, AM/FM Stereo Tape, 4 Speed, WSW Tires, Bucket Seat. No. 648GRE
\$2199

'74 FORD Ranchero GT
Power Steering, Brakes, Automatic, AM/FM Radio, V8, P-639
\$3495

'73 CHEV Monte Carlo Loaded
Landau 2 Door Hardtop, V8, Full power, Tint Glass, Heater, AM/FM Radio, Automatic, Special Road Wheels, Tilt Wheel, FACTORY AIR, Power Steering, Power Windows, WSW Tires, Bucket Seats, Landau Top. 842JDC
\$3099

WE WILL NOT
Give you 5000 blue chip stamps if you shop Our Deal!
WE WILL GIVE YOU THAT AMOUNT IN ADDITIONAL DISCOUNT

COUPON
WITH THIS COUPON
We will replace spark plugs, points and condenser, check and reset timing, adjust carburetor check choke operation and service emission control.
\$32.85 Parts & Labor
Fords Only (302 Mavericks excluded)
Offer expires Jan. 30, 1976

THIRTEEN NEW '75 Trucks
Take Your Choice. . .
IMMEDIATE DELIVERY
SAVE. . . SAVE. . . SAVE \$\$\$\$

'73 FORD F-100
V8, Automatic, Heavy Duty Bumper, Radio, Heater. No. 32933-W
\$2895

'72 FORD T-BIRD
2 Door Hardtop, V8, Full power, Tint Glass, AM/FM stereo, heater, FACTORY AIR, Power Steering, Power seats, Power Brakes, Power Windows, WSW Tires, bucket seats, tilt wheel, cruise control. 078HDR
\$2799

DID YOU KNOW. . .
Fair City Ford has the friendliest Salespeople in Town. . . (Men and Women)?

'73 SCOUT 4x4
4 Wheel, 4 Speed, AM Radio. 067HZN
\$3850

'74 FORD GRAN Torino
2 Door Hardtop, V6, Full Power, Tint glass, heater, Radio, Automatic, FACTORY AIR, Power Steering, Power Brakes, WSW, Landau Top. 348LJ.
\$3189

'73 FORD F-350
1 Ton Truck w/ Stake Body, 4 Speed, V8, Power Brakes, dual rear tires. Nice Truck! 16822-R
\$3895

'73 EL CAMINO
Power Steering, Brakes, AIR, Radio, Heater. Lic. 1A39271
\$3275

Our Body Shop Is Now UNDER NEW MANAGEMENT

'74 FORD PINTO
2 Door, Station wagon, 4 cylinder Engine, Full Power, Tint Glass, Heater, Radio, 4 Speed Transmission, Custom Exterior, Bucket Seats. 705KKA
\$2489

'74 FORD MUSTANG V-6
2 Door, Hardtop, V6 Engine, Full Power, Tint Glass, Heater, Radio AM/FM, 4 Speed Transmission, FACTORY AIR, Power Steering, White Walls, Bucket Seats. Custom interior-Exterior. 515LIY
\$2983

'74 PONTIAC Firebird
2 Door Hardtop, 6 cylinder, Full Power, Tint Glass, Radio, Heater, Automatic, Power Steering, WSW Tires, Bucket Seats. 000KRR
\$3183

Special In Our Parts Dept. TUNE-UP KIT (TKF)
Most V8s Consists of Plugs, Points & Cond. (Non Resistor type plugs)
Regular Price \$19.45
SPECIAL PRICE **\$10.25**

'73 FORD BRONCO 4x4
4 wheel drive, Mag tires and wheels, Stick, radio, heater, Roll bar, Yellow and white. Beautiful truck. No. 04511
\$4195

'74 FORD Mustang
2 Door, 4 cyl. Full power, tint glass, heater, radio, 4 Speed, Exterior Decor. 4F02Y163953
\$2683

'64 DODGE 3/4 Ton Truck
Automatic, Nice truck!
\$995

'74 DODGE Sportsman
V8, Automatic, Power Steering, Power Brakes, Radio, Heater, AIR, 2 Tone paint. Nice Truck. Lic. No. 12118-R.
\$4295

'73 FORD Squire PINTO
2 Door, Station wagon, 4 Cylinder Engine, Top Rack, Full Power, Tint Glass, Heater, Radio, 4 Speed, Transmission, Custom Interior-Exterior, White Walls, Bucket Seats. 761GXL
\$2389

'73 CHEVY
Automatic, Power Steering, Brakes, AIR, Heavy Duty Rear Bumper. 1A29683
\$3995

'72 AUDI LS-100
SUNROOF, 4 Door, Sedan, Full Power, Tint Glass, Heater, Radio, Automatic Transmission, Bucket Seats. 242HGE
\$2683

DID YOU KNOW THAT.
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Yearn for something more dramatic Enjoy plants in a big way

In recent months consumer interest in green plants has blossomed. Nearly every home, apartment or office boasts at least one spot of green and millions of Americans are experiencing for the first time the pleasure of watching their plants grow and thrive. Most of the plants purchased have been small varieties suitable for a table or desk top, hanging baskets or terrariums. These small plants are lovely and grace any decor, but

perhaps you yearn for something a little more dramatic.

The Society of American Florists reminds us that plants, like people, come in all sizes. The big, beautiful foliage plants that you see in shopping malls, banks and other public places can be yours to enjoy at home. Most varieties are hardy and easy to care for and can adjust to your own particular lighting and climatic conditions. Sizes range from the smaller three and four foot

plants to the really big boys — those which reach a height of seven feet or more. Their possibilities in interior decorating are myriad.

It started in Victorian times when every hotel lobby had at least one palm tree. More often than not the plant was a Chamaedorea elegans 'bella' (shaa-mee-DOR-ee-ah EL-e-ganz BEL-ah) or Neanthe Bella palm. These plants still are popular today due largely to the fact that they are extremely hardy, require little light and little care. They are most generally available in the three-foot size and blend nicely with other plants both larger and smaller. Also in the palm family is the Kentia variety which has all the attributes of the Neanthe Bella plus a height of up to seven feet. A new variety of palm just gaining popularity is the Chamaedorea seifritzii. This plant is a bit more delicate than its cousins, looking rather like bamboo, and can reach 12 feet, but is readily available in six-to-seven foot sizes. It too is very durable, but needs a little more light than the others mentioned here.

The rubber tree plant is as familiar as the 'potted palm'. In

more formal circles this plant is known as Ficus elastica 'Decora' (FYE-kuss ee-LAS-ti-kuh de-CORE-ah), but regardless of the name it is easy to grow, does not require too large a container and seldom needs repotting. There are many varieties of the Ficus, but the largest of them all is the weeping fig (Ficus benjamina exotica — FYE-Kuss ben-jam-EE-na eg-ZOT-ik-uh) which can reach the lofty height of 18 feet. They are generally found in 4-7 foot sizes, and are suitable for locations with good light.

The umbrella tree or schefflera (Brassaia actinophylla — BRASS-ah act-in-oh-FIGH-lah) is another popular, easy-care plant. It ranges in size from two-to-eight feet, and like the weeping fig, prefers good light. It can be maintained in a low to medium light, but the plants tend to become 'leggy'. The dumbcane or Dieffenbachia amoena (deef-in-BOCK-ee-uh uh-MEE-nah) is another very hardy favorite, with a sturdy trunk and large variegated leaves. It should be near a sunny window and will grow from a minimum of fifteen inches up to six or seven feet.



Giant dumbcane (Dieffenbachia amoena) is perfect for home use in any location where you have medium light intensity says the Society of American Florists. Big foliage plants can be yours to enjoy at home. Make selection very carefully.

Use new anemone in patriotic garden

This fall offers a new addition to one of the most popular groups of flower bulbs planted every year. . . ranunculus and anemones. Each year gardeners and flower lovers plant hundreds of thousands of these bulbs in the traditional types and colors.

Until this season only three colors have been available in the unique double flowering "Tecolote" giant anemones series. . . The Admiral - rose, The Governor - red, the Lord Lieutenant - blue.

Now - appropriate for this season, our Bicentennial celebration, an outstanding white "Tecolote" double anemone "Mount Everest" will be added to this series, giving you a red, white and blue selection to plant in your patriotic spring garden as well as the red, white and blue traditional single poppy flowering "Tecolote" anemones already available. . . His Excellency - red, The Bride - white and Blue Poppy - blue.

"Tecolote" Mount Everest is a robust bloomer, sporting many brilliant flowers on plants that have attractive fern like lacy foliage. In the early stages of bloom, Mount Everest gives a light green cast which turns to a pure white as each flower opens to reveal its true beauty.

Ranunculus, the other half of the popular fall bulb duo, are available

in seven lively colors which will make any garden an instant rainbow. Gold, pink, red, rose, sunset, white and yellow make up the range to choose from. The taller growing ranunculus are the perfect companion for the shorter anemone. Plant both in the same area, ranunculus to the back with anemones up front. One compliments the other magnificently!

Select fall bulbs of red, white and blue to plant your patriotic spring bicentennial garden of color. To head this list, anemones and ranunculus will create one of the boldest displays when used together. Bulbs should be planted in mass 6" to 8" apart for maximum beauty! The larger the area the most breathtaking it will be.

Not all fall planted bulbs come in red, white and blue flower colors, but some to look for that have one or more colors are. . . corcus, daffodils (Mt. Hood), hyacinths, tulips, freesias, Dutch iris, etc.

The use of a variation of fall planted bulbs will give you the maximum length of time your Spring color garden will be in bloom.

It always is rewarding to usher spring in with the gentle "fresh" flowers fall painted bulbs produce. These soft pastel colors and graceful forms indicate the bloom of winter is over and cheerful days are ahead!

Replace weak plants

Now is the time to replace weak plants, try a few new varieties or start your first garden. Bare root roses are in good supply and if you plant now will have a good head-start over those planted in the spring.

The All-American Rose Selections for 1976 will be available soon if they aren't already being featured at your local nursery. The winners are versatile, vigorous and showy.

In selecting bareroot stock look for a strong root system and several canes above the graft union. Choose colors in groups of three or more so you'll be able to pick bouquets of complimentary colors during the long blooming season.

Select a site exposed to full sunlight and good circulation of air. Plot the area on paper and plan to position roses on not less than 30-36

inch centers. Select miniatures or low-growing floribundas for use as borders or patio container plants. Hybrid tea roses, known for their long-stemmed beauty, make ideal mass plantings. The taller growing grandiflora varieties form a colorful backdrop to your rose garden and provide excellent cut flowers.

Climbing roses create, in a growing season, a pleasing effect on bare fences, trellises and arches. Or try tree roses that produce their blooms and fragrance at eye level. They make great plantings in the garden or in large containers.

The California Association of Nurserymen suggests that you consult your local nurseryman in selecting those varieties which do well in your area. He can also provide any cultural or planting advice you need.

Shrubs add drama

There are certain shrubs that serve as lovely highlights and accents in the landscape.

Two such shrubs are Nandina (Heavenly Bamboo) and Podocarpus (Yew Pine). They are dependable and hardy plants that also add drama to garden settings, points out the California Association of Nurserymen.

Yew Pine has great adaptability for landscape uses. It has lush narrow leaves — making it almost tropical in appearance. It is an excellent choice for entryway plantings, or on the corners of a structure. Attractively grown in containers, Yew Pine is also well suited

for use on a semi-shaded porch or deck.

Though not an actual bamboo, Heavenly Bamboo grows from a clump of canes that increase in size as the plant matures. It produces a feathery, bamboo-like head of foliage. There are three types of Nandina and each is an excellent choice for the landscape. The taller Heavenly Bamboo has been a decorative addition to gardens for years. The dwarf variety makes a delightful accent in the foreground planting areas — and in lone stands. The compact, low-growing variety is suited to a multitude of uses in the garden.

Plants brighten up office

During the short, dark days of winter brighten up your home or office with colorful flowering potted plants. Flowering plants are so effective against the winter doldrums that nurserymen concentrate their efforts on potted plants this time of year.

The warm tropical colors range from salmon, rose and scarlet to orange.

Workshop

A communications and self-awareness workshop is being offered through Chaffey College Adult Education on Thursday evenings at 7 o'clock in the old Upland Library, 123 E. D St., Upland.

Emphasis will be placed on communicating effectively with close relationships. Some areas of discussion will include: how to deal with anger and silence, inconsistency in moods, discussing sexuality, problem solving and many others.

The rieger begonia, introduced a few years ago from Germany, is one of the best indoor performers. The flowers blossom above the foliage for a dramatic display of color. Though frost-tender, the rieger begonia can be grown in the summer shade garden. Indoors provide plenty of light and keep the soil moist but not standing in water.

Chrysanthemums, always available in bloom in California, come in such a wide range of colors that matching your decor is a joy instead of a chore. After the flowers are spent, the thrifty gardener can use the five plants in each 'mum pot' to provide color in the fall garden. Divide the plants, cut them back to about 6 inches and, plant them in a sunny location.

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